

# How does your donation help?



Someone answering our 24 hour support line when she calls.



Someone to accompany her to a medical, housing or education appointment.

**\$100 dollars gives a mum in crisis:**



Casework support.



A labour support person.

On average, to support each women through a life changing event, costs around **\$10,000**

Not every woman who is pregnant or has a small baby has shelter, stability, support or resources, some women may be at risk of violence, experiencing homelessness or be completely isolated with no reliable family or support.

Karinya House for Mothers and Babies supports women impacted by past or present trauma or structural inequities.

Women supported by Karinya House go on to make a home, access education, gain employment and engage in their communities.

Karinya is the only residential and outreach service specifically for pregnant and early parenting women in Canberra and surrounding areas.

### Postal Address

PO Box 7239 Kaleen ACT 2617

### Contact Us

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# Help pregnant or parenting women in crisis.

