

# How does your donation help?



Someone answering our 24 hour support line when she calls.



Someone to accompany her to a prenatal, housing or medical appointment.

**\$100 dollars gives a mum in crisis:**



Casework support.



A labour support person.

On average, to support each Mother and her baby through a life changing event, costs around **\$10,000.**

Karinya House for Mothers & Babies is a community organisation providing supported accommodation, transitional housing and outreach services to pregnant and parenting mothers and their families who are in crisis.

We are the only residential outreach service specifically for pregnant and parenting mothers in Canberra and surrounding areas.

### Postal Address

PO Box 7239 Kaleen ACT 2617

### Contact Us

P (02) 6259 8998 F (02) 6258 0337

E [info@karinyahouse.asn.au](mailto:info@karinyahouse.asn.au)

**#mumsmatter**

[karinyahouse.asn.au](http://karinyahouse.asn.au)



# Help pregnant or parenting mums in crisis.

