



## KARINYA

An Aboriginal word meaning 'peaceful home'

Karinya House is committed to reconciliation. We acknowledge the traditional custodians of the land and pay respects to Elders past, present and future.

Sovereignty has never been ceded. We acknowledge that it always was and always will be, Aboriginal land.

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*Australian Capital Territory Associations Incorporation Act 1991*

INCORPORATED ASSOC. REG. NUMBER

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PUBLIC OFFICER

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ACT REGISTERED CHARITY

**Licence Number 19000250**

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# About Karinya House

*Since 1997, Karinya House for Mothers and Babies (Karinya House) has been Canberra's only specialist homelessness provider for women who are pregnant or parenting a newborn baby and have nowhere else to turn. Support is available 24 hours a day, seven days a week, 365 days a year.*

Karinya House is a non-religious, non-political community based, not for profit organisation offering residential and outreach case management and support for women in the ACT and surrounding regions who are pregnant or parenting a baby under three months of age.

Our vision is to provide a place of welcome, sanctuary and community to women, where each woman is recognised for her unique story and where individual case planning nurtures her holistic wellbeing. Women are supported to develop their own pathway in finding a way forward.

## GUIDING PRINCIPLE

*Karinya House affirms the value of every person.*

## CORE PURPOSE

*Karinya House provides support services for women during and after pregnancy.*

## VALUES

- Respect and Appreciation
- Care and Compassion
- Commitment and Loyalty
- Integrity
- Trust and Confidentiality
- Excellence in Management and Service Delivery
- Effective Collaboration and Community Development

# Service Delivery Outcomes

*Karinya House delivers services and programs for women based on the following:*

## **COMMITMENT 1: Ensure equitable provision and availability of essential services to all women we work with**

Ensure equal access and support for women who meet the service criteria, celebrating and valuing their differences.

## **COMMITMENT 2: Provide a place of sanctuary and community support**

Provide a place of welcome and sanctuary, where individuals can gain support, strength and skills, to develop their capabilities and achieve their best as a valued part of the community.

## **COMMITMENT 4: Instil recognition of self-worth**

Acknowledge an individual's uniqueness and work with them to reach their potential through building self-knowledge and resilience.

## **COMMITMENT 3: Nurture the holistic wellbeing of individuals**

Acknowledge an individual's circumstances and provide a framework of care and compassion that encompasses the whole person and their needs through service or by appropriate referral.

## **COMMITMENT 5: Promote a culture of ongoing learning**

Recognise and value personal growth and learnings from life's experiences and promote ongoing personal and professional development.

# President's Report



*This will be the final report in my role as President of the Management Committee of Karinya House. I have always felt so humbled, with and in, the responsibility of my role. This is an opportunity for me to both comprehend, value and reflect upon the enormity of these past 20 years and what I have witnessed during my time being a part of the Karinya House community. As life has shaped me, so has Karinya House shaped and empowered me, and for this I am so very grateful.*

Karinya House is a community that actively supports and offers hope to women and mothers in crisis — this sense of hope is central to its purpose. I have always been in awe of the very dedicated staff and volunteers all working towards the same goal and purpose — empowering the women we walk alongside, during and after pregnancy. The plight of some of the women we support is hard to comprehend. I felt saddened recently, learning that the Australian Government has released the **First Action Plan 2023–2027** and the **Aboriginal and Torres Strait Islander Action Plan** under the **National Plan to End Violence against Women and Children 2022–2032** setting targets to reduce domestic violence deaths. These long-awaited plans detail what the Commonwealth, State and Territory governments have agreed to do to progress their ambitious target to eliminate domestic, family and sexual violence. Of course, it is vital that action is being taken, however, how tragic it is, that this has to be a part of the political landscape and agenda — that women each and every day, continue to live in a society which subjects them

and their children to such horror and isolation and even death. The support Karinya House offers in recovery and healing for women who are fleeing such situations, only confirms the continuing necessity for Karinya House into the future. Now more than ever, we are an integral and vital support and part of the story that witnesses this local and national crisis.

The Committee is so very appreciative of the commitment and leadership of our newly appointed CEO, Lavinia Tyrrel. We have been so fortunate to have had the wonderful Marie-Louise Corkhill since the inception of Karinya House and her legacy will never be forgotten. Lavinia has shown such compassion for equity and justice during her first months of tenure and has certainly brought wonderful insight and incredible skills to her role as CEO. Lavinia has already spent time with sector, government and non-government partners, focusing on refining a forward direction for Karinya House. This forward direction will give effect to our Strategic Plan and recognise and build upon Karinya House's

strengths and legacy. Lavinia has witnessed the increasing complexity of the women's stories that we walk alongside. She has seen this as an opportunity for Karinya to refine its casework model and build skills of staff to support each unique case that presents to Karinya and also noting the importance of retaining and growing the wonderful and diverse team that we currently have. It has been so inspiring to witness Lavinia's calibre as a person, both professionally and personally. It gives me great comfort to know that Lavinia will be leading the incredible Executive and staff at the House after my departure with her very capable hands.

I also wish to extend my gratitude to the Executive Staff Leadership team of Catherine O'Halloran, Jo Saccasan, Belinda Munn and Ellen Field for their tireless work over this year. I also take this opportunity to thank the longer-term service of Sarah Kirkpatrick and Luisa Lopes, 20 years and beyond for them both, for the many wonderful years that we have worked together. I am grateful for their collaborative leadership, care and support of me,

**"I have always been in awe of the very dedicated staff and volunteers all working towards the same goal and purpose — empowering the women we walk alongside, during and after pregnancy."**

the Committee but most importantly the women Karinya walks alongside. My gratitude also to the Karinya Team — our case and health workers along with our support workers, and reception; you are such an inspiring cohort of women — the foundation of Karinya House. I have been privileged to know many of the Care Team across the years and they are all extraordinary women.

My thanks year after year is to our community, corporate and government funding partners, our members and our network of volunteers for their invaluable contributions and ongoing support. The Committee and all at Karinya House, are continually humbled by the new and continued generosity from our community and partners and I hope that after my departure, your commitment and generosity will continue.

Finally, I thank my Committee colleagues, especially our founder, Margaret O'Donovan, and the recently retired David Burnet, for their commitment to Karinya House over the 2022–23 financial year and many years of service before this time. To all the Committee members that have supported me over these 20 years — too many wonderful people to mention but a diversely talented group of individuals that have made up and continue to make up our Committee. Each member is passionate about our vision and the power of our legacy. I have felt

very supported by them all, both professionally and personally.

Even as I say farewell, it is never goodbye. Karinya House will remain front of mind and in my heart from my new home in Brisbane. Thank you for 20 years — it has been a profound gift to me for the opportunity to witness the positive change in lives and circumstance for women and their families. Please join me in continuing to provide the women we walk alongside, moments of joy, hope, strength and dignity, and the gift of time and space to reimagine their futures.

*"A woman is the full circle.  
Within her is the power to create,  
nurture and transform."*

— Diane Mariechild

My heartfelt gratitude

**Sarah Kelly**  
PRESIDENT

# CEO's Report



*"...you have helped shape resilience and self-esteem within me, and this has been the most valuable gift".*

I begin with this quote for a reason. Despite the changes, and challenges faced by Karinya House over the 2022–23 period, our core mission has never wavered. That of supporting women — like the strong woman I mention above — who are pregnant and parenting, and providing the scaffolding for them to chart a path forward in their lives for themselves and for their children.

During this reporting period, we have walked alongside 187 women — 19,298 hours of direct care services and 7944 bed nights. Our wait list has remained high throughout the year, with an increase in the number of women referring to us experiencing financial stress, and with housing as their primary need. These trends reflect the ongoing demand for our services in the community. Demand which is being fuelled by rental unaffordability, housing shortages and rising costs of living in the ACT and beyond.

Domestic and family violence remains at crisis levels within our community, with over 60% of women who engage with Karinya House identifying an experience of partner violence upon referral. We know that a woman's risk of intimate partner violence, and the severity of that violence, increases during pregnancy and immediately after birth. We also know that the impacts of domestic and family violence for women, children and babies can be devastating. The solutions to this crisis extend well beyond Karinya House — and require a coordinated effort between government, service providers, communities, families and private business — acting on prevention and early intervention through to response and recovery.

Despite these social challenges, this year we have continued to see women make incredible changes in their lives — including re-entering the workforce, moving into their own public housing, maintaining tenancies, building life and parenting skills and having their children enter school or childcare. Much of this has been enabled by the tireless efforts of our volunteers and staff, who I see every day, supporting women with care, compassion and respect.

As Sarah describes in the President's report, it is this sense of hope and of positive change that motivates and unites all our staff, volunteers and supporters at Karinya House.

Recognising the criticality of staff to our service model, we have invested more in training, mentoring and building stronger service partnerships and referral pathways to ensure that we are equipped to deal with the complex issues women are facing — such as the intersection between domestic violence and substance abuse. We have also spent time raising the profile of the oft-overlooked needs of women who are pregnant and parenting — including through peak bodies, representations to Ministers, MLAs and at the ACT Legislative Assembly.

As detailed in the Treasurer's report, our financial position over the past year has remained positive, with the successful awarding of funding from the ACT Government Community Services Directorate for up to another 10 years, pending performance. This funding comprises approximately 70% of our revenue base and sits at the core of our funding model.



**“We have invested more in training, mentoring and building stronger service partnerships and referral pathways to ensure that we are equipped to deal with the complex issues women are facing.”**

Our evidence and learning agenda has also progressed, with the recent awarding of a grant from the Paul Ramsay Foundation. This grant will allow us to track the short and long-term impact of Karinya House's work, as well as increase women's voice in our service delivery model.

Looking forward, the experiences of 2023 to date have reinforced the need to continue expanding our non-government funding base, ensure we are attracting high quality staff and volunteers and retaining our wonderful existing team, as well as continuing to refine our service model to ensure it can meet the complexity of women's needs in the community. With additional resources coming online in 2023–24, in the form of professionals and employees — we are well positioned to meet these goals.

While we all wish for a future where there is no need for Karinya House's services — we know that challenges such as homelessness and domestic and family violence will take years, if not generations, for our community to solve. Therefore, it is incumbent upon us to continue to anchor our services in the values of care, compassion and respect — and focus on workforce and financial sustainability. Karinya House is an integral part of the Canberra community and stands ready to meet the needs of any woman who seeks our service in the years ahead.

**Lavinia Tyrrel**  
CEO



# Treasurer's Report



*The Financial Year 2023 was a return to more normal operation after the significant disruptions caused by the pandemic. The committee had conservatively budgeted on achieving a modest surplus in FY 2023, but I am pleased to report that Karinya House surplus for FY 2023 was \$183,404 (Budget surplus, \$18,002).*

The main factor in achieving this result was salary savings arising from staff movements, with recruitment in the community sector remaining challenging. Most staff changes related to retirement and were expected.

Recruitment does remain a cause of concern for the Committee and everyone at Karinya. Staffing levels are set to support service delivery and reduction in levels adds undue pressure to staff on the ground. The Committee commends the commitment of the Karinya staff team, who do prioritise services to women and who are committed to supporting each other during times of recruitment vacancies. The incoming CEO, Lavina Tyrrel, whom we welcomed in March 2023, is focused on developing the Karinya workforce plan, and together with the Executive Staff Leadership Team are addressing this ongoing issue.

Another key observation on the FY 2023 financial results is that donations and fundraising revenues were \$28,000 less than budgeted and are representative of the difficulty in raising income from non-Government sources. However, this shortfall was made up by positive variances to budget in interest earnings and service user contributions.

A non-government funding working group was established in April 2023, and the Committee has supported the appointment of a part-time Events and Partnerships Manager to assist in developing the non-government fundraising strategy to support the strategic aspirational funding targets. We continue to value the donors, community and corporate partners, foundations and philanthropic bodies who recognise and faithfully support the services Karinya provides to women in our community.

I must also recognise the hard work of the Karinya House Executive and interim CEO, Belinda Munn, who oversaw the continued operations and service delivery, including securing of ACT Government Grants, primarily the Child and Youth Protection Services, Next Steps for our Kids Funding from 1 July 2022 for 10 years.

Early in 2023, this preliminary work continued to build with additional input from the incoming CEO and Executive Officer, Ellen Field to secure the Housing ACT, Specialist Homelessness Funding, for the 10 years from 1 July 2023. Both contracts incorporate indexation factors. It is significant to the Committee and to future planning for Karinya House, to know such a core component of Karinya House funding is secured for such a time frame. I thank the ACT Government for their continued recognition of the importance of the services provided by Karinya House.

**"The Committee commends the commitment of the Karinya staff team, who do prioritise services to women and who are committed to supporting each other during times of recruitment vacancies."**

There is one extraordinary non-government contribution which came to fruition in April 2023, with the auction of the ACT Master Builders Association Charity House, located in Strathnairn. \$127,000 flowed to Karinya House (in August 2023) from this long running project (a quarter share of net proceeds). The project which was impacted significantly by COVID and the rains of 2021–22. This single donation will significantly assist the current financial year, with the increasing pressures on donor/partner funding support. The persons involved in this charity project are too numerous to mention here, however we thank each and everyone involved across the property industry.

In addition to financial contributions, I would like to acknowledge the following individuals and organisations who have assisted Karinya in the area of finance and business management:

- Successful Alliances (bookkeeping services) who are also major funding partners.
- RSM Canberra — Ged Stenhouse and Margaret Taylor (Audit Services).
- Deloitte Digital provide (pro-bono) support for Salesforce, the CRM used to manage donor and partner revenue and our website.
- F1 Solutions continue their long-term support and partnership with Karinya House, supporting our ICT framework.

As every year, I particularly like to thank Jo Saccasan, Finance & Business Manager and her team, who consistently provide professional, timely and expert financial services.

In closing I want to again thank everyone who supports Karinya, financially or otherwise.

**John Lewis**  
Treasurer



"The best thing Karinya House did for me was... Offering me all the support — connecting me to the right services and helping me to get a place to call home for myself and 4 children."

## Service Delivery Statistics

Of the women supported by Karinya House in 2022–23 (including through Outreach services):<sup>1</sup>

16%

of women identified as Aboriginal and/or Torres Strait Islander.

75%

of women and their children and babies were experiencing a period of homelessness<sup>2</sup> upon referral.

27



The average age of women supported by Karinya House across the year was 27.

62%

of women identified partner violence upon referral.

34%

of women identified issues of drugs and alcohol use within the last 5 years, including 7% of women who were experiencing current drug and alcohol use upon referral.

187



187 women received full casework services during 2022–23.

64%

of women had past experiences of family trauma.

45%

of women referred themselves to Karinya House.

29%

of women were parenting but not pregnant at the time of their referral.

71%

of women were pregnant, including 24% who also had existing child/ren.

258



258 children, including babies were in contact with Karinya House via their mother. This included 65 babies, 113 toddlers and preschoolers and 52 primary aged children.

<sup>1</sup> These statistics include women with a support period that ended by June 2023. It does not include women who were supported from July 2023.

<sup>2</sup> Karinya House understands that definitions of what it is to be homeless are deeply political with the definitions both constraining and dictating the response of government and at times non-government organisations.

While definitions of homelessness, often focus on whether someone has a roof or not, Karinya House highlights the experience of homelessness is more than not having a roof, it is about having a 'home,' 'belonging' and a 'feeling of 'safety'.

## #humansofkarinya

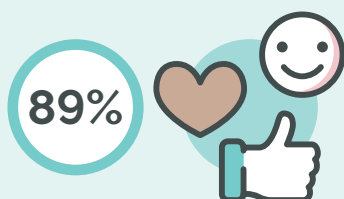
*"Since coming to Karinya I have my confidence back, I feel like the old me again. I feel happy. I am so grateful for everyone who has been so kind here."*



**43 babies** were born during 2022–23 during the time their mother was engaged with Karinya. More than half of these women were provided with specific birthing support including labour planning, transport and or a Karinya House staff member being a birth partner.



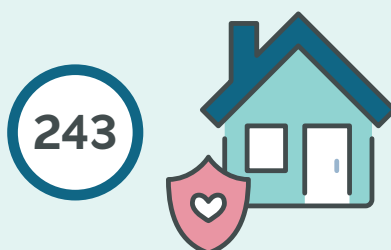
The average length of casework support period of all women supported by Karinya House (including outreach services) was **137 days** (which was consistent with the numbers in 2021–22, but still up significantly from 85 in 2020–21).



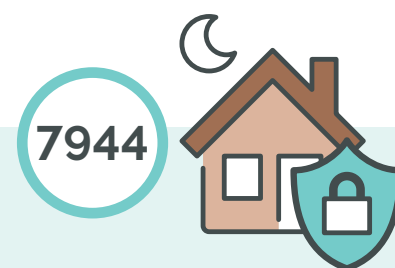
**89% of women** who finished their support period with Karinya House during the 2022–23 period achieved all their case plan goals.



**25 unique women, and 33 children and babies** were accommodated at Karinya House during 2022–23.



The average number of residential days spent at Karinya House continued to increase significantly to **243**, which is a 209% increase from the 116-day average residential period recorded in the 2019–20 period. The longest residential stay at Karinya House during the fiscal year was a woman and her child who had resided at Karinya House for **723 days** at of the 30th of June.



**7944 nights** of somewhere safe to sleep was provided to women and their children across 2022–23.



**\$134,482** — The estimated total value of the broad range of practical financial assistance which was provided to women. This includes financial assistance to access medical services, education or training, school uniforms and supplies for older children, assistance with transport costs and food hampers. This included:

- **\$24,400 worth of gifts** provided to women and their children to celebrate personal milestones, birthdays, and Christmas
- **\$51,695 worth of baby goods** such as clothes, cots, car seats and carriers
- **\$22,248 worth of food, groceries, and essential women's clothing**

## #humansofkarinya

*"Thank you so much for all your amazing help, support and knowledge."*



# Year in Review

*Karinya House can demonstrate the benefits of an early intervention model of practice within a framework of care and compassion.*

– Karinya House Strategic Plan 2021–2025

## 25 years of serving the Canberra Community

At the Annual Karinya House Gala dinner on Friday the 23rd of September 2022, the Karinya Village gathered to celebrate that the organisation has been operating for 25 years. Since opening our doors, Karinya House has walked alongside more than 2,650 women and their babies during that time. We thank each individual staff, volunteer and supporter for their commitment and contributions to the organisation over that time and look forward to continuing to build the Karinya Village for decades to come.

## Services Summary

Karinya House continues to work strategically to deliver services and programs for women within a framework of care and compassion.

**Throughout 2022–23, Karinya House's residential and outreach services supported 187 individual women and a total of 258 babies and children in their care.**

The Karinya House service model requires that each of these individual women works with a dedicated care team to co-design and develop an individualised support plan that builds on their strengths, responds to their needs and works towards achieving their own aspirations. Care plans may incorporate health and wellbeing support relating to housing, life skills, continuing education, mental health, child-birth, parenting, advocacy and appropriate referral.

With the impacts of the housing and cost-of-living crises continuing to be felt across the Canberra region, we have seen an increase in demand for our service from women whose primary need is housing. **25** unique women, and **33** children and babies were accommodated at Karinya House during 2022–23. On average, there was at least 8 additional women waiting for accommodation at Karinya House at any one time.

Demand for Karinya House outreach services also continues to remain high. For women who are unable to be accommodated in our residential complex, our Outreach services have become increasingly important. These services allow women within the community access to support from Karinya House's team of highly skilled caseworkers even when residential accommodation is not available or required. **During 2022–23, Karinya House supported 162 unique women who received only support through the Outreach program.**

In addition to our partnership with the ACT Government, Karinya House is grateful for the collaboration with a range of other services supporting the women we walk alongside. Throughout the year, the Care Team continued to work closely with a number of external services for support for the women and their children and include support for medical, mental health, education, child-care, domestic violence and housing support. Across the 2022–23 year, at least seven external organisations and services also delivered tailored presentations to the Karinya House Care Team. These visits strengthen service collaboration and referral pathways, ultimately achieving the delivery of more holistic support for each of the women we walk alongside.

*A former outreach client re-contacted Karinya when her baby needed to go to hospital in Sydney at short notice. She was supported with coordinating transport and accommodation arrangements and linked with support services at the hospital. Her feedback: "You guys are amazing. Thank you so much!"*

## Ongoing impact of Housing and Cost-of-living crisis

The impact of the housing and cost-of-living crises in the Canberra region continued to be felt acutely by many of the women that we walk alongside. We have seen an increase in homelessness amongst pregnant and parenting women, with 75% of women referred to Karinya House disclosing that they have had a personal experience of homelessness.

The cost-of-living crisis continues to have direct and significant service delivery impacts with women spending increasing periods of time in residence at Karinya due to the unavailability of safe and affordable housing options. Combined with Karinya House's commitment never to make a woman and her child/ren homeless, this crisis has resulted in women needing to stay at Karinya longer than they desired until they could secure long-term housing.

Across the year, **seven individual women resided at Karinya House for more than six months.**

The average length of stay in the 2022–23 period was 243 days, up from the 116-day average recorded in the 2019–2020 period (a 209% increase in three years). Given these delays, many women were ready to transition out of Karinya House earlier than they were able to secure safe, long-term secure accommodation. For many women, Karinya House caseworkers witness the impact that the difficulties in securing suitable long-term accommodation can have on the health and wellbeing of women and their children. The backlog has direct service impacts upon the availability of accommodation for other women in need of support.

Given these impacts, in late 2022, the Karinya House Executive Staff Leadership Team commenced discussions with local boutique consulting firm, Iceni to initiate a research project exploring options for alleviating the bottleneck of women ready to transition out of Karinya House accommodation. Following extensive research and consultations across the sector, Iceni has recently presented their findings, including potential actions which

could alleviate this current service pressure, which will be considered by the Executive Team over the coming months. Karinya House thanks Iceni for their guidance and partnership in this important project and we also acknowledge and thank each of the individual staff, women and external stakeholders who contributed to the research.

Karinya House was invited to contribute to the ACTCOSS Cost of Living report, which was focused on the particular and stark impacts of this crisis on women across the region. Karinya House is deeply concerned about these ongoing impacts and was pleased to be in a position to contribute to this sector-wide report highlighting the issue, which was launched on the 22nd of June 2023.

#humansofkarinya

*A resident said she has never been supported like she is at Karinya House and feels great about welcoming this baby.*

## Understanding our Impact — Research and Development

Across the year, we have undertaken significant work to strengthen how we understand, measure and describe the impact of the Karinya House service. This work aligns with the strategic priority to demonstrate the benefits of Karinya House's early intervention model of practice. It has also built upon the implementation of the Outcomes Star™ Empowerment Star™ and the previous client journey mapping undertaken in 2020 and 2021.

Under the guidance of long-term Karinya friend, Shelley Thompson (of Patient Experience Agency), we undertook a process to map the short-term, intermediate and long-term impacts of Karinya House. This project was led by a small team, and included consultations with staff, Committee members and a small group of women who had been previously supported by Karinya House. This project culminated in the development of a Community Impact Report and summary Impact Statement.

Building upon this work, in May 2023 we were also pleased to receive a significant grant from the Paul Ramsay Foundation for a two-year program aimed at integrating Women's Voices and lived experience into a whole-of-service research framework. This project will ensure that we are listening regularly and deeply to the experiences of women, reflecting on our individual and collective practice and strengthening the evidence of the impact that the Karinya House service is having. This sort of evidence of our service impact is becoming an increasingly important component of requests for both government and non-government financial support.

## Karinya House Group Program

After uncertainty in the preceding two years due to Covid, the Karinya House Group program was regularly offered weekly throughout the year as an opportunity for women (both in our residential and outreach services) to have a chance to learn new skills, develop positive connections and rebuild their sense of self-worth. The program is coordinated by members of the Karinya House Care Team who engage a range of external facilitators to deliver a diverse program of activities for women. The program is varied and tailored to the interests and needs of the women, which often varies across the year. Throughout the 2022–23 financial year, **a total of 36 individual women and their babies attended the Group program 232 unique times.**

Karinya House would like to acknowledge the ACT Government for their financial support, which is integral to the delivery of the weekly program as well as each of the wonderful volunteers who contribute their time to facilitate sessions or to care for babies whilst their mothers participate in the program. We thank all of the individuals, community groups and local businesses who have made generous contributions to the Karinya House Group program across the year. This important program would not have been possible without their collective dedication.





## Strengthening our contribution to Reconciliation

The staff team has worked consistently across the year to implement the inaugural Karinya House *Reflect Reconciliation Action Plan*. The focus of this plan has been to build the cultural competency of staff and to explore and strengthen our engagement with a range of services and organisations across the ACT region who are able to support women and children who identify as Aboriginal and Torres Strait Islander.

We reiterate our significant thanks to the Calleo Indigenous Fund for their financial support for our reconciliation efforts. Initially, Calleo supported the employment of an Aboriginal Senior Caseworker, Kathryn Williams. Following the end of Kathryn's contract, this vital support has been directed to support the ongoing employment of two Aboriginal Support Workers, who both act as core members of the Care Team strengthening our relationships and practice with all women and their babies, including those who identify as Aboriginal and/or Torres Strait Islander.

## Official Visitor oversight

Karinya House continued to receive positive feedback from the Official Visitor following their independent oversight visits throughout the year.

Following a visit in March 2023, the Official Visitor provided the following feedback from their meeting with the women who were in residence at the time:

*"As per previous visits [to Karinya House], residents made clear they were being treated with dignity, respect and a keen appreciation of their and their children's needs. The overwhelming impression I gained was that Karinya [House] continues to operate with a high degree of professionalism, and is a model for the sector."*

## #humansofkarinya

*"All of you have helped shape resilience and self esteem within me and this has been the most valuable gift — especially when I've needed to stand strong in the face of challenges for my little family. I'm grateful."*



## Erin's Story

Erin was in her early twenties when she contacted Karinya House. At the time Erin had a 3-year-old daughter Rose and was 3 months pregnant. Erin was living in a caravan with her partner in a family member's backyard.

As a result of violence from her partner, and escalating conflict and tension with members of his extended family, including threats of violence, Erin and her daughter left the caravan. They had begun couch surfing, as they were unable to afford private rental on Erin's limited income.

Erin had also been studying at CIT part-time, and her daughter was attending child-care. Erin's unstable living conditions and insecurity over her future meant these things were no longer currently possible.

At the first meeting with Karinya House, Erin identified that her highest priorities were to find safe and stable accommodation, to have Rose attend childcare, and to gather the material goods she needed for both

Rose and her baby. Erin also wanted to complete her studies, so she could secure future employment.

Shortly after meeting Erin, a vacancy within Karinya House's residential accommodation became available, and Erin and Rose moved in. Karinya House caseworkers were able to source clothing and toys for Rose, a pram and other essential baby items from Roundabout Canberra for Erin.

At the time Erin began living at Karinya House she had been on the High Needs list with Housing ACT for almost 2 years. With advocacy from her Karinya House caseworkers Erin was accepted onto the Priority Housing list.

Through her pregnancy Erin experienced some health complications and was unable to pay for specialised testing. Karinya House Health Professionals were able to negotiate a discounted rate and payment plan for Erin, to ensure she was able to access

the treatment required. The Karinya House Health Professionals attended appointments with her, listened to her concerns and provided her with information and access to other community-based health services, such as Maternal and Child Health (MACH) services.

Erin, Rose, and her baby regularly attended the Karinya House weekly group program where they were provided with a chance to build new skills and build a new safe social network. Erin loved attending, knowing that volunteers were always on hand to provide child-care and she could share in a healthy lunch alongside staff, volunteers and other women.

After almost two years of living at Karinya House, Erin was allocated her own ACT Housing Property. While Erin was grateful for her own property, she still faced several challenges. Karinya House assisted Erin in facing some of these challenges by: drawing on corporate partners to assist with furnishings and white goods; linking Erin into local food pantries and other community services to assist her with meeting living costs, and; assisting Erin to apply for childcare subsidies, for both her children, to allow her to complete her studies.

Erin and her children are now settled in their new home. She reports feeling confident in meeting the ongoing needs of her family, however she worries daily about the rising costs of living. Erin knows that she is able to reach out to Karinya House again should she need our support in the future.

# The Karinya Village — Patron & Committee

*Karinya House has a governing Committee with the capacity and mix of capability to deliver its long-term strategic vision.*

– Karinya House Strategic Plan 2021–2025

## Patron

**Her Excellency  
Mrs Linda Hurley**



## The Committee

**Sarah Kelly**  
PRESIDENT

**Esther Bogaart**  
VICE-PRESIDENT

**John Lewis**  
TREASURER

**Margaret O'Donovan**  
COMMITTEE SECRETARY  
& PUBLIC OFFICER

**Marie-Louise Corkhill**  
COMMITTEE MEMBER

**Dave Burnet**  
COMMITTEE MEMBER  
(Resigned 20 June 2023)

**Kate Harkins**  
COMMITTEE MEMBER

**Tony Greenwell**  
COMMITTEE MEMBER

**Nicoll Parton**  
COMMITTEE MEMBER  
(Appointed 31 March 2023)



Back row L–R: Sarah Kelly,  
John Lewis, Nicoll Parton.  
Front row L–R: Tony Greenwell,  
Marie-Louise Corkhill,  
Margaret O'Donovan.  
Absent: Esther Bogaart,  
Kate Harkins.

The Karinya House AGM was held  
on Monday 14th of November 2022.

The Committee held seven  
Committee meetings (in person  
or virtually) throughout 2022–23  
as well as meeting for a full  
Strategic Planning Day on  
20th February 2023.

# The Karinya Village — Our People

*Karinya House has the workforce capability and culture to deliver specialist supports to women with diverse and complex needs*

– Karinya House Strategic Plan 2021–2025

The Karinya House service would not be possible without the expertise, commitment and hard work of a dedicated team of staff and volunteers.

Karinya House is staffed 24 hours a day, 7 days a week, 52 weeks a year. This requires the dedication of a team of experienced casework and health professionals, supported by a small team of operational staff and at least one Support Worker overnight every night and during weekends and public holidays.

Across the year, our staff have performed 27,585 hours of dedicated service. The commitment of staff is also evident in the continuing dedication of many long-term staff with the average length of service across all staff remaining high at 7.3 years.

We would like to acknowledge the commitment of the Care Team who provide on-call support to Support Workers during their overnight, weekend and public holiday shifts. All Caseworkers and Services Directors participate in the on-call roster that provides back-up coverage 365 days a year. While staff receive a small allowance for this work, these staff provide significant volunteer hours of service to ensure

that Support Workers are well supported in their role at all times.

Following the retirement of Karinya House's inaugural Executive Director the Karinya House Committee were delighted to announce the appointment of Ms Lavinia Tyrrel to the role of Chief Executive Officer. For the 12-month period between Marie-Louise's retirement and Lavinia's commencement, Belinda Munn assumed the role of Interim CEO. We would like to reiterate thanks for the immense work and contribution of Belinda during this time.

Staff were pleased to welcome Lavinia onboard as official CEO in March 2023. Lavinia has brought a wealth of relevant experience and a fresh perspective to Karinya House. Lavinia has demonstrated a commitment to retaining the unique and important culture of the House and is focused on strengthening the organisation so that we are in a position to serve the Canberra community for many years to come.

2023 has been a year of big transition. Current Karinya House President, Sarah Kelly who has provided 20 years of dedicated service has also recently indicated that she will be stepping aside at

## #humansofkarinya

*"It's having the same staff, but also the way they have rapport with each other and the dynamics between the staff — you can start sensing that it's respectful, and its their values, qualities, warmth, respect and kindness."*

– feedback from a Karinya House client about trust

the 2023 AGM to make room for new leadership and perspectives in that role. We would like to acknowledge Sarah for her unwavering support to Karinya House over such an extended period. We look forward to the remaining months of her tenure as President and wish her well in the next stage of her journey.

## #humansofkarinya

*"I am so grateful to receive support from Karinya House. Karinya House will forever be in my heart. I've never met such kind and caring people before."*

– Former resident

## OUR PEOPLE

*The important work of Karinya House would not be possible without the contributions of each member of the staff team, who each consistently display dedication, skill and expertise as they walk alongside women. The staff team and their substantive roles during the 2022–23 period included:*

NAME	POSITION	NOTES
Lavinia Tyrrel	CEO	
Belinda Munn	Services Director	
Catherine O'Halloran	Services Director	
Jo Saccasan	Finance & Business Manager	
Ellen Field	Executive Officer	
Luisa Lopes	Property Management / Senior Caseworker	
Alexandra Ball	Senior Health Professional	
Cath Williams	Senior Health Professional	Retired 13/07/2022
Kathryn Williams	Senior Caseworker — Aboriginal	Contract ended 30/11/22
Ana Bailie	Senior Caseworker	Resigned 29/11/2022
Elissa Gaffney	Caseworker	Resigned 31/01/2023
Jane Quinlan	Caseworker	Retired 11/08/2022
Kimberley Castles	Caseworker	
Nichola McKillop	Caseworker	
Sonya Love	Caseworker	
Lucy Roberts	Caseworker	
Imogen Boden-Brown	Caseworker	
Priya Chandra	Caseworker	
Emily Wright	Health Professional	
Annie Boyton	Health Professional	
Millie Ensor	Casework Navigator	
Sarah Kirkpatrick	Finance and Administration Officer	
Karen Kirk	Administration Assistant	
Alex Bailey	Support Worker	
Regina Bailey	Support Worker	Resigned 21/04/2023
Perri Chapman	Support Worker	
Esther Colmer	Support Worker	
Kathy Miller	Support Worker	
Chelsea Rolls	Support Worker	Resigned 3/12/22
Bonnie Steer	Support Worker	
Shavaun Williams	Support Worker	



*"No one is more cherished in this world than someone who lightens the burden of another."*  
– Unknown



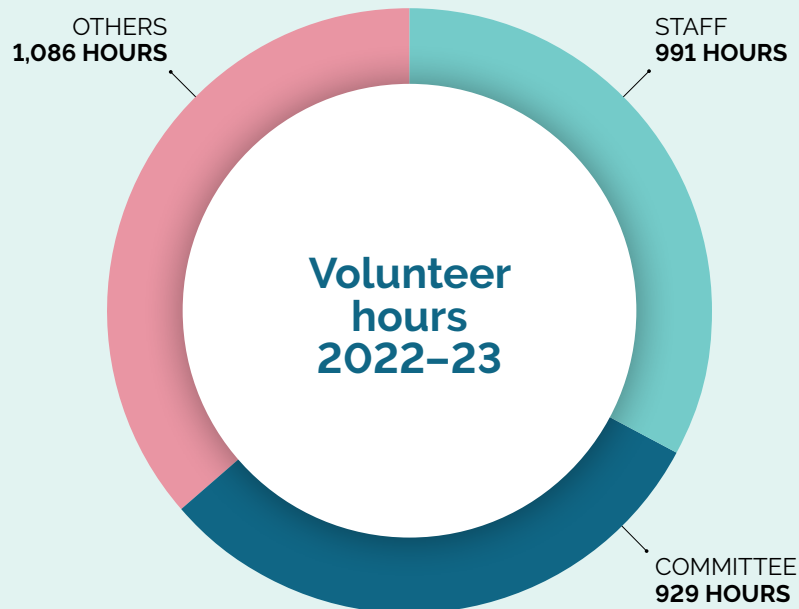
## Karinya Volunteers

*The work of Karinya House is not possible with the invaluable contributions of a small team of skilled and dedicated volunteers who provide vital assistance with a range of tasks including but not limited to administration, childcare, gardening and mentoring. The Karinya House volunteers epitomise the local, community essence of the organisation that has remained since our inception.*

We would also like to make a special thanks to all of the members of the Karinya House Committee, who act in a voluntary capacity and they have made significant individual and collective contributions across the year (full list provided on page 17).

In addition to Committee members who volunteer their time, Karinya House would like to acknowledge and thank the following volunteers for their invaluable commitment and service throughout the year:

NAME
Phil Aungles
Claire Bermingham
Bernadette Bryant
Sandy Cassidy
Heather Evert
Wayne Goodman
Tony Greenwell
Louise Heywood
Douglas Hodgson
Leigh Incher
Marika Jago
Elizabeth Masters
Margaret O'Donovan
Johanna O'Rourke
Nicoll Parton
Nailah Rokic
Vicki Sawyer
Leo Terpstra
Alana Thorne



### TOTAL HOURS

**3,006** 2022-23

**2,800** 2021-22

### IF CHARGED AT A NOMINAL RATE OF \$60 PER HOUR

**\$180,360** 2022-23

**\$168,000** 2021-22

# Partnerships & Financial Management

*Karinya will grow its net equity position by \$1 million by 2025–26.*

*Our ability to support women in need is underpinned by our ongoing financial sustainability.*

– Karinya House Strategic Plan 2021–25

*The important work of Karinya House is made possible by the ongoing support and partnership with a range of committed government, corporate, philanthropic and community partners.*

*Across the 2022–23 period, financial support from individuals and families, community, corporate and philanthropic organisations and fundraising totalled **\$738,101**. This fundraising revenue complemented the significant investment of the **ACT Government**, who provided more than **\$1.6m** across two long-term funding contracts.*

## Government & Sector Partners

We acknowledge the ongoing support and important partnership of the ACT Government, most notably the ACT Community Services Directorate through Housing ACT and Child and Youth Protective Services. In addition, we value ongoing collaborations with ACT Health through their Maternal and Child Health Branch as well as with OneLink, who coordinate referrals to safe and secure accommodation for many of the women supported by Karinya House who are at risk of homelessness.

Building upon the development of a new Service Agreement between Karinya House and the ACT Child, Youth and Protective Services (to operate a *Mother and Baby Unit*) in mid-2022, we were very pleased that we were also able to finalise a new, 10-year Service Agreement with Housing ACT in July 2023. These agreements, developed as part of the ACT Government's Commissioning for Outcomes process will make a significant contribution to Karinya House's financial security and sustainability into the future. We thank the ACT Government for their commitment to ensuring that Karinya House can continue to support women across the region well into the future.

## Corporate & Business Partners, Trusts & Foundations

Across the 2022–23 financial period, Karinya House gratefully received **\$590,545** from our corporate, community and philanthropic partners, which was also supplemented by in-kind contributions calculated to have a commercial value worth **\$243,184**.

We would like to thank all our partners for their significant and ongoing support. As a small, community-based organisation, every contribution is highly valued and goes directly towards making a difference for women and babies at risk across the region. Details of significant corporate and community partners are provided on page 31.

As a people intense service, with an ethical commitment to women-led practice and continuity of care, our non-government funding revenue is vital. Over recent years the complexity of the needs of the women supported by Karinya House have continued to increase. Alongside government funding, non-government support ensures that Karinya House can employ a staff team with the unique set of skills required to respond flexibly to the needs of women and



“Alongside government funding, non-government support ensures that Karinya House can employ a staff team with the unique set of skills required to respond flexibly to the needs of women and their families.”

## PARTNERSHIPS & FINANCIAL MANAGEMENT



their families so that we are able to walk alongside women in a way that reflects their individual experiences, needs and desires. This flexibility remains a core part of Karinya House's unique service offering and is often noted by women when reflecting on their experiences with us.

We would like to make particular mention of a number of key, major community supporters who have made significant contributions during the 2022–23 financial year.

In May we received notification that our application for funding from the **Paul Ramsay Foundation** (managed in partnership with the **Australian Communities Foundation**) was successful. This funding will be used to build on existing work mapping the impact of our service and integrating the voices of women into our service feedback in a meaningful and sustainable way. We are very excited to receive funding to progress this work over 2 years and the opportunities it presents to strengthen the impact of the Karinya House service even further.

We would like to pay particular thanks to the **Snow Foundation**, the **Calleo Indigenous Community Fund** and **Hands Across Canberra** for each of their continued and significant support of Karinya House this year

across a range of key operational and strategic areas of work. We are proud to partner with each of these organisations, who represent a significant proportion of the region's philanthropic community. Karinya House is also extremely grateful for the continued generosity of the **James N Kirby Foundation**, **The Tall Foundation**, **The Lidia Perin Foundation**, **The Canberra Foundations Collaborative**, **The Mercy Association for the Underprivileged** and other private foundations who each contributed significant philanthropy donations across the year.

Karinya House remains grateful for the continued partnership with a number of Canberra-based corporate partners, including but not limited to our partnerships with the **Canberra Southern Cross Club**, **Icon Water**, **Deloitte**, **Farrar Gesini Dunn**, **The Riverview Group**, **Monarch Building Solutions**, **Corkhill Bros Pty Ltd**, **Capital Chemist Group**, **CK Architecture**, **Filardo Ercan Architects**, **ICENI**, **Maddocks**, **Pats Plumbing Service**, **Paddywack Promotional Products**, **RSM Canberra**, **Successful Alliances**, **Your City Physio** — **Margaret O'Donovan**, **William Cole Funerals** and **Wilde and Woolard Consultants**.

#humansofkarinya

*"Thank you for providing a place for women and their children to feel safe."*



We would also like to acknowledge the support of the **Capital Chemist Charnwood** for their ongoing financial and in-kind support through the Covid period, ensuring staff and residents had access to PPE, vaccinations and medications as required.

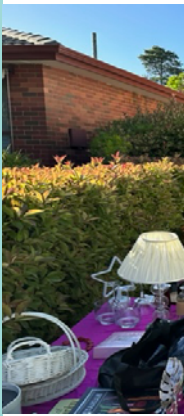
A special note of appreciation for Sharon Isherwood of **Sharwood Hampers** who has made annual donations to Karinya House arising from all hamper sales through her business since its inception in 2018. Sharon closed the business in early 2023 to spend more time with family and her final donation arrived also. Over these years, Sharon has donated over \$20,000 to Karinya House.

With a similar business model, we also thank **Christine Waring Millinery** and **Debby Harrington — Personal Stylist**. Both Christine and Debby support Karinya House with portions of sales of their services. The financial contributions by Christine and Debby, arising through their business models are greatly valued. Christine also contributes

several of her stunning millinery designs for various fundraising events held by Karinya House.

We were thankful in 2022–23 to receive support from Brooke and Michael of **Harry's Auto Care Belconnen**, who have provided significant discounts for servicing and maintenance of vehicles for women supported by Karinya House. In addition, Harry's Auto Care provided two electric breast pumps and related accessories, for use by women residing at Karinya House. They have been invaluable. We would also like to make a special acknowledgement of **Braddon Dental Surgery** who provided significant discounts for dental services for women supported by Karinya House.

The **commitment of small businesses** such as these to supporting some of Canberra's most at-risk women is inspiring.





**Toyota Material Handling Australia** also supported Karinya House in March, with the staff selecting Karinya House to benefit from their donation for International Women's Day 2023. **Chat 10 Looks 3** — the intriguing combination of Annabel Crabb and Leigh Sales, again supported Karinya House with their annual December live show held at Llewellyn Hall. This support has been ongoing since the 2017 chat, only interrupted by Covid.

The banking services of **Beyond Bank** are valued. As a certified B Corporation, Beyond Bank has provided Karinya House with the annual financial contribution arising from their innovative Community Rewards program. This contribution will increase each year as more Beyond Bank customers select Beyond Bank for their banking services, choosing Karinya House as their nominated charity partner for their own Community Reward Savings Account. You can read more about this program on the Beyond Bank website.

An unexpected donation came just prior to Christmas 2022, with the staff at **Synergy**, electing to support Karinya House through their annual staff Christmas Fund. The donation of close to \$20,000 was a great boost for the Karinya Christmas Appeal, and the recognition of the women we support through this donation was heartwarming.

There is one extraordinary non-government contribution which came to fruition in April 2023, with the auction of the **ACT Master Builders Association** Charity House, located in Strathnairn. Comment about this donation and its financial impact are also included in the Treasurer's Report. We especially note the contribution of Jo Farrell, Project Manager, **Kane Constructions**. With the significant pro-bono support of Kane Constructions, Jo was instrumental in the development of this project throughout the most challenging impacts to the construction industry across three years, with Covid impacts to labour costs, trade supplies and the excessive lost production days resulting from extensive wet weather.

Our valued corporate partner, **Riverview Projects** (Ginninderry), donated the land for the home at Strathnairn. Equally valued Karinya partner, **CK Architecture** donated architecture and design services. **Solace Creations** who have long been a supporter, donated all the windows including double glazing for the home. **Region Media** also supported the project as the principal media partner. There was an extensive list of corporates involved across the property construction and sale of properties who contributed through various pro-bono arrangements to minimise the costs of the build and the sale of the home by auction. This maximised the net result for distribution to each of the four chosen charities. We thank every single person who contributed in any way. We thank Hands Across Canberra for their primary project collaboration, as one of the charities supported by this project, along with Karinya House, Pegasus Riding for the Disabled and Canberra City Care.

We would like to acknowledge key corporate partners for their in-kind and pro-bono contributions towards



the improvement and maintenance of the Karinya House facilities and ICT systems. We acknowledge the support of **Canberra Security Pty Ltd, Deloitte Digital, F1 Solutions, GRC Solutions** and **Monarch Building Solutions**.

Karinya House also very gratefully received significant pro-bono corporate and strategic consultancy support from Shelley Thompson of **Patient Experience Agency**, Chris Nightingale of **Ponda Consulting** and Georgina Legoe and the team from **Iceni** throughout the year.

Across the year, Karinya House received amazing in-kind contributions from a range of creative media, marketing and communications businesses. We acknowledge the support of local artist, **Stephanie Corkhill-Hyles**. As she has done for so many years in the past, Stephanie provided stunning artwork to support the Karinya fundraising events. Stephanie also provided the beautiful design for the 2022 Karinya Christmas card.

Marketing and Digital presence is critical to Karinya House, to ensure women who require the services we provide are aware of us, and to support our fundraising endeavours. These services are available to Karinya through generous pro-bono arrangements with these valued corporate partners: **Elect Printing, Missing Bits Production, Paper Monkey, Threesides Marketing, Dak & Co** and **Stella Evans Art and Design**.

Karinya has a valued community partnership with the **Region Media Group**, whose support to build the Karinya brand across the community has been vital. The strength of this partnership continues to grow with Region Media named as our inaugural media partner for the 2023 Karinya House Gala dinner, which will be held in September 2023.

A special note of thanks also for the team at **CRUX Media**, who produced the video used at the 2023 Hope Starts Here, collaborative fundraising luncheon with **Roundabout Canberra**.

Through a combination of generous financial and in-kind contributions, each of our corporate partners play an integral part in the ongoing sustainability of Karinya House. The support received from management and staff within these businesses also always serves as a wonderful reminder of the generosity and goodwill that exists across our community.

## Karinya Events & Fundraising Appeals

Karinya has several fundraising appeals and events throughout each financial year to provide opportunities for corporate, community and personal opportunities to partner with the services of Karinya House for women. These appeals and events are integral to raising the necessary non-government revenues to support annual operating costs for services provided for women.

Non-government revenue is key to the provision of flexible, wraparound support.

**The first quarter of each year** brings the **Double Your Impact** Spring Appeal. Many of our corporate partners (as listed above) pledge their annual financial contribution to this appeal, providing a matched giving fund. All donations received during September each year are matched through these pledges. This includes any donations received through the Gala Dinner or Mercy Walk for Women. With Karinya's 25th anniversary in September 2022, the **Annual Gala Dinner** moved back to its natural month. We always enjoy gathering with over 350 people from the Karinya village. Many of our corporate partners support this event as well as many donors and community members, both through attendance and through donation of auction and raffle prizes or wine for the infamous Mystery Wine Draw. It is always a great celebration. A special note of thanks to the **Canberra Southern Cross Club**, who have hosted this event since its inception (over 20 years ago) and provide the venue and other in-kind support for this event. Sean Trenoweth, our DJ, is ever-present, always fabulous, and provides his services free every year, as well as rounding up wine contributions for us. He can also provide auctioneer services if required! **The Mercy Walk for Women** (supported by the

## #humansofkarinya

*"Wishing every expectant mum a safe delivery, every woman looking towards pregnancy good luck and every mum the courage and strength needed to raise their children."*



Boorowa Organising Committee) also was held as a virtual event. The organising team always raise the most funds, and with every valued walker, the fundraising tally is always substantial. After a hiatus of several years for the original in-person walk (primarily due to Covid), we look forward to hopefully being able to run an in-person walk again in 2024.

The **Christmas Appeal** is always well supported both financially and in-kind. There are corporate, community and personal donors who prefer to give their gift during the festive season and we thank all who support both our financial appeal as well as our appeal for sponsoring of gifts and hampers for women, babies and children who we are walking alongside over this period. **Datacom**, whilst not a financial supporter, was a major contributor to the 2022 Christmas Appeal, backing up from their support in 2021. And at the time of writing this support, are set to support us again in 2023! They provide around 50 very, made to order, special celebration hampers including all the food essentials for the Christmas season, which are part of our support for each woman and family we are walking alongside over this time.

The next fundraising opportunity generally occurs in **March**, and this year we were grateful for the support of **SOLVit Network Support** who became the Local Hero for Karinya House as part of the **Hands Across Canberra — Canberra Day**

## PARTNERSHIPS & FINANCIAL MANAGEMENT

**Appeal**, held annually on 8th March. SOLVit Network Support provided \$5,000 as our Local Hero. SOLVit Network Support also provided a number of refurbished laptops (in excellent condition), which were welcomed by each woman who received one.

After a meeting with General Manager Faisal Sayed and Chef Saju Rajappan, the **Kurrajong Hotel Canberra** partnered with Karinya House in 2022–23 and hosted an evening in their stunning courtyard on 1 March 2023 for evening drinks and beautiful food stations, providing the space and event service at no cost. It was a wonderful evening, and we thank the Karinya friends who attended and supported this event which added to the March fundraising ventures.

For the last quarter of the year, we have generally held the May Day Appeal as our major appeal, with the June End of Year Appeal, for those who prefer to donate in June. However, this year, we instituted a change for the May Day Appeal to take advantage of support offered by the **Hyatt Hotel Canberra**. The Hyatt provided the fabulous Federation Ballroom, space and service, at no cost for the fundraising luncheon held on 5 May 2023, entitled **Hope Starts Here**. The Hyatt also supported the 2023 Karinya team gathering, where Committee, volunteers and staff come together to acknowledge the services of the year past.

The **Hope Starts Here** luncheon was a fabulous fundraising event.



We had thought of hosting a fundraising luncheon for some time and for the inaugural event we invited **Roundabout Canberra** to join with us to seek to raise funds for both charities. Roundabout Canberra is a key service partner, and we utilise their services of women and baby goods packages every week, so it was a natural synergy and we greatly enjoyed working with the Roundabout team for this event. **Selina Walker** provided an inspiring and thought-provoking Welcome to Country, and we thank Selina and her Auntie Annette Shea for joining with us. There were many corporates who attended this inaugural event, and we thank each one of them. We also thank **Parker Coles Curtis**, as Principal and Matched Giving Fund Partner, together with **Salesforce**, Matched Giving Fund Partner. A note of thanks to our good friend, **Virginia Haussegger** who was the guest speaker for this event. Always wonderful to welcome the **Canberra Grammar School choir** who gifted their presence to provide some delightful opening entertainment for event guests, and Ally, from

**Rhythm and Girl**, who provided cool vibes throughout the event, also as a gift. We thank every business who contributed fundraising items for auction and raffle, **Sweet Pea and Poppy**, for the amazing and delicious chocolate dessert bar, and everyone who contributed in any other way to this event, which raised over \$50,000, split between Karinya and Roundabout.

The June End of Year appeal was also again well supported by donors who choose to donate to their charity of choice each fiscal year.

We thank everyone who supported all events and fundraising appeals throughout the year.

## Community Supporters

We were also grateful to again benefit from significant financial and in-kind support from a range of community partners across the year.

The **North Belconnen Community Association** has become a major partner, providing significant

financial support to Karinya House. In addition, NBCA provide in-kind support both through the provision of advice and support with childcare services, as well as access to childcare places for women we are walking alongside.

A wonderful partnership with **OzHarvest** resulted in \$17,000 worth of food and grocery, directed away from landfill for donation to use in food hampers supplies for women in our residential and outreach services as and when they are required. Similarly, our collaboration with **Roundabout Canberra** provided more than \$14,000 worth of safe and clean baby and children's items to pregnant and parenting women. Karinya House is also extremely grateful for the support of the **Ngunnawal Street Pantry** which saw \$5,700 worth of donations and **Two Good Co** who contributed \$6,000 worth of women's care packs across the year. With the cost of living continuing to rise, being able to ensure women can access essential groceries and baby goods at such an important time in their lives has never been





more important. **Next Steps** provided 24 Mother and Children linen packs valued at \$6,000. These packs included sheets, pillows, towels and other items.

We especially acknowledge the support of a number of the District 9705 Rotary Clubs, particularly, **Aurora Gungahlin, Belconnen, Gungahlin, Hall and Yass Rotary**. Every month we receive donations of gift vouchers and pantry contributions which are greatly valued by us. Gift vouchers are always in demand as they are such a flexible option for supporting women. Pantry contributions reduce operating costs for our residential services. We also thank **Belconnen, Gungahlin and Kambah Lions** clubs for their annual financial support for Karinya services.

It is wonderful to again recognise the ongoing support of a number of school communities who have undertaken fundraising on behalf of Karinya House throughout the year, including: **St Clare's, St Edmund's, St Francis Xavier and Daramalan Colleges**. An enormous thank you

to the students and teachers who have led a range of wonderful fundraising initiatives. We are always so humbled to hear of the hard work and commitment of young people to Karinya House and hope many of them will remain part of the Karinya Village for years to come.

## Individual and family Karinya friends

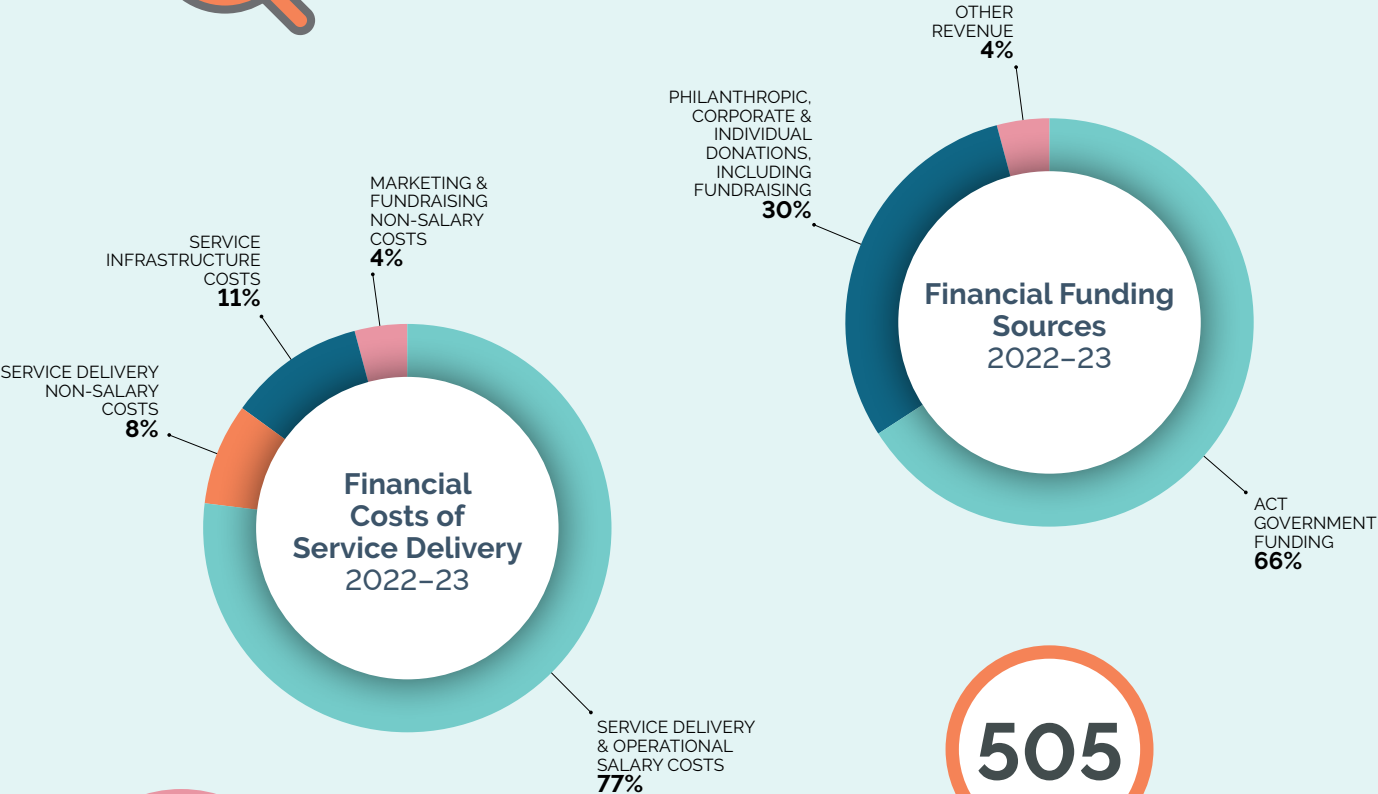
We are always grateful for the contributions of **each individual member of the Karinya Village**. The wonderful support of a range of individuals across the Canberra community makes a significant contribution to ensuring the financial sustainability of the organisation. This support also helps affirm for the women we walk alongside that they are valued and important part of our community.

Across 2022–23, **505 individuals and families** made financial donations (including many recurring donations), contributing a total of \$220,945 to support women and their babies in our community.

Each individual donation is acknowledged and appreciated, and the support goes directly to our work walking alongside women as they rebuild their lives. We remain humbled to have so many members of the community contributing to the vital work of Karinya House.

*We are always looking to expand the Karinya Village. If you, or someone you know is looking to support an effective ethical organisation contributing to the Canberra region, please get in touch. We would love to have you as part of the community.*

# Financial Snapshot



**\$7,475**

*average donation from corporate, philanthropic and community partners*

**505**

*individual donors contributed a total of \$220,945*

**\$243,184**

*estimated annual value of in-kind donations, including contributions from 82 corporate and community organisations*

**\$437**

*average donation per individual*

**79**

*separate corporate, community and philanthropic partners, contributing a total of \$590,545*

Full Annual Financial Statements are available in the Karinya House Financial Report 2022-23, a separate publication on our website.



## GOVERNMENT FUNDING PARTNER



## FOUNDATIONS & CORPORATE PARTNERS



## COMMUNITY PARTNERS





Thank you



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