



Annual Report 2017–18

KARINYA HOUSE MERCHANDISE

KARINYA CAPS, CUPS AND OTHER FUN THINGS— HAVE YOU GOT YOURS?

It started with the **Karinya Caps**, mainly due to the Mercy Walk for Women fundraising event, many years ago. We progressed to **Keep Cups**... due to an accounting conference about Purpose before Profit (Yes!). The Australian Running Festival, a fundraising event, led us to Karinya **Running Singlets**.

And we now have **drink bottles**.

ALL ITEMS ARE FOR SALE and spread the Karinya word as well as generate a small fundraising contribution to Karinya House. We think they look great and are great quality.

We thank our Corporate Partners, **Paddywack Promotional Products**, long time Friends, who help us with fundraising promotional items, alongside their vital financial and in-kind corporate support.

HOW TO BUY YOUR KARINYA MERCH...

We do not have an online shop yet, but if you email us, or give us a call on **02 6259 8998**, we will work with you to supply the Karinya merchandise items you would like. We even have a package deal!

Keep Cups

12Oz **\$20**

8 oz **\$15**

Karinya Caps

(Black or White)

\$20

Karinya Singlets

(Limited Sizes)

Men and Women's

(Racing back for Women)

\$25

Karinya Drink Bottles

Teal, Blue, White or

Gunmetal Grey

\$20 each



Pic via instagram
@3degreescoffee

The background of the cover is a photograph of a woman with long, wavy brown hair, seen from the side, looking down at a young child. The child is wearing a light blue, textured knit hat with a pom-pom. The image is overlaid with a semi-transparent teal filter. The title 'Annual Report 2017-18' is written in a large, white, sans-serif font across the middle of the image.

Annual Report 2017-18

All quotes and photographs used in this report are used with consent. Names have been changed to protect the anonymity of those who are supported by Karinya House. Images throughout this report may not relate to the stories and content with which they appear.

Karinya:
An aboriginal word meaning
'peaceful home'

We wish to acknowledge the traditional custodians of the land upon which we work, the Ngunnawal people. We wish to acknowledge and respect their continuing culture and the contribution they make to the life of this city and this region.

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*Objects of Association are reproduced on our website
and available upon request.*

Australian Capital Territory Associations Incorporation Act 1991

INCORPORATED ASSOC. REG. NUMBER
A02875

PUBLIC OFFICER
Margaret O'Donovan

ACT REGISTERED CHARITY
Licence Number 19000250

ABN 19 764 870 539

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Gifts of \$2 and over are allowable deductions to donors

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**KARINYA HOUSE
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YOUTUBE

**With thanks to our
Annual Report supporters**

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About Karinya House	4
Karinya 2017–18 — A year of reckoning	6
Our Services — The numbers	16
Our Services — The stories	18
Our People	24
President's Report	28
Executive Director's Report	29
Treasurer's Report	30
Our Funding	32
Financial Report	35

HOME
HOPE
HORIZON

ABOUT KARINYA HOUSE

Karinya House is a community based, not for profit organisation servicing the ACT and surrounding regions. The service operates on a 24 hour, seven days a week basis and is located in the ACT. Karinya supports women from Canberra and surrounding regional areas. It is the only residential and outreach service specifically for pregnant and parenting women in the region.

We offer a secure and caring environment for women who are pregnant, or parenting with newborn babies and who are without appropriate support and accommodation.

Our 24/7 service includes: supported accommodation, transitional housing, an outreach service and group program for pregnant women at any time before the birth of their baby and for up to three months after their baby is born.

Casework support and counselling for women incorporates health and welfare services relating to childbirth, parenting, housing, life skills, continuing education, information and appropriate referral.

Karinya House offers safe accommodation for women, where required, emotional and practical support during and after pregnancy, as well as security and safety. Security may come in the form of financial support, accommodation or emotional security.

For many women, Karinya House is the only source of support and care they have. Karinya House fosters a strong ethos of supporting others to make the best possible choice for themselves. Karinya is a non-religious, non-government and, most importantly, non-judgemental organisation. This is an important point of difference for a lot of clients in making the decision to seek help from Karinya.

One of the most important insights for people supported by Karinya is that they are all in some kind of crisis. Many individuals hold a certain fear of asking for help and potentially a sense of shame that comes with it. There may also be distrust of an organisation, which is likely to stem from a distrust of government and authority. It is important to know Karinya House is a non-government, charitable organisation. There are no affiliations to any government agencies or religious institutions and the services provided are non-political and non-judgemental. We assure our clients that no matter their situation, Karinya House is here to help without influence over their decisions. We are here to provide a safe place and support to help our service users make the right decisions for themselves.

"We offer a secure and caring environment for women who are pregnant, or parenting with newborn babies."

HOME
HOPE
HORIZON

Harriet was unable to access Housing and many other supports. She was scared, alone and about to embark on a daunting journey that involved her becoming a mother.

From Harriet's story (page 18)

ABOUT THE ASSOCIATION

STRATEGIC FRAMEWORK

Guiding Principle

Karinya House affirms the value of every person.

Core Purpose

Karinya House provides support services for women during and after pregnancy.

VALUES

Respect and Appreciation

Through an attitude of self respect and respect for others we recognise the value of each person.

Compassion

Through compassion and empathy we reflect to clients their unique worth and affirm their self esteem and belief.

Commitment and Loyalty

Through shared commitment to the Guiding Principle, Core Purpose, Values, Outcomes and Objects of the Association, we reflect and practise the shared Vision of the Association.

Integrity

All processes and actions of the Association are conducted with integrity.

Trust and Confidentiality

Trust is maintained by upholding the principles of confidentiality and privacy.

Excellence in Management and Service Delivery

Sound governance, efficient, flexible and resourceful service delivery is practiced, striving for excellence in all actions.

Effective Collaboration and Community Development

Effective collaboration with each other, our service users, other services, community and government is valued in developing positive partnerships. We move forward with the community in determining and servicing its needs, acknowledging strengths and working towards improving outcomes for all.

OUTCOMES

The delivery of services and programs for women to:

OUTCOME 1:

Ensure equitable provision and availability of essential services to all service users. Ensure equal access and support for women who meet the service criteria, celebrating and valuing their differences.

OUTCOME 2:

Provide a place of sanctuary and community support. Provide a place of welcome and sanctuary, where individuals can gain support, strength and skills, to develop their capabilities and achieve their best as a valued part of the community.

OUTCOME 3:

Nurture the holistic wellbeing of individuals. Acknowledge an individual's circumstances and provide a framework of care that encompasses the whole person and their needs through service, or by appropriate referral.

OUTCOME 4:

Instil recognition of self worth. Acknowledge an individual's uniqueness and work with them to reach their potential through building self-knowledge and resilience.

OUTCOME 5:

Promote a culture of ongoing learning. Recognise personal growth from life's experiences and promote ongoing personal and professional development.

KARINYA 2017–18 A YEAR OF RECKONING

The financial year, 2017–18, was a year of consolidation following the first full year in our beautiful new premises. It was also a year of reckoning as the Association was able to firm up the operating cost framework required to sustain Karinya House in its new and expanded premises, ensuring the full benefits of this facility are maximised to the benefit of women from our local Canberra and Region Community.

The year, like every day at Karinya really, was one full of inspiring and courageous stories, fun and adventures, sadness and grief, joy and happiness.

During the financial year we were able to provide safe accommodation for 29 women and 24 babies (5,848 bed nights provided). We supported another 180 women on an outreach basis. In total, 299 related support periods were provided, with the average support period being 121 days.

The highlights of the 2017–18 year were many and varied. Whilst we are not able to share with you the details of the amazing journeys of the women we walk alongside, we can share some details of the operational highlights. The happenings and events and the community support we receive that supports the services we provide



“We were ecstatic to receive a very generous contribution of \$60,000 from the Mid Winter Ball.”

so critically. As you will know, the services of Karinya House are due to the continuing and recurring investment of our community in the work we do. As 50% of our operating funds come from the Community, you share our purpose, and the support of the community also speaks of those tacit and tangible values—respect and recognition. This means so much to the women we walk alongside.

More detail of the events of the year can be found on our website, in our news posts as well as the quarterly newsletters reproduced as publications on the website. We would like to share with you a few of the operational highlights here.

The annual parliamentary Mid Winter Ball was held on 14 June 2017, and Karinya had been chosen as one of the recipient charities. With the final tally from the Ball being firmed up in the 2017–18 financial year, we were ecstatic to receive a very generous contribution of \$60,000 from the Mid Winter Ball. Simply an outstanding amount, as part of the highest total ever raised at this spectacular annual event. This certainly was a great way to kick off our task of raising the \$800,000 in community funding required for the operations of Karinya House for 2017–18. We thank the members of the Federal Parliamentary Press Gallery and commend them on the amazing success of the Mid Winter Ball, which has over the years, contributed almost \$4m to charities across Australia.

Early in the financial year, we were most surprised to be announced as the Canberra Southern Cross Club's inaugural Community Key Partner. When making this announcement the Club said:

"Karinya House has been a valuable part of the Canberra Community for the past 20 years, providing much needed support for vulnerable and at risk pregnant and parenting women, including supported accommodation, transitional housing, outreach services and support groups."

This fabulous sponsorship package is valued at up to \$50,000 per annum for three years (through to 30 June 2020). This comprises \$20,000 in cash funding, up to \$20,000 in Community Rewards funding and up to \$10,000 of in-kind contributions. Executive Director Marie-Louise Corkhill responded saying in part, "I am overwhelmed with the magnanimous support of the Canberra Southern Cross Club in choosing Karinya as their inaugural Community Key Partner for three years. We thank the Board, Executive and Members of the Canberra Southern Cross Club for this recognition and their significant contribution through this partnership, their innovative community rewards program and the many other forms of community engagement that are part of the social fabric of this great Club."

"Karinya House has been a valuable part of the Canberra Community for the past 20 years..."

As well as welcoming back many recurrent partners such as the Snow Foundation, James N Kirby Foundation, Good360, F1 Solutions, Canberra Montessori School and so many others, we were pleased to welcome new partners. We welcomed the Riverview Group and Ginninderry Project, who joined long time donors Corkhill Bros as more formal and substantial Corporate Partners. We also welcomed Karen and the team from Solace Creations Double Glazing. We were overwhelmed when existing partner Monarch Building Solutions, through Principal, Joe Pratezina, announced that they had joined forces with their colleagues in business, Harvey Norman Commercial to fund home starter packs for women moving from Karinya into their own homes. Monarch is funding the packs with Harvey Norman Commercial providing the items at discounted values. The value of these Home Starter Packs is evident in their composition: a fridge/freezer, washing machine, dryer, microwave, toaster, kettle and sandwich press. The intangible value of this gift is beyond measure, in terms of the recognition and respect it affords the women and families to whom these packs are gifted. Over the 2017–18 period, seven packs were provided in the period after the November 2017 announcement.

Following the return of the Australian of the Year Audi on 26 January 2017, at the end of David Morrison's term, we had been trying to source funding for a replacement client services support vehicle. We were successful in receiving a funding contribution from the James N Kirby Foundation



of \$10,000. With a quote for a new Hyundai Tucson to join our little Hyundai family, our dear Rotary Friends came to the party. Funding was received from the Rotary Club of Belconnen, the Rotary Club of Hall and the Rotary Club of Gungahlin. This was just fabulous and with a great deal again from McAllister Motors in Young, the new vehicle was on site and in service by August 2017.

We had received prior notification that Karinya House had been selected by Luton Properties to be a charity recipient of the annual Luton Ball to be held in August 2017. Early in the financial year, the press release noted:

"Luton Charity Ball presents to you—'Homes of Hope'. This year Luton Properties are supporting three heroic local charities; Hartley Lifecare, Project Independence and Karinya House. 'Homes of Hope' represents the commitment and dedication that these charities have to providing much needed housing for the less fortunate within the Canberra Community. They work tirelessly in our community giving hope to individuals and families by continuously raising money to develop, build, upkeep current facilities and maintain new and old residential dwellings and also provide

ongoing support to the residents that live there. The funds raised at this year's ball will contribute towards further housing and support services that the charities require to continue their great work."

Together with the wonderful sponsors of the 2017 event, and the 600 guests, the Luton Charity Ball 2017 was able to contribute \$64,000 to Karinya House. This was just outstanding. The Karinya Committee together with Karinya Staff and Volunteers supported the Ball in respect of its organisation, the sourcing of auction items and assisting on the night itself.

Support from community-based fundraising events during September 2017, seemed to kick off a year that was filled with many fundraising events through the 2017-18 period. Our thanks to Debby with a Why, for the Clothing Swap event held on 10 September. The event was a great success and raised close to \$1,000 for Karinya House. We also received other generous donations and contributions—financial and in kind. Pandora's at O'Connor Pre-Loved Fashions, Residential Reports 'Without a Roof' Winter Appeal were among them, with wonderful contributions of \$1,000 and \$2,000 respectively. The sixth Mercy Walk for Women was held on 24 September 2017. This was the most successful event ever with around 120 women walking 23kms from Boorowa to Galong. It was another wonderful day in great Spirit and raised almost \$10,000 to support the work of Karinya House. Fundraising continued into



October, with the Department of Health Social Club Time Travellers Ball. Members of the Karinya Team attended the Ball and Staff member, Catherine Cooney addressed the gathering. The event raised \$9,000. On 27 October, Sarah Kelly, Committee President, was privileged to be called upon to open the Weston Creek Craft Show. This was the 26th Year of the show and the event had over 80 exhibitors. The Craft Show is quite a Canberra Institution! This event raised \$2,000.

Corporate Partners also continued to play a vital role in Karinya House. The 2017-18 year saw us welcome a few new partners to the fold. In November, the amazing team at Farrar Gesini Dunn (FGD) held a Charity Golf Day, little was required from us, and it was a delight to meet Georgie and Allie from FGD prior to the event. Staff Member Catherine Cooney attended the presentation and had a chat to the participants about the work of Karinya House over a beverage and a few nibbles. The most amazing part of this initial journey with FGD was the email received following the event with an electronic funds transfer of \$11,500. We were astounded.

Sharon, from Sharwood Hampers, first supported Karinya House through an association with St Edmund's College. Sharon provided one of her beautiful hampers, which contain all things local for a school raffle to raise funds for Karinya House. Since then we have had some wonderful direct support from Sharon through the provision of hampers for various events. In October 2017, Sharon visited Karinya House to share with us her idea of becoming a Karinya Corporate Partner. Her offer was to donate a part of the proceeds of every hamper sold to Karinya House. How fantastic! We love all things local, so this was simply a fantastic partnership. As Sharon stated: ***"We proudly support Karinya House and the amazing work that they do for mothers and babies. As a mum to three amazing boys myself, I understand the importance that is needed during pregnancy and once you have those precious bundles in your arms. Karinya House provides a much needed service especially to those who desperately need it. We wholeheartedly support them in all of their fabulous work."***

So if you ever need a hamper have a look at Sharwood Hampers online and on social media.



Sam lost her casual job due to debilitating morning sickness and had no family or friends who were considered appropriate for her to live with.

From Sam's story (page 19)

Since then the FGD Team has supported various Karinya events, including some wonderful and thought filled gifts for Mother's Day. A special 'by invitation' film night was also held at the Palace Electric Cinemas, Ovolo Nishi, with a viewing of *The Incredibles 2*. The FGD team organised this event for FGD colleagues and guests, along with some of the Karinya Team, sponsors and others from the Karinya village. A great night by all accounts, with further funds raised for Karinya House. Our sincere thanks to all at FGD and their supporters too!

On 20 October 2017 there was a small gathering (around 200) of Karinya Friends, including many of the founding group, to celebrate 20 years of service to the Canberra and Region community. Karinya House opened its doors on 29 September 1997 and since then has provided over 5,500 support

periods and supported thousands of women, babies, siblings and some partners. The evening was very fittingly held at the Canberra Southern Cross Club, Woden. The Canberra Southern Cross Club Board, Executive Staff and Members have been a key partner since before the doors of Karinya House were opened. They hosted many a fundraising dinner as the \$250,000 seed fund was established during the years prior to 29/9/1997. Fitting also, as Karinya House was humbled to be announced this financial year as the Inaugural Key Partner as mentioned previously.

We had a few formalities after dinner, with Committee President Sarah Kelly addressing the gathering, recognising founders present and absent, our corporate and community funding partners, especially those present, and our government funding partners also

present. Sarah also acknowledged the twenty years of community support from those present and so many in our community. With 50% of our annual operating funding coming from you, the Canberra and Region community, from individuals, community groups, businesses, corporations, trusts and foundations, 20 years of service would not have been achieved without you. Every single one of you has shared in our purpose of supporting pregnant and parenting women in our community. What better way to show you a little of what you have done than through this little compilation put together for this celebration. We thank the wizard, Ben Wade, Missing Bits Productions, for again sharing his wonderful skills with us (just for love). Ben compiled a little video to be shown at the anniversary dinner.

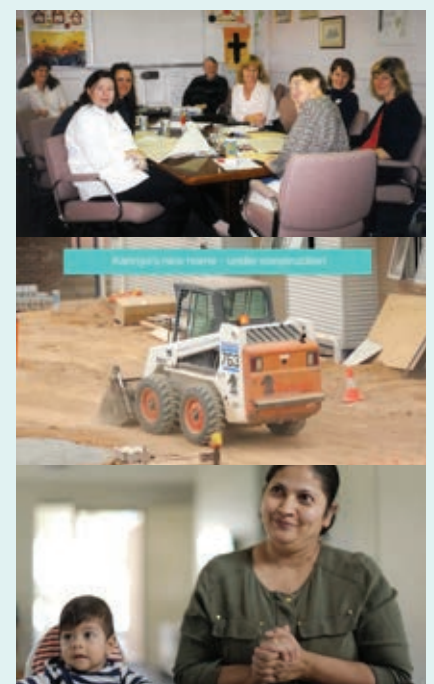
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"The most amazing part of this initial journey with FGD was the email received following the event with an electronic funds transfer of \$11,500."

DID YOU KNOW?

Karinya House opened its doors on 29 September 1997 and since then has provided over 5,500 support periods and supported thousands of women, babies, siblings and some partners.



Executive Director, Marie-Louise Corkhill, 2017 ACT Woman of the Year, spoke briefly after the video sharing her reflections of the past 20 years. She ended with a quote from one of the women of Karinya:

"I truly don't know what I would have done without Karinya. They gave me so much more than a place to stay after the birth of my daughter. They've been like family and helped me to turn my whole life around. They have helped me set up my life so that I can confidently go on by myself being a good Mum and offering my daughter a positive future. I can't thank all the Karinya staff enough. Thank you for helping me find the true person inside of me."

Karinya Patron, Her Excellency Lady Cosgrove was a warmly welcomed visitor for morning tea at Karinya House on 3 November 2017. With a wonderful array of baking provided by some of the Karinya staff and volunteers, some of our beautiful residents met with Lady Cosgrove, with a few special little babies also proving their delight. It was a little cool and windy—as can happen with Karinya and special events—though the warmth and delight of this visit remained with all of us throughout and since. A number of our Committee, Volunteers and Staff were also present. Lady Cosgrove surprised us with a very practical gift—a washing basket (always guaranteed to find a home) packed with new baby items. We extend our sincere thanks to Lady Cosgrove for her continued patronage during this current term. Our gratitude also to Bronwyn, Senior Executive Assistant to the Governor General, who assisted greatly in organising

this wonderful visit. The visit from Lady Cosgrove was also followed up with a reception at Government House in early March 2018. Around 80 guests from the Karinya family attended Government House and were warmly welcomed by Her Excellency Lady Cosgrove and His Excellency General the Honourable Sir Peter Cosgrove AK MC (Retired). It was a wonderful evening.

The Annual General Meeting of the Association was held on 21 November 2017 and the new Committee began the work of the year ahead. The Karinya Committee has since then directed the focus to financial and operational sustainability as the Association moves into its 21st year of operation. With annual operating costs now around \$1.8m, half of which the Association must generate, the necessity to source recurring operational funding has reached a critical point. Karinya remains committed to ensuring the community, including our corporate partners, play an equal role with Government in sharing our purpose of supporting at risk and vulnerable pregnant and early parenting women. The Committee values the respect and recognition this kind of funding support affords to the women we walk alongside. However, the community-based funding levels must be secured into the future. We do want to create a 'Village' of Karinya Friends—individuals, families and corporate partners. We do need to also determine an alternate and recurring source of operating revenues. The Committee also recognises the invaluable

"This gift of one to another and many to others, is the most valued gift our service can be a conduit for. It speaks so much to the women we walk alongside of their value and the value of their goals and dreams."

contribution given to Karinya's journey to date by a core group of long serving and committed staff members. Karinya also enjoys minimal staff turnover, and the Committee continues to recognise Karinya Staff as our greatest asset. To ensure Karinya's operations into the future, succession planning is critical in seeing Karinya House move into the future on equally sure footing.

The Christmas of 2017 was again a time of great joy at Karinya House. We continue to be overwhelmed with community and corporate support at Christmas time. We received support from many local businesses, the wonderful St Edmund's College Community, other schools, and individuals. Our sincere thanks to all who contributed at this special time of year, too many to list! The front door buzzer was constantly sounding as our wonderful community delivered gifts and gift cards. The gift hampers given to our women in residence, as well as the many women and their families that we support in the community, brought so much joy and more importantly, that key aspect of recognition. This gift of one to another, and many to others, is the most valued gift our service can be a conduit for. It speaks so much to the women we walk alongside of their value and the value of their goals and dreams.

Maddocks Lawyers again featured Karinya House on their annual client electronic Christmas cards. The card recipient selects a charity to support with a fixed per card contribution from Maddocks. The end result was



a substantial donation to Karinya House which was presented to Executive Director, Marie-Louise, on 10 May.

To top things off, the Majura Park Shopping Centre selected Karinya House to be the charity partner over Christmas for photos with the real Santa. There was a roster of many Karinya Volunteers who stepped up to become gift wrappers extraordinaire and collect the gold coin donations at the end of each day. This simple opportunity raised over \$3,400. Such a valued financial contribution, as well as a great way to introduce our community to Karinya House and the services we provide.

January 2018 brought UC Capitals Import, Mistie Bass to Karinya with her young son Braven. The visit from young Braven and his mum, Mistie Bass, with Lucille Baillie, interim UC Capitals General Manager was a delight. As stated in the official media release:

"University of Canberra Capitals import Mistie Bass and her son Braven visited Karinya House to donate baby clothes and toys before returning home to the United States. The WNBA title winner said Braven had outgrown a number of items of clothing and she would like to see them go to mothers in need."

As many of you know, we have always accepted new and pre-loved baby goods at Karinya House. Part of our casework management is the provision of material goods to support vulnerable and at risk pregnant and parenting women. Over the years we have received

beautiful, new and pre-loved baby goods and other items from so many amidst the generous Canberra community, and passed these on to be used again. Material goods support and also the provision of food hampers can make a significant difference to women who are re-establishing their lives within a new reality. Often material resources and social capital are key components to the process of re-establishment. Your support through the provision of material goods, as well as the advocacy we provide as caseworkers, supports women to be able to make effective use of their actual financial resources for more critical necessities. Often, due to our limited storage capacity, we have been unable to take baby goods that are offered to us. We had been advocating for many years for someone to take up the baton in this area and establish an organisation that does precisely this. We have seen the model work in other areas of Australia. In February, Karinya House was very pleased to welcome and support the establishment of a new not for profit organisation, Roundabout Canberra, for this sole purpose. To quote from their website:

"Roundabout Canberra is run by a group of Canberra women. We're all volunteers, and we balance our commitment to Roundabout Canberra with work and young families. Our aim is to provide women and families experiencing hardship in Canberra and the surrounding regions with essential items and equipment to ensure the safety of their babies."

Karinya House has been using the services of Roundabout Canberra since it began, and the support this organisation gives us, in this aspect of our work, has been invaluable. We continue to provide goods of this nature to the women we support. And we still retain a small stock of the most essential items to support immediate material aid, especially new born baby items, specific to the purpose of our service, in supporting pregnant and parenting women in our community.

We can now simply contact Roundabout Canberra when we require material aid for a particular situation, with a list of our requirements. Roundabout Canberra will put together our 'pack', and we will collect and deliver as necessary. There are many pluses about this new service. Roundabout Canberra has the storage capacity to take donations. Other women's services and maternal and child health services in our region will also be able to access Roundabout Canberra. With this new service managing the collection and sorting of pre-loved baby goods for re-purposing, our team can focus more time on casework management.

A wonderful new program is now part of the Karinya House service due to an amazing partnership with Burley Strength. Early in 2018 we were pleased to welcome this new partnership with John Sheridan, Owner of Burley Strength, together with team member, Jess Gilbert, who has been taking some of our mums for weekly powerlifting sessions since the program began.

Harriet's baby boy, Isaac, was born following a long labour where she was supported by Karinya's Health Professionals, as she had no one else to be with her.

From Harriet's story (page 18)

John donates the weekly use of the gym and equipment for the training sessions, and Jess provides her time freely to run the sessions personally. Initially the group was piloted for six weeks, but it has now become an ongoing weekly session that Karinya women are to attend. The program supports the women of Karinya in developing their strength, confidence and overall wellbeing. Three residents and two babies attended the first group early in the new year and the women quickly looked very comfortable. One of our wonderful volunteers assists with transport and childcare. At the first session there was lots of laughter and talking as the women started working on building the foundations to strength, working on abdominal exercises, squatting





and using broom sticks to start developing an understanding of the movement required for bench press. Everyone expressed excitement about attending again next week. One resident said, "This is fantastic, I could not have dreamed of this." Residents were talking about how they could practice some of the exercises leading up to next week and were planning on catching up to do them together. We welcome John and Jess, and their partnership with Karinya House. We look forward to a long association and we value this program provided through Burley Strength.

The Rotary Clubs local to Karinya House have really been playing tag team with financial and in-kind support for the whole of 2017-18. The Rotary Friendship Wheel has taken off in 2018, with a number of Clubs taking turns in providing non-perishable goods to supplement the Karinya Pantry, that supports both our residents and families in outreach. In addition, the goods are often accompanied by Gift Cards (always so valuable to Karinya House) as well as new baby goods, or household items such as dinner sets. The Rotary Clubs of Aurora-Gungahlin, Ginninderra, UC Rotaract, Hall, Belconnen, Yass, Murrumbateman, together with the Melba Men's Shed and other connected persons have all taken part in this monthly delivery of goods and gifts, that is now a regular event at Karinya House. In addition, the various Rotary Clubs who all run various fundraisers, often will select Karinya House as the nominated recipient, providing regular contributions of funding

support. For example, The Rotary Club of Ginninderra held one of those awesome Bunnings BBQs on 2 February 2018, and topped up the proceeds, to then give us a contribution of \$2,000. The Rotary Club of Aurora Gungahlin has a regular jazz evening at Annie's and the Armadillos Café in Nicholls, with the February 2018 event raising funds to support Karinya House and Home in Queanbeyan. This event generated over \$2,000. A funding contribution was also received from the Rotary Club of Goulburn Mulwaree this year. We are overwhelmed by the support of the Rotary Clubs in our Region. We thank them for their support locally, as well as recognising the value of their support to National and Global communities in so many ways.

Our good friends, Rowdy Digital, worked hard over the first half of 2017-18 to give our website a new look, that better reflected Karinya House, who we are and what we do with the help of our community, our village. We thank the Rowdy Digital Team for their skilled and professional services, which continue to be provided to Karinya House, with significant pro bono elements. We love working with Rowdy and we thank Judy, Llewella and all at Rowdy for their continuing and valued partnership with Karinya House.

Karinya House found some sporting friends over the 2018 period to 30 June. This trend kicked off with the 'Everything Female and Football' event sponsored by the Narrabundah Football Club and held as part of Female Football

Everyone expressed excitement about attending again next week. One resident said, "This is fantastic, I could not have dreamed of this."

Week. This fabulous afternoon held on Saturday 3 March 2018 was a great way to spend a day enjoying exhibition games as well as Spanish Food! Committee Member Margaret O'Donovan was on hand at the event to chat about Karinya House. The event raised over \$1,200 and we thank Kathryn, the event organiser, and Local Spirits, who also supported the event.

The Dirt de Femme again hosted Karinya House as the Charity Partner for the 2018 event on 6 May. We thank Raynie, the team at DdF and all involved in this great outdoor event at Stromlo Forest Park. It was another great day of celebration with some highly skilled women as well as many women and girls who 'persist', 'endure' and challenge themselves and those around them. We were pleased to be a part of it and we especially thank Sharwood Hampers, Paddywack Promotional

Products, Bike Culture, The Pedlar and Physio Sport O'Connor who supported the fundraising efforts for Karinya on the day.

The connection we have with the Gungahlin Bulls RLFC Ladies Day Committee is perhaps best described as a 'Family Connection' and it was such a pleasure and privilege to be the charity of choice to be supported by this year's Ladies Day held on 23 June 2018. Seeing the Karinya House logo on the jerseys was fabulous, and a great day was had by our Karinya representatives and no doubt, by everyone who joined in on game day, 23 June. Thank you to all involved and the wonderful funding support that was generated.

In May, Two Good Co invited Karinya House, along with women's services in each state and territory, to join in the #loveanothermother campaign for Mother's Day. As well as receiving several boxes of care packs to give to the women we support throughout the year to come, many of our supporters also bought the fabulous care packs to give to the Mum in their lives, giving Karinya a share in the profits. It really was #twogood!

The Green Elephant Early Learning Centre (Sydney) contacted us to offer support for Mother's Day. The Centre had created, with artwork by the children, sets of 4 Pack Hand Crafted Cards in the lead up to Mother's Day, with all proceeds to Karinya House!

3 Degrees Coffee, a great little coffee shop, located at Shop 10a Baileys Corner, chose to stock

Karinya House Keep Cups on consignment for sale during May. The proceeds together with a corresponding donation found its way to us in June.

Our valued community joined us again in May, with many gifts and donations received as part of our Mother's Day Appeal. The support of the community with gifts and gift cards, is so valued and special, as we have already mentioned. The Mother's Day Appeal and the donations arising therefrom, as well as the proceeds from our Gala Dinner, are a key component of our community funding platform.

Karinya's donation revenue for June is always budgeted at a high level. This is a time when many people choose to donate to charities. However, it is not revenue you can guarantee you will receive. To this end, with donation and other community based funding being such a significant part of our operating budget, we have to be cautious with our contractual commitments throughout the whole financial year. This makes staff planning very difficult. As at 31 May 2018, we were tracking \$249,000 behind our community based funding target of \$800,000, and we had been well behind budget for most of the financial year. We had controlled staffing and other operating costs throughout the year accordingly.

Our expectations for June were in the end well exceeded and we were much closer to our annual target than we ever thought possible. We ended up around \$60,000 short



The month of May is always a significant month for Karinya House both in line with the special nature of our services as well as being a vital fundraising month, with the Annual Karinya House Mother's Day Gala Dinner taking pride of place. Held on 4 May 2018, (without a Star Wars theme), the event this year was certainly a highlight. Initially we were overwhelmed by the bookings. Sold out this year—first year ever!

Around 440 guests, including many Associate Sponsors, joined us on 4 May, in the Corinna Ballroom at the Canberra Southern Cross Club, Woden. The CSCC was again the event Major Sponsor, providing the venue and generous pricing for both the food and beverage components. The event management support from Lynda, Matt and the function staff on the night was again outstanding. The Club's Events Team really does ensure the success of this event. As well as a great venue, we received many comments about the quality of the food, and, given the chance to test the new functions menus, we were very impressed indeed!

We were honoured to have Genevieve Jacobs join us and speak at the Gala Dinner this year. Genevieve spoke of her own experience of motherhood, and the support she received from her husband and family, throughout her pregnancies and beyond. Her experience and understanding lends to her passion for the work of Karinya.



She learnt to open up more about her past and it became apparent Sam had been struggling with her mental health and possible domestic violence for some time.

From Sam's story (page 19)



“As well as amazing individual donations, we have been supported with a number of substantial contributions from Trusts and Foundations, both known and unexpected.”

of the annual community-based funding target of \$800,000. This was just wonderful news and all we could do was simply shake our heads in amazement at the continued generous and warm support of our community, our village, and the recognition this support affords to the women we walk alongside.

Whilst one of our strategic aims is to increase our recurring monthly donor numbers to contribute to a more sustainable way of managing our annual operating funding requirements, we can certainly say that having received this significant funding boost in June this year, has ensured we have a sound platform to at least continue our existing staff profile and related casework support levels across 2018-19. This is wonderful news.

Whether we can look to filling our budget staff profile to capacity remains a circumstance that requires more certainty on our annual community-based funding levels, without relying on meeting a substantial rolling shortfall, at the end of each financial year.

As well as some amazing individual financial donations, we have been supported with a number of substantial contributions from Trusts

and Foundations, both known and unexpected. We have also been supported by many fundraising events by community groups and business networks. Schools in our community have also provided support to Karinya House. We have not mentioned everyone in this report, however, as you will know, and as we say so often, we would not be able to do what we do, without you. Every single supporter of Karinya House makes a difference. It does take a village and we need to grow our village to continue to be able to provide the services of Karinya House within our local community. Please consider joining us and becoming a Friend of Karinya or a Corporate and Community Partner. Your recurring contribution helps to sustain us and effectively plan for today, and the years ahead.

The support from so many events and happenings, only some of them detailed here, together with so many individual and recurring donations and Corporate and Community contributions, from old friends and new, are all humbling in both their individual and collective natures... We thank you for so joyfully 'sharing the love' and sharing our purpose of supporting at risk or vulnerable pregnant and early parenting women in our community.



OUR SERVICES THE NUMBERS

We offer a secure and caring environment for women who are pregnant, or parenting newborn babies and are without appropriate support and accommodation.

Our 24/7 service includes:

- » Supported accommodation, transitional housing and an outreach service for pregnant women at any time before the birth of their baby and for up to three months after their baby is born.
- » Casework support incorporating counselling, referral and information for women in matters relating to childbirth, parenting, life skills, continuing education, health and welfare support services including housing needs.
- » "Unassisted" ... This term is denoted by the national statistical data collection service. The term refers to women who contact Karinya House and for whom we provide information, advice and generally cross-referral as they do not fit within our practice criteria for casework support. Each "Unassisted" contact could involve up to three hours of client support.

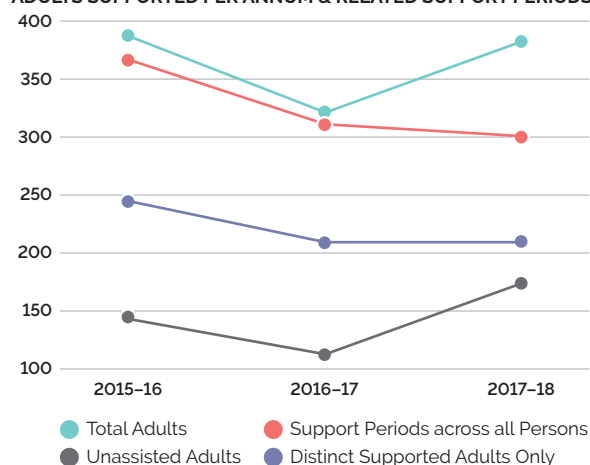
Our women are much more than the numbers that are presented here. Every woman counts, and their stories in words and without words paint myriads of pictures about life.

We do show the numbers, but we ask you to look beyond them and imagine the words, the images, the courage, the resilience, and the lives they represent.

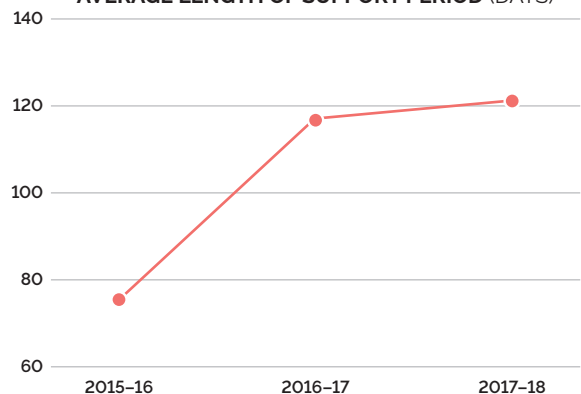
- » An adult service user may span the full reporting year.
- » Babies will be classified as distinct service users if they are in residence or if they receive any form of individual care (such as within the Group Program, when in the care of Volunteers, whilst their mothers attend Group).
- » A service user could have more than one support period.

EVERY WOMAN COUNTS

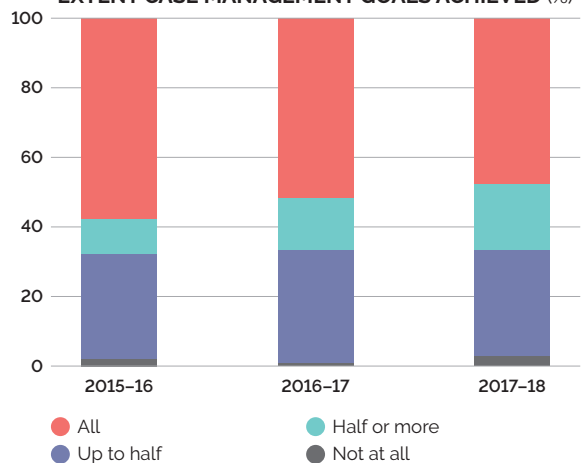
ADULTS SUPPORTED PER ANNUM & RELATED SUPPORT PERIODS



AVERAGE LENGTH OF SUPPORT PERIOD (DAYS)

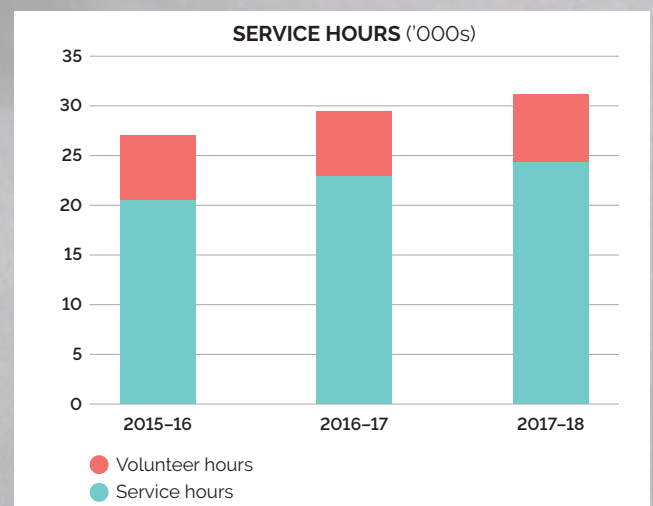
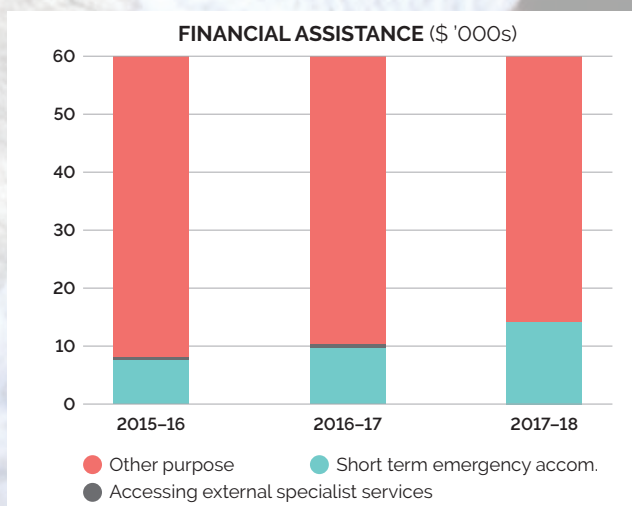
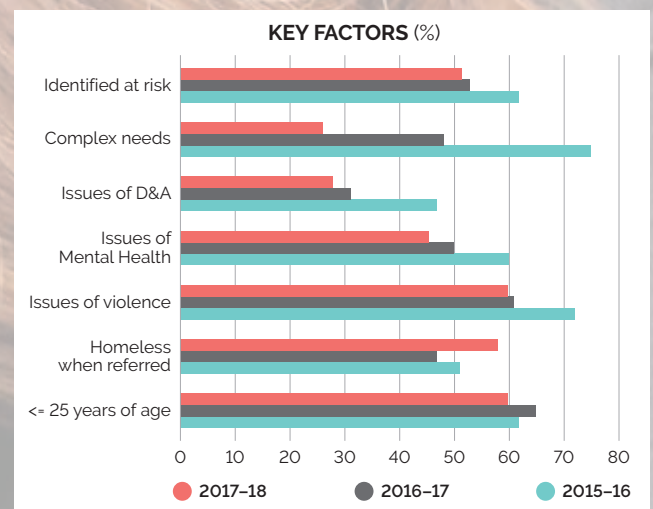
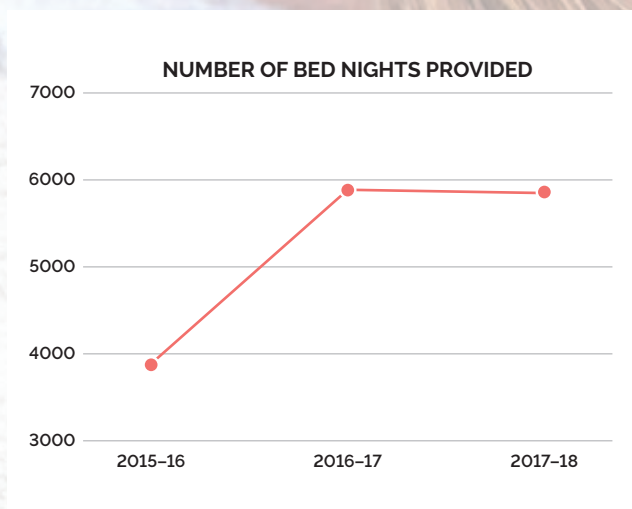
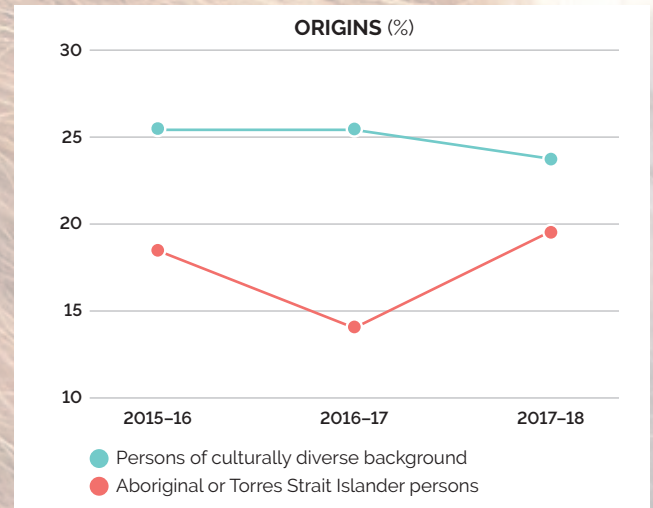
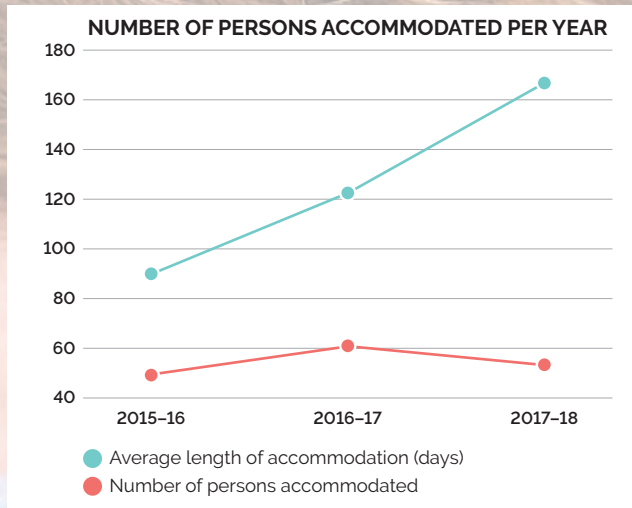


EXTENT CASE MANAGEMENT GOALS ACHIEVED (%)



Although Harriet no longer needs as much support from Karinya House, contact is maintained as she enjoys sharing her triumphs. Karinya will always be available as a support.

From Harriet's story (page 18)



OUR SERVICES THE STORIES

In our Annual Report this year we are sharing with you two of the amazing stories of the Women of Karinya. These narratives show the courage and resilience of Karinya's women, that our team witness every day. We hope these stories will give you a greater insight into the Karinya House practice framework and how the Staff and associates work in support of our inspiring women. We have also included this year a selection of comments from women during their time at Karinya or beyond.

Names and situations have been changed and merged. Any similarity to a person is therefore coincidental, as the stories here will represent aspects of stories of many women who have found some time and space through their Karinya experience.

HARRIET

Karinya House began working with Harriet when she was fifteen years old. Harriet had arrived in Australia to visit other immediate family residing in Canberra. Shortly after arriving, Harriet disclosed that she was 27 weeks pregnant, and her family rang Karinya House, very distressed, seeking assistance.

Harriet's primary carer indicated she did not want Harriet to return home given this situation as she was not in a position to care for Harriet and the baby. Harriet's family in Canberra also were not inclined to support Harriet and provide her with a home with them.

Given her age, Harriet was unable to access Housing and many other supports. She was scared, alone and about to embark on a daunting journey that involved her becoming a mother.

Harriet moved into Karinya House and was supported within a Casework plan. Caseworkers assisted her to obtain Centrelink, Housing applications, access to other services, emotional and practical support and parenting advice and assistance. Given the nature of the situation a mandated report was also made to Child and Youth Protection Services.

Harriet's baby boy, Isaac, was born following a long labour where she was supported by Karinya's Health Professionals, as she had no one else to be with her. Harriet slowly came out of her shell and learnt to trust and rely on the Staff as her only support. Her English improved and her care for Isaac was amazing.

"Harriet was unable to access Housing and many other supports. She was scared, alone and about to embark on a daunting journey."

She was encouraged to enrol in CCCares (Canberra College) to work towards achieving her Year 12 Certificate. She attended regularly, achieving amazing results in maths and science.

At the age of 17, after living at Karinya House for 18 months, Harriet was allocated her own ACT Housing property. Harriet and Isaac have created a lovely home for themselves. Harriet now has her licence and with the support of a kind community donation she has a car that she maintains. Harriet is still attending CCCares and hopes to complete her Year 12 certificate this year. Isaac is now 2 years old and attends childcare at CCCares and at an Early Childhood Centre.

Although Harriet no longer needs as much support from Karinya House, contact is maintained as she enjoys sharing her triumphs. Karinya will always be available as a support for Harriet and Isaac but it is anticipated her file will be closed in the next few months. Karinya Staff were proud to walk this journey with this bright, hopeful and caring young mum.

SAM

Sam was a young independent woman when she discovered she was pregnant for the first time. She was excited by the pregnancy, but things quickly began to unravel.

Her partner left her, taking much of the household furniture, and the private rental property they lived in became too expensive for her on her own. She lost her casual job due to debilitating morning sickness and had no family or friends who were considered appropriate for her to live with. Initially Sam struggled with the thought of asking for help as she had never had to do so in the past.

When Sam had her first antenatal appointment at the hospital, a midwife suggested to her that Karinya House might be able to help. She contacted Karinya and a Caseworker was assigned to her. Sam's Caseworker was able to work out a plan alongside Sam, that best suited her needs. Sam was referred to other appropriate services such as Care Financial and Street Law, to try to keep her property.

Sam was offered, and accepted, a residential spot at Karinya before the birth of her baby, as her financial situation was taking a toll on her mental health and it was clear she could not afford her property. Sam also accepted a referral to Perinatal Mental Health, and a plan going forward was established.

Sam gave birth to her baby about three weeks after moving in to Karinya. She was a valued member of the household, having already established cooking and household skills. She learnt to open up more

about her past and it became apparent Sam had been struggling with her mental health and possible domestic violence for some time. Sam's Caseworker and Karinya's Health Professional became pivotal in assisting Sam with caring for her new baby and gave lots of encouragement and emotional support around this time.

Karinya accessed many other services during this time and advocated on Sam's behalf. Housing ACT, Centrelink, Women's Health Service and the Child and Family Centre were all contacted, gave assistance and began working with Sam.

After five months, Sam was offered a Housing ACT property and was able to move out by herself with her beautiful and thriving baby. Sam was assisted in sourcing furniture and whitegoods, thanks to some very generous members of the community and Karinya Partners.

Sam regularly comes to Karinya's group and recently said "I don't know what I would have done without Karinya. I love coming to the groups, because you learn things and get to socialise, but also to see the faces of the staff who helped me so much. Me and my baby can look forward now, thanks to Karinya. I'm so glad the midwife mentioned them."

Sam's file will stay open for as long as Sam needs it to, and as long as she is engaging. Sam is also aware that when Karinya close her file, she can call back at any time in the future should she need us, or to simply share her successes.

"I don't know what I would have done without Karinya. I love coming to the groups, because you learn and socialise, but also see the staff who helped me."

ABOUT KARINYA CASEWORK MANAGEMENT AND SUPPORT

CASEWORK

"I feel so safe here and if I'm lonely, there is always someone to talk to."

M

"Thank you all so much for my beautiful presents. I feel so lucky and spoilt living here. The effort you all go to for us girls is absolutely amazing. I will never forget any of the awesome things you have all done for me. Karinya house has really made a positive impact on my life. You have helped me provide a great start for my daughter."

K

"Thanks to each and every one of you for everything that has been done for me, even at the time I was difficult to deal with, not one of you gave up on me and I appreciate you all. Sometimes I was so down on myself that it was like you gave me love and believed in me. Karinya is the best place to be, especially when you are broken and have no one to turn to. Staff at Karinya become your family and lift you up."

L

"Karinya support you with everything you need. After my baby was born he was admitted to NICU. The staff dropped me off anything I needed, bought me food and picked me up every day. They've been amazing and made a challenging time easier to cope with. Thanks very much."

G

"My child was so shy all the time, now she is so happy and loves showing me all the things she's learnt in Childcare. Thank you for organising this for us."

S

"I have been so well supported by Karinya that I don't want to ask for more. I am so overwhelmed by the baby goods and Christmas hamper. I couldn't have done this without you. Thank you, thank you, thank you!"

A

"I will be forever grateful and will never forget how much living here has changed my life and helped me during my recovery. I will endeavour to help others throughout my life the way you have helped me"

K

"Thank you so much for the help yesterday, for the nappies, formula and food for me and my husband. You have no idea how much this means to me, you always know what I need. Love you all a lot."

A

"Thank you so much for the awesome help, you guys really are amazing! Baby and I are so grateful and touched. I promise to pay it forward for the rest of my life."

K

"My son was so happy today at Montessori. He learned so much in one day that he hasn't been learning at home"

M

"Karinya helped me with everything, my family, my health and my baby. It is a good place to be when you need help."

M

OBSERVATIONS

WOMEN'S OBSERVATIONS ABOUT THE SERVICES OF KARINYA

About the Group Program
(Jointly funded by The Snow
Foundation and The Canberra
Southern Cross Club)

"I hadn't been to a group before. I was nervous as I didn't know anyone. That was cool, great teacher, great lunch and great girls."

J

"We are so thankful we were given some clothing not only for our babies but a few items for ourselves."

E&K

"I've never been to the movies with baby before and was unaware that the service (special cinema session for Mums and Bubs) was available. Baby slept through the whole movie and I will definitely do it again."

M

"I learnt so much today about parenting. I feel really confident with him now."

M

"It was so lovely to see K all made up today after having had her hair done. She appeared very relaxed and happy during group and showed a huge improvement in her self-esteem and confidence."

Facilitator

After receiving a Christmas gift

"This will make my Christmas so much better. I really enjoyed the Christmas party and will come to groups more often now."

S

"I'm so glad I came."

J

Pregnant with first child and first time attending a group. She had been so nervous but thoroughly enjoyed herself, participating in all the activities.

During a budgeting session

"It helps to write everything down and break all expenses down to save weekly instead of as a lump sum when needed, I'm going to start doing this."

A

"I want to return again next week as it will be good to talk with like-minded people."

M

"I had so much fun on today's outing. It was so great to go to the Gallery and see everything and I could forget about my problems for a while."

E

STORIES

STORIES FROM AROUND
THE 'CAMP FIRE'

A volunteer offered to do some cooking sessions with the Residents and they were attended by four women. They learnt to make slices and cakes one week, and a healthy dinner the next. One of these Service Users then proceeded to make the slice for the group program each week.

We received an email which stated "I am an ex-resident and have ended up with spare Wiggles tickets for tomorrow. I wondered if you would like them to pass on to someone else. I am happy to drop them off to you." This Mum, when dropping them off, excitedly came in to the office to tell us she was married, with two other children, and the couple had recently purchased their own home.

An outreach Service User and former resident now attends Playgroups recommended by Karinya Staff. She stated to her Caseworker, "I went to a Playgroup and realised I actually have the confidence to go to more—and I know now, I'm OK!"

A Karinya resident decided to cease smoking. Two of the other residents coached her through this period with things they had been taught from Caseworkers and Health Professionals. They were all very supportive of each other.

One ex-resident rang to tell us she'd started University and stated, "I'm finally feeling at home". Karinya had supported her through the process of completing Year 12 and applying for university, much babysitting during that time and emotional support and accommodation. It was great to hear back from her once she had started.

A Karinya Caseworker contacted an old resident from about nine years ago, who had indicated she would be happy to be contacted, to see if she was willing to assist us with a promotional survey. She stated "I would love to, but I work so much that I am very busy. Upon questioning, She revealed she had gone on to get her Nursing degree, started working at an Aged Care facility while her daughter, now nine, was at school. She also informed us that she often cares for another ex-resident's children while she works as they have remained friends since living together at Karinya.

I know now, I'm



helped her immensely

A staff member, while visiting a woman, was speaking to the woman's mother. She stated, "I lived at Karinya with my son who is now 15 years old. I wouldn't be where I am today without you, you got me Housing and my life turned around because someone believed in me. My older daughter is now having a hard time, so I suggested she call Karinya."

A six-monthly Safety Audit occurred in April 2018. The report returned to Karinya stated "Congratulations to yourself and your team on maintaining your excellent standards."

A woman was gifted a whitegoods package, provided by Monarch Building Solutions and Harvey Norman Commercial. She told her caseworker a little later...

"It was amazing! It's really good to have them, because otherwise I wouldn't have had whitegoods for ages." She said she would have tried to get a fridge but wouldn't have been able to afford it right away and wouldn't have had a washing machine for a long time. "I would never have had a dryer!"

A woman being supported on an outreach basis of some time had applied for a university course. She had to sit an entrance test and was 'guided through her nerves' beforehand by her Caseworker, over many weeks. She was so proud to ring us the day she received her results to say she had done extremely well and had been offered the course she dreamed of. She started her degree in 2018.

An ex-client recently re-connected with Marie-Louise wanting to support Karinya House. She is married, lives regionally and works in a local business. Her son, who is now 17, was 're-introduced' to Staff. The time she spent as a resident and outreach client, she reported, helped her greatly achieve such amazing life goals.

A fabulous new initiative has been provided through Burley Strength in Canberra. Karinya's women were invited to attend a Powerlifting group, run specifically for our women, where they receive training and exercise. A Karinya volunteer drives them every week and the babies are looked after by the volunteer and the woman who runs the gym. They have been welcomed and treated with respect and kindness with one resident exclaiming, "This is fantastic! I could not have dreamed I could be this strong."

The Official Visitor attended Karinya House, leaving a report that stated "All of the Service Users I spoke with spoke very highly of the support they are receiving. One woman stating she did not know where she would be without Karinya and the staff have helped her immensely. The standard of accommodation is, of course, very high."

n OK!

OUR PEOPLE

Committee members present
at the meeting on 17 August 2017



THE COMMITTEE

PRESIDENT

Sarah Kelly

VICE-PRESIDENT

Cassandra Keller

TREASURER

Kathleen Buckley

SECRETARY

Daniela Matic

Resigned 27 March 2018

Rosemary Lee

Appointed 27 March 2018

COMMITTEE MEMBERS

Dave Burnett

Matt Casey

Marie-Louise Corkhill

Rod Frazer

Pierre Huetter

Margaret O'Donovan

Amanda Toms

Catherine Cooney

Appointed 21 November 2017

Resigned 23 March 2018

Esther Bogaart

Appointed 8 May 2018



PATRON

**Her Excellency
Lady Cosgrove**

The Committee extends its gratitude to the Staff of Karinya House. All casework staff provide time in excess of their contracted hours. In addition, the Executive Director, Caseworkers and Health Professionals provide their on-call time voluntarily. Similarly, our client support workers provide many extra hours on a voluntary basis.



Karinya staff pictured on
6 September 2017

OUR STAFF

EXECUTIVE DIRECTOR

Marie-Louise Corkhill

PROPERTY MANAGER & SENIOR CASEWORKER

Luisa Lopes

SENIOR CASEWORKER

Catherine O'Halloran

SENIOR CASEWORKER

Catherine Cooney

Resigned 15 December 2017

SENIOR CASEWORKER

Lisa Knight

Resigned 19 October 2017

CASEWORKER & EXECUTIVE OFFICER

Ana Moran

CASEWORKER & GROUPS COORDINATOR

Nichola Crisp

CASEWORKER

Elissa Gaffney

CASEWORKER

Jane Quinlan

Appointed 18 September 2017

SENIOR HEALTH PROFESSIONALS

Anne Brown

Cath Williams

CASEWORKER &

HEALTH PROFESSIONAL

Kimberly Castles

CLIENT SUPPORT WORKERS

Carolyn Burns

Christine Hosking

Shannon Kara

Kathryn Miller

Kim O'Dea

Bonnie Steer

Sonya Love

Nahliah Rokic

Appointed 6 September 2017

Nicola Watego-Hope

Appointed 6 September 2017

Resigned 16 February 2018

Nerida Warren

Appointed 5 March 2018

Millie Ensor

Bernadette Bryant

Appointed 16 March 2018

FINANCE & BUSINESS MANAGER

Jo Saccasan

FINANCE &

ADMINISTRATION OFFICER

Sarah Kirkpatrick

ADMINISTRATIVE ASSISTANT

Karen Kirk

MARKETING & COMMUNICATIONS

Brodie Jacobsen

Resigned 18 February 2018

SERVICE HOURS

EXCLUDES VOLUNTEER HOURS

24,790

2018

23,240

2017

VOLUNTEER HOURS

6,820

2018

6,641

2017

IF CHARGED AT A NOMINAL
RATE OF \$40 PER HOUR

\$272,800

2018

\$265,640

2017

After five months, Sam was offered a Housing ACT property and was able to move out by herself with her beautiful and thriving baby.

From Sam's story (page 19)

OUR VOLUNTEERS

Karinya's Committee, staff, volunteers and auxiliary supporters have made significant contributions to the total voluntary hours provided to the organisation throughout the financial year and we remain grateful to all.

VOLUNTEERS &
AUXILIARY SUPPORTERS
*Excluding Committee and staff
listed elsewhere*

Bernadette Bryant
Bob Bryant
Sandra Cassidy
Catherine Cooney
Frances Corkhill
Isabelle Dunne
Heather Evert
Hildegard Fitzgerald
Claire Frazer
Alex Garrett
James Hall
Greg Heywood
Louise Heywood
Margaret Howe
Sophie Kilmartin
Jamie Kirkpatrick
Sam Longley
Lucia Moran
Belinda Munn
Colleen Nielsen
Marcella Rice
Vicki Sawyer
Nicole Short
Alana Thorne
Samantha Wyers

Years 5 and 6
St Edmund's College

Year 9
St Francis Xavier College



A selection of our volunteers





PRESIDENT'S REPORT



Dear Friends and Supporters

Karinya House, Home for Mothers and Babies Inc., is now in its 21st year and I feel incredibly proud and humbled by the work that Karinya House continues to do in our community. Every day, a pregnant woman or a woman with young children who has no support around her, wakes up in the knowledge that she is now safe, her future is changing and she has a sense of hope. One of life's greatest gifts. I am also proud of the fact that Karinya House is acknowledged frequently, locally and nationally as an organisation that changes lives and has a real impact on women and children in our society. Our footprint will be felt for years and generations to come. You are a part of this footprint. You, through your support, continue to be a vital chapter in our story.

When I speak of the work of Karinya House to others, I always emphasise that it is those at the coal face that are to be commended – where the real change is taking place. Our well-trained and exceptional staff give witness to the joys, struggles and hardships of women in our community daily. To contend with these on a daily basis is not an easy task in any employment. The needs of the women we walk alongside are often complex but through adversity, these women continue to flourish and we would like to think this is in part due to the continuing dedication and commitment from the staff and our volunteers. Thank you sincerely.

“Every day, a pregnant woman or a woman with young children who has no support around her, wakes up in the knowledge that she is now safe, her future is changing and she has a sense of hope.”

I acknowledge the commitment of our Executive Director, Marie-Louise Corkhill during the past year. Many challenges have presented themselves and yet even after being a part of Karinya's story from the very beginning, Marie Louise continues in her role, giving unconditionally and so professionally, to support the Committee, Staff and Volunteers, as well as the women of Karinya. My heartfelt gratitude extends to all the staff in their individual roles, especially Jo Saccasan whom, above and beyond, is across everything that Karinya does and needs to do. I witness everyone's compassion, integrity and perseverance in the varying and demanding roles they play at Karinya House. Without them, it simply would not survive.

I thank the Karinya House Committee for their invaluable and generous contribution and support of me. I am very passionate about the Committee we have as I know they are, in turn, passionate about what they do for Karinya House. I am very fortunate to be surrounded by individuals greatly accomplished in their own fields that in turn bring

such vision and energy to our organisation.

To all the supporters of Karinya House, you are giving us the opportunity to continue our ever-increasing vital service especially in our new Home – it is incredible to think we have been enjoying our new Home for 2 years now! Doubling the capacity of the women we can support with housing, but also significantly impacting the level of community-based funding we need to support them.

The financial challenges are, of course, continually daunting but please know we value your generosity and financial support. It continually affirms us and gives us hope and belief to continue our mission. We value your investment with us in our community.

Now is the time to reflect and celebrate the great changes we are making in our society.

“Vulnerability is our most accurate measure of courage.”

Brené Brown

Sarah Kelly
PRESIDENT

EXECUTIVE DIRECTOR'S REPORT



“As we also celebrate nearly two years in our new Home, I am reminded of the many women whose lives have touched ours, and more importantly how we are all better women because of this.”

Reflecting on the last 12 months of Karinya House I was struck by this year's theme for NAIDOC Week, “Because of Her, We Can!”¹

I have never noticed such ‘coverage’, for want of a better word, of NAIDOC Week, and the extraordinary resonance this theme has for acknowledging, honouring and celebrating Aboriginal and Torres Strait Islander peoples, particularly “the essential role that women have played—and continue to play—as active and significant role models at the community, local, state and national levels.”¹ The inclusiveness of this theme, of all Australians, from every walk of life, “Because of Her, We Can!” whilst celebrating the significant and pioneering contribution of our first women, resonated with all women. I particularly noted the importance this year's theme held in the community and the great sense of celebration and inclusion, and all with such a sense of joy! From happening to walk into a Centrelink Office who were having a special morning tea and playgroup for their community to celebrate NAIDOC Week, to the inspiring Indigenous Women's music on my favourite ABC Classic FM, to our own Women of Karinya attending NAIDOC celebrations in the ACT. NAIDOC Week and this particular theme received long overdue recognition.

With respect, the theme, “Because of Her, We Can!” is something Karinya House can so easily identify with. As I have pondered this theme, then and so often since, I am repeatedly reminded of the motivation and reason for my work, each day; the inspirational women who create new lives for themselves and their children in the presence of us here at Karinya. How privileged we are to bear witness to their journey, their perseverance.

As we also celebrate nearly two years in our new Home, I am reminded of the many women whose lives have touched ours, and more importantly how we are all better women because of this.

I continue to be astounded at the shared partnerships that are Karinya's reason for sustainability! You, our Friends, Corporate, Community and Government Partners, as well as private sponsors, have shared our vision and our purposes in “being the village for the mother that raises the child”. Through tangible recognition, the life of their mothers is empowered. Please continue your commitment in sustaining our representation of “the village” in the inspiring lives of the women we journey with.

1. www.naidoc.org.au/get-involved/2018-theme

Karinya House would never be here without the commitment, loyalty and generosity of our Staff, Committee and Volunteer Team. This amazing team, through a myriad of endeavours, has cared for 209 women in the last financial year, as well as their babies, children, and at times, their partners. Our wonderful women staff, make such a significant impact to lives each day. The 6,820 volunteer hours given generously by our Committee, Volunteer and Staff Team incredulously is valued at \$272,800, being 14% of our annual budget. I thank our Volunteers for their love and commitment to our endeavours. I recognise the many hours our Committee also give in fundraising activities, speaking engagements and indeed, working often behind the scenes to protect and grow Karinya. I particularly acknowledge Sarah Kelly, our Committee President for her relentless commitment and passion and thank Sarah for her personal support.

In reflecting on our team, and the last twelve months, I wish to pay recognition to my dear colleague, Catherine Cooney. Catherine has worked in varying capacities throughout Karinya's history, and has always stepped up when commitment has called. Catherine gratefully remains a volunteer at Karinya and I personally acknowledge her generosity, commitment and passion in our vision and purpose.

In the end, really it is the words and thoughts of the women we walk alongside that remain paramount when speaking of the services provided by Karinya House and how they are provided. My hope is that every person connected to Karinya House always holds to mind the women, the amazing women, whose lives we are privileged to share for a time. Their thoughts and words are within this report, and I leave you with them.

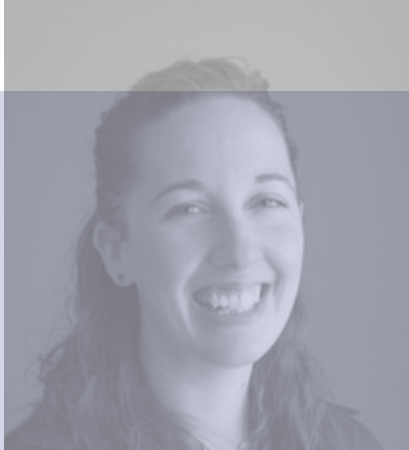
Marie-Louise Corkhill
EXECUTIVE DIRECTOR

This has been a huge year in my personal parenting journey.

We welcomed our second son, Hugo, into the world in May 2017 and struggled with his feeding and eating for a good portion of his first year. This made me appreciate our personal village who helped us, and also demonstrated so clearly the place Karinya has in providing this support to those who have little-to-no village themselves. Our service is unique, highly personalised and 24/7, ensuring the support we provide to the women we journey alongside is outstanding.

At Karinya we have been continuing to settle into life in our new home. It allows us to expand our services, as long as we can meet increased annual fundraising and donations target (\$850,000 for 2018–19). We have fallen short of our increased target in the past two years. As we continue to increase our target (to meet the increased costs of our new facility and expanded services), our focus on finding sustainable recurring sources of income, to ensure we can continue to operate well into the future, becomes more imperative.

We finished the year with a small surplus of \$64,989. Our shortfall of \$53,938 in fundraising and donation revenue meant we had to control costs to ensure we didn't suffer a deficit. The concerning aspect is the inclusion of around \$80,000 of non-recurrent major donations within the 2017–18 community funding result. With the increased budget for 2018–19, the Committee



“Completely meeting demand for services is not within reach, sustained recurrent funding, both community based as well as government, can support the maximum level of service provision, so long as the funding is secure.”

is concerned. In addition, a large proportion of donations are made in May and June of each financial year. We cannot rely on end of financial year donations for sustained planning purposes.

The main way we control costs, as our community funding base reveals itself through the year, is by not engaging a full staff profile. This limits the potential casework services that can be supported by the Karinya facility. Karinya House has a constant wait list, and whilst completely meeting demand for services is not within reach, sustained recurrent funding, both community based as well as government, can support the maximum level of service provision, so long as the funding is secure. Details of our funding and costs of service can be found on Pages 32 and 33 of this report.

Karinya House is funded 50/50 by community based funding and ACT Government funding. We are grateful to the many Corporate and Community Partners, as well as Philanthropic Foundations and Trust, who, together and in a true partnership with the ACT Government provide a significant portion of our operational income, and also skilled support leveraged at pro bono rates. However, we need to grow this base, so if you are in a position to help, please get in touch.

Our individual donors, Friends of Karinya, also make up a large proportion of our annual funding and without you all we could not provide the service we do, so thank

you all. Please continue to spread the word about Karinya throughout the community, because we hope to attract more individual donors as new Friends of Karinya.

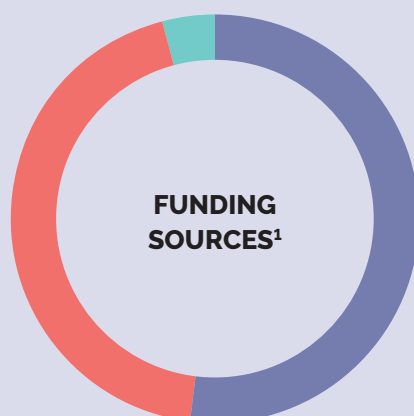
To our bookkeeping firm, Successful Alliances, our IT service provider, F1 Solutions, and our auditor, Synergy, thank you for your ongoing support, sound advice and individualised responsiveness. Assisting us to build the Karinya brand has been the women of Rowdy Digital and we thank them for their services also over the past year.

As detailed above, we have big future financial goals, which requires the ongoing support of our current Friends and supporters, as well as making new corporate connections and Friends of Karinya. If you feel that you can support Karinya House in a financial capacity please see our website karinyahouse.asn.au/donate-now or speak to us directly on 02 6259 8998.

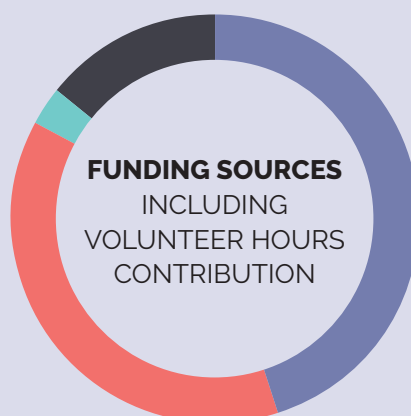
A big thank you to Jo Saccasan (Finance & Business Manager), who is constantly working to improve the financial position of Karinya house and always going above and beyond. And to the rest of the Staff, Volunteers and Committee of Karinya House, for your dedication and passion to the success of Karinya House and our clients.

Kathleen Buckley
TREASURER

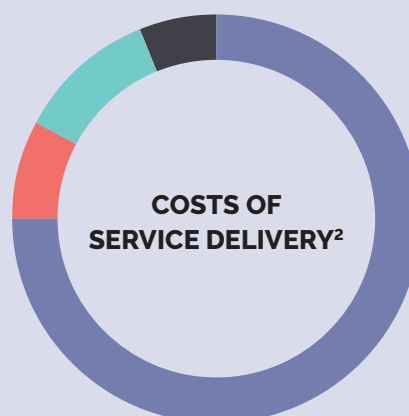
OUR FUNDING 2017–18



52% ACT GOVERNMENT
44% PHILANTHROPIC, CORPORATE AND INDIVIDUAL DONATIONS
4% OTHER REVENUE



45% ACT GOVERNMENT
38% PHILANTHROPIC, CORPORATE AND INDIVIDUAL DONATIONS
3% OTHER REVENUE
14% VOLUNTEER HOURS (VALUED AT \$265,640)



75% SERVICE STAFFING COSTS
8% SERVICE DELIVERY (NON-SALARY)
11% SERVICE INFRASTRUCTURE
6% MARKETING AND FUNDRAISING (NON-SALARY)

¹ The above graph does not reflect the value of volunteer hours of service. With volunteer hours, valued at \$272,800 (6,820 Hours at \$40/hr, included the ACT Government Funding Percentage becomes 45%.

² Marketing and fundraising costs supporting the generation of non-government revenue reflect a return on investment of 860%. This cost is vital to support the necessity of the service to fund 50% of its annual operating budget.

HOME HOPE HORIZON

The Karinya House Strategic Management Plan to 2022 states in part, that our strategic outcomes include:

Financial Management:

Karinya House ensures that financial operational targets continue to be met and developed with a view to establishing an endowment fund of \$10,000,000, as well as an annual non-government revenue target of \$1,000,000, to protect the financial integrity of the Association and the services it offers.

Funding Sources:

Karinya House continues to extend and broaden funding sources to assure the future viability and sustainability of the Association. The funding links with governments, the corporate sector and the community, are supported, developed and sustained through positive engagement with all funding partners.

From our beginnings, entirely based on community raised seed funding, the Committee remains committed to ensuring Karinya House remains a community-based organisation that exemplifies best practice. This funding model represents an active partnership between the community and the Government of the day.

Of vital importance to our sustainability and provision of expanded services, our annual funding for 2017–18, from corporate, philanthropic, community organisations, together with individuals and families through donation or events is a total of **\$746,062 (44% of total revenue)**.

Adding the value of Volunteer hours, the total funding from our community is 52% of Total Revenue including Volunteer hours contribution.

Whilst the number of our financial Friends and Champions, numbering **over 500**, means we can no longer list them all individually, we do acknowledge each and every one. Every dollar is vital to ensure Karinya House continues on a sustainable basis.

We acknowledge the major funding partnership with the ACT Government, who provided **\$833,060 (52% of total funding for 2017–18)**, has been critical to the development and continuing expansion of our service. We value this exemplary working relationship, and the opportunity to provide economically efficient and invaluable community services within the Canberra Region.

In addition, over **200** Corporate, Community Organisations, together with individuals and families, have provided **In Kind support of material goods or services**. Material goods can and do make the world of difference to the support we can provide to women and families. Be it food services, such as OzHarvest, or clothing, baby goods, knitted garments and baby wraps... the in kind support is personal, and it makes our service personal too.

GOVERNMENT FUNDING PARTNER



ACT
Government

Community Services

MAJOR FUNDING PARTNERS



CORKHILL BROS



LUTON



MAJOR CORPORATE & COMMUNITY SUPPORTERS



Canberra Centre



CLARKE KELLER

Clonakilla



Deloitte.IMPACT Day



LIDIA PERIN FOUNDATION



SUCCESSFUL ALLIANCES



Margaret O'Donovan
Your City Physio

AIS Aqua Group • Andrew Leigh MP • Boorowa Real Estate • Christine Waring Milliner • Corkhill's Engineering • Canberra Symphony Orchestra
Club Pink/Club Lime • Canberra Southern Cross Club Yacht Club • Doma Hotels • Elm by Mel • Emma Tod Makeup • Evatt Takeaway
Fifth Lane Photography • Fisher Takeaway • Float Above/Stellar Canberra • Francos of Canberra • Gai Brodtmann MP • Genevieve Jacobs
GivIT • Gordon Ramsay MLA • Helen Cathles Milliner • IGA Fraser • Jim Murphy's Market Cellars • Joshua's Fault Wines • Lisa Kelly Photography
Mallaluka Wines • Mantra on Northbourne • Melba Mens Shed and Easy Riders Cycle Group • National Gallery of Australia • National Press Club
Nell Anderson • Peter Fitzsimons • Pialligo Estate • Poetry in Flowers • Ravensworth Wines • Robyn Rowe Chocolates • Schiavello Systems
Shane Rattenbury MLA • Share the Dignity • Soropotimist International of Canberra Inc. • Summerhill Road Wines • Storage King Belconnen
Thredbo Guest Services • UCI • Vicki Dunne MLA • Zenith Interiors

FINANCIAL REPORT

For the year ended 30 June 2018

COMMITTEE REPORT

Your Committee Members submit the financial report for Karinya House Home for Mothers and Babies Incorporated for the financial year ended 30 June 2018.

COMMITTEE MEMBERS

The names of the Committee Members throughout the year and at the date of this report are:

Sarah Kelly	Dave Burnet
Cassandra Keller	Matt Casey
Kathleen Buckley	Amanda Toms
Rosemary Lee (Appointed 27/3/2018)	Pierre Huetter
Margaret O'Donovan	Esther Bogaart (Appointed 8/5/2018)
Marie-Louise Corkhill	Danielle Matic (Resigned 27/3/2018)
Rod Frazer	Catherine Cooney (Appointed 21/11/2017, Resigned 23/3/2018)

PRINCIPAL ACTIVITIES

The principal activities of the Committee during the financial year were the operation of a supported accommodation and outreach service for pregnant and parenting women and their babies.

SIGNIFICANT CHANGES

No significant change in the nature of these activities occurred during the year.

OPERATING RESULT

The surplus for the financial year amounted to \$64,989 (2017: \$32,427).

Signed in accordance with a resolution of the Members of the Committee.



Sarah Kelly
Dated 12 October 2018



Kathleen Buckley

STATEMENT BY THE MEMBERS OF THE COMMITTEE

In the opinion of the Committee the financial report as set out on the following pages presents a true and fair view of the financial position of Karinya House Home for Mothers and Babies Incorporated as at 30 June 2018 and its performance for the year ended on that date in accordance with Australian Accounting Standards—Reduced Disclosure Requirements (including Australian Accounting Interpretations) of the Australian Accounting Standards Board.

At the date of this statement, there are reasonable grounds to believe that Karinya House Home for Mothers and Babies Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:



Sarah Kelly

Dated 12 October 2018



Kathleen Buckley



INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF KARINYA HOUSE HOME FOR MOTHERS & BABIES INCORPORATED

ABN 19 764 870 539

Opinion

We have audited the financial report of Karinya House Home for Mothers and Babies Incorporated ('the association'), which comprises the statement of financial position as at 30 June 2018, the statement of comprehensive income, the statement of changes in equity and the statement of cash flows for the year ended 30 June 2018, notes comprising a summary of significant accounting policies and other explanatory information, and the statement by members of the committee.

In our opinion, the accompanying financial report of the association is in accordance with the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (i) giving a true and fair view of the association's financial position as at 30 June 2018 and of its financial performance for the year then ended; and
- (ii) complying with Australian Accounting Standards – Reduced Disclosure Requirements and the *Australian Charities and Not-for-profits Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the association in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the "Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Committee's Responsibility for the Financial Report

The committee of the association is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards – Reduced Disclosure Requirements and the *Australian Charities and Not-for-profits Commission Act 2012* and for such internal control as the committee determines is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the committee is responsible for assessing the ability of the association to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the committee either intend to liquidate the association or to cease operations, or has no realistic alternative but to do so.

SYNERGY GROUP AUDIT PTY LTD

▶ (02) 6260 7477 ■ synergygroup.net.au ▶ ABN 45 104 227 063 ▶ Authorised Audit Company No. 301280

▶ PO Box 4789 Kingston ACT 2600 ▶ Ground Floor, 15 National Circuit, Barton ACT 2600

A Correspondent member of the Bentleys Network. Bentleys is a network of independent accounting firms located throughout Australia, New Zealand and China that trade as Bentleys. All members of the Bentleys Network are affiliated only and are separate legal entities and not in Partnership. Liability limited by a scheme approved under Professional Standards Legislation.



Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

A further description of our responsibilities for the audit of the financial report is located at The *Auditing and Assurance Standards Board* website at: http://www.auasb.gov.au/auditors_files/ar3.pdf. This description forms part of our auditor's report.

Eric Hummer

Audit Director

ehummer@synergygroup.net.au

0407 486 637

29 October 2018

Karinya House Home for Mothers & Babies Incorporated

Statement of Profit or Loss and Other Comprehensive Income

FOR THE YEAR ENDED 30 JUNE 2018

	Note	2018	2017
		\$	\$
Revenue and other income	2	1,698,666	1,497,574
Employee expenses	3	(1,231,925)	(1,053,444)
Depreciation	4	(31,200)	(26,740)
Other expenses	5	(370,552)	(384,963)
Net surplus/(deficit) for the year		64,989	32,427
Total comprehensive income for the year		64,989	32,427

Statement of Financial Position

AS AT 30 JUNE 2018

	Note	2018	2017
		\$	\$
CURRENT ASSETS			
Cash and cash equivalents	6	740,752	683,318
Receivables	7	3,424	-
Other	8	17,086	6,806
TOTAL CURRENT ASSETS		761,262	690,124
NON-CURRENT ASSETS			
Property, Plant and Equipment	9	60,563	67,125
TOTAL NON-CURRENT ASSETS		60,563	67,125
TOTAL ASSETS		821,825	757,249
CURRENT LIABILITIES			
Payables	10	74,969	79,997
Provisions	11	119,950	115,413
Unearned Revenue	13	78	-
TOTAL CURRENT LIABILITIES		194,997	195,410
TOTAL LIABILITIES		194,997	195,410
NET ASSETS		626,828	561,839
EQUITY			
Retained surplus		626,828	561,839
TOTAL EQUITY		626,828	561,839

Karinya House Home for Mothers & Babies Incorporated

Statement of Changes in Equity

FOR THE YEAR ENDED 30 JUNE 2018

	Note	2018 \$	2017 \$
Retained Earnings at the beginning of the year		561,839	529,412
Surplus attributable to members		<u>64,989</u>	<u>32,427</u>
Retained Earnings at the end of the year		<u>626,828</u>	<u>561,839</u>

Statement of Cash Flows

FOR THE YEAR ENDED 30 JUNE 2018

	Note	2018 \$	2017 \$
Cash flows from operating activities			
Operating Receipts		800,226	673,422
Grant Receipts		967,942	914,275
Operating Payments		(1,694,739)	(1,502,884)
Interest Received		<u>8,643</u>	<u>8,682</u>
Net cash provided by/(used) in operating activities		<u>82,072</u>	<u>93,495</u>
Cash flows from investing activities			
Payment for property, plant & equipment		<u>(24,638)</u>	<u>(28,968)</u>
Net cash (used) in investing activities		<u>(24,638)</u>	<u>(28,968)</u>
Net increase/(decrease) in cash held		57,434	64,527
Cash at the beginning of the financial year		<u>683,318</u>	<u>618,791</u>
Cash at the end of the financial year	6	<u>740,752</u>	<u>683,318</u>

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2018

Note 1: Summary of Significant Accounting Policies

Karinya House Home for Mothers & Babies Incorporated ("the Association") is an incorporated entity under the Associations Incorporation Act 1991 and applies Australian Accounting Standards—Reduced Disclosure Requirements as set out in AASB 1053: Application of Tiers of Australian Accounting Standards and AASB 2010–2: Amendments to Australian Accounting Standards arising from Reduced Disclosure Requirements.

The financial statements are general purpose financial statements which have been prepared in accordance with Australian Accounting Standards—Reduced Disclosure Requirements, of the Australian Accounting Standards Board and the requirements of the *Australian Charities and Not-for-profits Commission Act 2012* and the *Associations Incorporations Act 1991 of the Australian Capital Territory*. The Association is a not-for-profit entity for financial reporting purposes.

Australian Accounting Standards set out accounting policies that the AASB has concluded would result in financial statements containing relevant and reliable information about transactions, events and conditions. Material accounting policies adopted in the preparation of these financial statements are presented below and have been consistently applied unless stated otherwise.

The financial statements, except for the cash flow information, have been prepared on an accruals basis and are based on historical costs, modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities. The amounts presented in the financial statements have been rounded to the nearest dollar.

The financial report of the Association was authorised for issue on the date of signing of the attached Committee Report by the Committee.

(a) Income Tax

Karinya House Home for Mothers and Babies Incorporated is exempt from income tax in terms of Section 50-5 of the *Income Tax Assessment Act 1997*.

(b) Property, Plant & Equipment

Each class of property, plant and equipment is carried at costs less, where applicable, any accumulated depreciation and impairment losses. The carrying amount of plant and equipment is reviewed annually by the Association to ensure it is not in excess of the remaining service potential of these assets.

Depreciation

The depreciable amount of all fixed assets is depreciated on a straight-line basis over the asset's useful life commencing from the time the asset is held ready for use. The depreciation rates used for each class of depreciable asset are:

Class	Depreciation Rate
Furniture & Equipment	20%
Office Equipment	20–40%
Motor Vehicle	20%
Artworks	0%

(c) Impairment of Assets

At the end of each reporting period, the Association reviews the carrying value of its assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value-in-use is compared to the asset's carrying value. As a not-for-profit entity value in use for the Association, according to AASB 136 *Impairment of Assets*, is depreciated replacement cost. Any excess of the asset's carrying value over its recoverable amount is expensed to the Statement of Comprehensive Income.

(d) Employee benefits

Short-term employee benefits

Provision is made for the Association's obligation for short-term employee benefits. Short-term employee benefits are benefits (other than termination benefits) that are expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service, including wages, salaries and sick leave. Short-term employee benefits are measured at the (undiscounted) amounts expected to be paid when the obligation is settled.

The Association's obligations for short-term employee benefits such as wages, salaries and sick leave are recognised as a part of current trade and other payables in the statement of financial position.

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2018

Note 1: Summary of Significant Accounting Policies (continued)

Other long-term employee benefits

The Association classifies employees' long service leave and annual leave entitlements as other long-term employee benefits as they are not expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service. Provision is made for the Association's obligation for other long-term employee benefits, which are measured at the present value of the expected future payments to be made to employees. Expected future payments incorporate anticipated future wage and salary levels, durations of service and employee departures, and are discounted at rates determined by reference to market yields at the end of the reporting period on government bonds that have maturity dates that approximate the terms of the obligations. Upon the remeasurement of obligations for other long-term employee benefits, the net change in the obligations is recognised in the statement of comprehensive income classified under employee benefits expense.

The Association's obligations for long-term employee benefits are presented as non-current liabilities in its statement of financial position, except where the Association does not have an unconditional right to defer settlement for at least 12 months after the end of the reporting period, in which case the obligations are presented as current liabilities.

Retirement benefit obligations

DEFINED CONTRIBUTION SUPERANNUATION BENEFITS

All employees of the Association receive defined contribution superannuation entitlements, for which the Association pays the fixed superannuation guarantee contribution (9.5% of the employee's average ordinary salary in 2017–2018) to the employee's superannuation fund of choice. All contributions in respect of employee's defined contributions entitlements are recognised as an expense when they become payable. The Association's obligation with respect to employees' defined contribution entitlements is limited to its obligation for any unpaid superannuation guarantee contributions at the end of the reporting period. All obligations for unpaid superannuation guarantee contributions are measured at the (undiscounted) amounts expected to be paid when the obligation is settled and are presented as current liabilities in the Association's statement of financial position.

(e) Cash and Cash Equivalents

For the purposes of the Statement of Cash Flows, cash and cash equivalents includes cash on hand, at banks and on deposit.

(f) Economic Dependency

Karinya House Home for Mothers and Babies Incorporated receives a significant portion of their operating income from grants and donations. The ability of Karinya House Home for Mothers and Babies Incorporated to maintain its current level of operations is dependant upon the continued financial support of Government and non-government funding. The Association receives both financial and non financial support in the form of concessional leasing arrangement within the ACT Government. The current leasing arrangement reflects 33.3% of the estimated market rate for the leasing housing. The value of inkind support provided by the ACT Government in the form of concessional leasing is \$118,738 for 2017–18.

The current government funding contracts expire on 30 June 2019, and 31 December 2020 respectively. The current property lease expires on 28 August 2019.

(g) Revenue Recognition

Operational (non reciprocal) grants are recognised as revenue on receipt or entitlement to receive except for operational grants received in respect of future financial years which are recognised as income received in advance (liabilities, unearned revenue). Project (reciprocal) grants are recognised as revenue to the extent that the monies have been applied in accordance with the conditions of the grant. Project grants received prior to the year end but unexpended as at that date are recognised as unexpended project grants (liabilities, unearned revenue).

Revenue from the rendering of services is recognised upon the delivery of the service to the customer.

Interest income is recognised on a proportional basis taking into account the interest rates applicable to the financial assets.

All other sources of income are recognised as income when the related goods or services have been provided and the income earned.

All revenue is stated net of the amount of goods and services tax (GST).

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2018

Note 1: Summary of Significant Accounting Policies (continued)

(h) Goods and Services Tax

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the statement of financial position are also shown inclusive of GST.

Cash flows are presented in the statement of cash flows on a gross basis, except for the GST component of investing and financing activities, which are disclosed as operating cash flows.

(i) Comparative Figures

Where required by Accounting Standards comparative figures have been adjusted to conform with changes in presentation for the current financial year.

(j) Going Concern

The financial report has been prepared on a going concern basis that assumes continuity of normal trading activities and the realisation of assets and settlement of liabilities in the normal course of business.

(k) Critical Accounting Estimates

The Committee evaluate estimates and judgements incorporated into the financial report based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and within the Association.

Key estimates—Impairment

The Association assesses impairment at each reporting date by evaluating conditions specific to the Association that may lead to impairment of assets. Should an impairment indicator exist, the determination of the recoverable amount of the asset may require incorporation of a number of key estimates. No impairment indicators were present at 30 June 2016.

(l) Financial Instruments

Recognition

Financial instruments are initially measured at fair value on trade date, which includes transaction costs, when the related contractual rights or obligations exist. Subsequent to initial recognition these instruments are measured as set out below.

Receivables

Receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market and are stated at amortised cost using the effective interest rate method.

Note 2: Revenue and other income

	2018	2017
	\$	\$
Community and Corporate Partnership Donations	614,756	519,859
Fundraising Income	131,306	77,778
Interest Received	8,643	8,682
Membership Fees	1,064	1,198
ACT Government Funding	883,060	829,159
Fee for Service	57	10,592
Service User Contributions	39,463	38,912
Staff Contributions	1,989	1,617
Miscellaneous Income	18,328	9,777
Total Revenue from ordinary activities	\$1,698,666	\$1,497,574

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2018

	2018	2017
	\$	\$
Note 3: Employee expenses		
Gross Wages	1,084,717	896,787
Accrued Leave Expense	4,566	12,040
Travel Allowance	2,065	2,626
First Aid Allowance	7,785	6,570
Long Service Leave Scheme	15,981	14,134
Paid Parental Leave	(4,708)	4,708
Superannuation GC	99,313	83,463
Workers Compensation Insurance	10,194	17,988
Staff Training	7,012	6,944
Staff Welfare	5,000	8,184
	<u>\$1,231,925</u>	<u>\$1,053,444</u>
Note 4: Depreciation		
Furniture & Equipment	1,865	1,865
Office Equipment	8,997	8,997
Motor Vehicle	20,338	15,878
	<u>\$31,200</u>	<u>\$26,740</u>
Note 5: Other expenses		
Administrative expenses	55,485	53,980
Insurances	8,209	7,492
Fundraising expenses	98,219	69,472
Motor vehicle expenses	20,610	18,078
Service user expenses	28,989	27,709
Property and equipment expenses	156,404	206,057
Volunteer costs	2,636	2,175
	<u>\$370,552</u>	<u>\$384,963</u>
Note 6: Cash		
Cash on Hand	800	800
Cash at Bank	489,952	428,958
Cash on Investment	250,000	253,560
	<u>\$740,752</u>	<u>\$683,318</u>

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2018

	2018	2017
	\$	\$
Note 7: Receivables		
Receivables	3,424	-
	<u>\$3,424</u>	<u>\$-</u>
Note 8: Other Assets		
Accrued Income	1,318	1,387
Prepayments	15,768	5,419
	<u>\$17,086</u>	<u>\$6,806</u>
Note 9: Property, Plant and Equipment		
Furniture & Equipment	11,749	12,916
Less: Accumulated Depreciation	(6,154)	(5,456)
	<u>\$5,595</u>	<u>\$7,460</u>
Office Equipment	26,992	26,992
Less: Accumulated Depreciation	(17,994)	(8,997)
	<u>\$8,998</u>	<u>\$17,995</u>
Motor Vehicle	104,025	79,387
Less: Accumulated Depreciation	(69,255)	(48,917)
	<u>\$34,770</u>	<u>\$30,470</u>
Artworks at Fair Value	11,200	11,200
	<u>\$11,200</u>	<u>\$11,200</u>
Total Property, Plant and Equipment	<u>\$60,563</u>	<u>\$67,125</u>

(a) Movements in carrying amounts

Movement in the carrying amounts of furniture, plant and equipment between the beginning and the end of the current financial year

	Furniture & Equipment	Office Equipment	Motor Vehicle	Artworks	Total
Opening written down value at 1 July 2017	7,460	17,995	30,470	11,200	67,125
Additions	-	-	24,638	-	24,638
Depreciation expense	(1,865)	(8,997)	(20,338)	-	(31,200)
Disposals	-	-	-	-	-
Gross value as at 30 June 2018	<u>\$5,595</u>	<u>\$8,998</u>	<u>\$34,770</u>	<u>\$11,200</u>	<u>\$60,563</u>

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2018

	2018	2017
	\$	\$
Note 10: Payables		
CURRENT		
Creditors	5,136	8,050
Credit Card	414	-
Accrued Expenses	4,242	9,853
GST Payable	20,652	18,205
PAYG Payable	15,282	11,630
Residential Bonds	650	639
Superannuation payable	-	3,480
Accrued Wages and On-costs	24,422	22,934
Long Service Leave Authority Levy	3,017	4,049
Employee Salary Sacrifice	(150)	-
Meal Entertainment Salary Sacrifice	1,304	1,157
	\$74,969	\$79,997

Note 11: Provisions

CURRENT		
Annual Leave	106,942	101,602
Long Service Leave	13,008	13,811
TOTAL CURRENT	\$119,950	\$115,413

Provision for employee benefits represents amounts accrued for annual leave and long service leave.

The current portion for this provision includes the total amount accrued for annual leave entitlements and the amounts accrued for long service leave entitlements that have vested due to employees having completed the required period of service up to 30 June 2010. Based on past experience, the Association does not expect the full amount of annual leave or long service leave balances classified as current liabilities to be settled within the next 12 months. However, these amounts must be classified as current liabilities since the Association does not have an unconditional right to defer the settlement of these amounts in the event employees wish to use their entitlement.

Following the implementation of the ACT Leave Authority for Long Service Leave, Karinya House provides a levy rated amount based on earnings for all employees to the ACT Leave Authority each quarter, covering LSL entitlements for all employees. Employees claim their LSL directly from the Authority, and are able to either claim their entitlement upon resignation from Karinya House or choose to retain their entitlement when moving to another similarly eligible employer within the ACT.

In calculating the present value of future cash flows in respect of long service leave, the probability of long service leave vesting is based upon historical data. The measurement and recognition criteria for employee benefits have been discussed in Note 1(d).

Note 12: Employee Benefits

CURRENT		
Annual Leave (note 11)	106,942	101,602
Long Service Leave (note 11)	13,008	13,811
Employee Payables (note 10)	44,025	43,250
	\$163,975	\$158,663
Number of employees at year end	23	20
Aggregate employee benefits liability	\$163,975	\$158,663

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2018

	2018	2017
	\$	\$
Note 13: Unearned Revenue		
Membership Fees in Advance	78	-
	<u>\$78</u>	<u>\$-</u>

Note 14: Key Management Personnel

Compensation of Key Management Personnel

Total Compensation—Short-term benefits	<u>\$128,877</u>	<u>\$178,567</u>
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Note 15: Related Parties

No Committee member received any remuneration from the Association during the year other than reimbursement for expenses incurred and as disclosed in Note 14. Any services provided by or to Committee members or parties related to them were under normal commercial terms and conditions.

Note 16: Association Details

The Association provides supported accommodation, transitional housing and outreach services for pregnant and parenting women and their children in the ACT and surrounding region.

Note 17: Financial Instruments

The Association's principal financial instruments comprise cash at bank, receivables and accounts payable. These financial instruments arise from the operations of the Association.

The carrying amounts for each category of financial instruments, measured in accordance with AASB 139 as detailed in the accounting policies to these financial statements, are as follows:

Financial Assets

Cash and cash equivalents	740,752	683,318
Receivables	3,424	-
Total Financial Assets	<u>\$744,176</u>	<u>\$683,318</u>

Financial Liabilities

Payables	74,969	79,997
Total Financial Liabilities	<u>\$74,969</u>	<u>\$79,997</u>

Note 18: Commitments

The Association has entered into a number of operating leases on certain infrastructure and items of equipment. The leases have various terms and conditions none of which are individually significant to the Association.

The Association has entered into a rental agreement for their premises on 1 January 2017 which terminates on 29 August 2019.

Future minimum lease payments under operating leases comprise:

Within one year	98,847	77,744
In more than one year but less than five years	24,519	104,914
	<u>\$123,366</u>	<u>\$182,658</u>



INDEPENDENT REVIEW REPORT

TO THE MEMBERS OF KARINYA HOUSE HOME FOR MOTHERS & BABIES INCORPORATED

ABN 19 764 870 539

Statement

Based on our review, which is not an audit, nothing has come to our attention that causes us to believe that the detailed income and expenditure statement of Karinya House Home for Mothers and Babies Incorporated (the association) for the year ended 30 June 2018 does not present fairly the financial performance of the association for the year then ended in accordance with the accounting policies adopted in the financial report of the association.

Scope of Review

We have reviewed the income and expenditure statement of the association for the year ended 30 June 2018. The management of the association are responsible for the preparation and presentation of the detailed income and expenditure statement and the information contained therein. We have performed a review of the detailed income and expenditure statement in order to state whether, on the basis of the procedures described, anything has come to our attention that would indicate that it is not presented fairly in accordance with the accounting policies adopted in the financial report of the association.

The detailed income and expenditure statement has been prepared for distribution to the members of the association. We disclaim any assumption of responsibility for any reliance on this review report or on the detailed income and expenditure statement to which it relates to any person other than the members of the association.

Our review has been conducted in accordance with Australian Auditing Standards applicable to review engagements. A review is limited primarily to inquiries of association personnel and analytical procedures and limited sample testing applied to the financial data. These procedures do not provide all the evidence that would be required in an audit, thus the level of assurance provided is less than given in an audit. We have not performed an audit on the detailed income and expenditure statement and, accordingly, we do not express an audit opinion.

Eric Hummer

Audit Director

ehummer@synergygroup.net.au

0407 486 637

29 October 2018

SYNERGY GROUP AUDIT PTY LTD

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Karinya House Home for Mothers & Babies Incorporated

Income and Expenditure Statement

FOR THE YEAR ENDED 30 JUNE 2018

	2018	2017
	\$	\$
Income		
Community and Corporate Partnership Donations	614,756	519,859
Fundraising Income	131,306	77,778
Interest Received	8,643	8,682
Membership Fees	1,064	1,198
ACT Government Funding	883,060	829,159
Fee for Service	57	10,592
Service User Contributions	39,463	38,912
Staff Contributions	1,989	1,617
Miscellaneous Income	18,328	9,777
Total Income	\$1,698,666	\$1,497,574
Expenses		
Administrative Expenses		
Administrative Expenses	8,687	9,371
Audit Fees	10,050	10,700
Accounting Services	15,337	15,218
Bank & eCommerce Fees	5,872	5,627
Memberships/Subscriptions	3,147	2,733
Miscellaneous Expenses	(5)	67
Postage & Freight	4,210	1,751
Printing & Stationery	8,187	8,513
Total Administrative Expenses	\$55,485	\$53,980
Insurances		
Directors Liability	1,916	1,679
Public Liability	3,121	3,102
Professional Indemnity	2,119	1,621
Composite Risks Property	1,053	1,090
Total Insurances	\$8,209	\$7,492
Fundraising Expenses		
Fundraising Event Expenses	64,426	40,136
Fundraising Merchandise Expenses	5,188	-
Marketing & eMedia	28,605	29,336
Total Fundraising Expenses	\$98,219	\$69,472
Motor Vehicle Expenses		
Petrol	8,464	6,800
Repairs & Maintenance	4,344	3,875
Insurance	3,867	2,565
Registration	3,759	4,815
Parking	176	23
Total Motor Vehicle Expenses	\$20,610	\$18,078

Karinya House Home for Mothers & Babies Incorporated

Income and Expenditure Statement (continued)

FOR THE YEAR ENDED 30 JUNE 2018

	2018	2017
	\$	\$
Service User Expenses		
Service User Support	7,670	6,477
Service User Programs	2,112	3,554
Service User Food & Household	19,207	17,678
Total Service User Expenses	\$28,989	\$27,709
Property and Equipment Expenses		
IT Comms Infrastructure Expenses	18,550	33,525
Loss on Disposal of Assets	-	444
Depreciation	31,200	26,740
Equipment Leasing	22,145	19,643
Electricity & Gas	9,686	16,291
Equipment Replacement	3,203	3,029
Rent Housing ACT	51,267	50,783
Project Development and Transition Costs	24,962	57,579
Repairs & Maintenance	6,537	3,425
Telephone	14,702	17,147
Waste Management	5,352	4,191
Total Property and Equipment Expenses	\$187,604	\$232,797
Volunteer Costs		
Volunteer Expenses	1,939	1,481
Voluntary Workers Insurance	697	694
Total Volunteer Costs	\$2,636	\$2,175
Staffing Costs		
Gross Wages	1,084,717	896,787
Accrued Leave Expense	4,566	12,040
Travel Allowance	2,065	2,626
First Aid Allowance	7,785	6,570
Long Service Leave Scheme	15,981	14,134
Paid Parental Leave	(4,708)	4,708
Superannuation GC	99,313	83,463
Workers Compensation Insurance	10,194	17,988
Staff Training and Recruitment	7,012	6,944
Staff Welfare	5,000	8,184
Total Staffing Costs	\$1,231,925	\$1,053,444
Total Expenses	\$1,633,677	\$1,465,147
Net Surplus / (Deficit)	\$64,989	\$32,427



karinyahouse.asn.au
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