



KARINYA HOUSE MERCHANDISE

KARINYA CAPS, CUPS AND OTHER FUN THINGS— HAVE YOU GOT YOURS?

It started with the **Karinya Caps**, mainly due to the Mercy Walk for Women fundraising event. We progressed to **Keep Cups**. The Australian Running Festival, a fundraising event, led us to Karinya **Running Singlets**. To balance out the Keep Cups, we ventured into **Drink Bottles**—that keep your water really cool, and hot drinks really hot! We also have a few packs of Karinya House **Christmas Cards**... if that is something you may be looking for.

ALL ITEMS ARE FOR SALE and spread the Karinya word as well as generate a small fundraising contribution to Karinya House. We think they look great and are great quality.

We thank our Corporate Partners, **Paddywack Promotional Products**, long-time Friends, who help us with fundraising promotional items, alongside their vital financial and in-kind corporate support.



HOW TO BUY YOUR KARINYA MERCH...

We do not have an online shop yet, but if you email us, or give us a call on **02 6259 8998**, we will work with you to supply the Karinya merchandise items you would like. We even have a package deal!

Keep Cups

12oz **\$20**

8oz **\$15**

Karinya Caps

(Black or White)

\$20 each

Karinya Singlets

(Limited Sizes)

Men and Women's

(Racing back for Women)

\$25 each

Karinya Drink Bottles

Teal, Blue, White or

Gunmetal Grey

\$20 each

Karinya Christmas Cards

Pack of 10

Donation welcome

Pic via instagram
@3degreescoffee

*All quotes and photographs used
in this report are used with consent.*

*Names have been changed to
protect the anonymity of those who
are supported by Karinya House.*

*Images throughout this report
may not relate to the stories and
content with which they appear.*

KARINYA HOUSE

An aboriginal word meaning 'peaceful home'

Karinya House proudly recognises the rights of Aboriginal and Torres Strait Islander peoples to own and control their cultures and pay our respect to these rights. Karinya House acknowledges the need to respect and encourage the diversity of Indigenous cultures and to respect Indigenous world views, lifestyles and customary laws. We extend our respect to Aboriginal and Torres Strait Islander peoples who for thousands of years have preserved the cultures and practices of their communities on country. This land was never surrendered, and we acknowledge that it always was and will continue to always be Aboriginal land.

This publication was prepared and published on Ngunnawal lands. Karinya House acknowledges the Aboriginal Nations on which we work and we pay our respects to Elders past, present and into the future.

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*Objects of Association are reproduced on our website
and available upon request.*

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HOME
HOPE
HORIZON

ABOUT KARINYA HOUSE

Every woman who is pregnant or has a new baby should be surrounded with the supports they need during this important time. However, not every woman has shelter, stability or support. Some may be at risk of violence, experience homelessness or be completely isolated.

For 22 years, Karinya House has provided immediate support for women who are pregnant or have new babies and have nowhere else to turn. We provide safe housing, casework, support during pregnancy and birth and connections to health, welfare, legal, educational and financial services.

To do this, Karinya House has a team of Caseworkers, Health Professionals, Client Support Workers and a purpose built safe accommodation facility, which is home for up to 11 women and their children who also require housing support. This casework team also support up to 40 women and their children in the community, at any one time. Karinya House relies on the community to donate 50% of the funding needed to provide vital services to women and their newborn babies.

Women and children who are supported by Karinya House go on to make a home, access education, gain employment and engage in their communities. The change that Karinya House creates is transformational and has a positive impact on future generations.

Karinya House is a community based, not for profit organisation servicing the ACT and surrounding regions. The service operates on a 24 hour, seven days a week basis and is located in the ACT. Karinya supports women from Canberra and surrounding regional areas. It is the only residential and outreach service specifically for pregnant and parenting women in the region. We offer a secure and caring environment for women who are pregnant, or parenting with newborn babies and who are without appropriate support and accommodation.

Our 24/7 support services incorporates casework management, with supported and transitional housing, group programs and practical support for pregnant women at any time before the birth of their baby and for up to three months after their baby is born. The Karinya House Practice Framework is based on individual case management with a co-developed case management plan of support and counselling for women which incorporates health and welfare services relating to childbirth, parenting, housing, life skills, continuing education, information and appropriate referral.

Karinya House offers safe accommodation for women, where required, emotional and practical support during and after pregnancy, as well as security and safety. Security may come in the form of financial support,

“The change that Karinya House creates is transformational and has a positive impact on future generations.”

accommodation or emotional security. For many women, Karinya House is the only source of support and care they have. Karinya House fosters a strong ethos of supporting others to make the best possible choice for themselves. Karinya is a non-religious, non-government and non-judgemental organisation. We assure our clients that no matter their situation, Karinya House is here to help without influence over their decisions. We are here to provide support and a safe place for women to determine their continuing journey.

HOME HOPE HORIZON

ABOUT THE ASSOCIATION

STRATEGIC FRAMEWORK

Guiding Principle

Karinya House affirms the value of every person.

Core Purpose

Karinya House provides support services for women during and after pregnancy.

VALUES

Respect and Appreciation

Through an attitude of self respect and respect for others we recognise the value of each person.

Compassion

Through compassion and empathy we reflect to clients their unique worth and affirm their self esteem and belief.

Commitment and Loyalty

Through shared commitment to the Guiding Principle, Core Purpose, Values, Outcomes and Objects of the Association, we reflect and practise the shared Vision of the Association.

Integrity

All processes and actions of the Association are conducted with integrity.

Trust and Confidentiality

Trust is maintained by upholding the principles of confidentiality and privacy.

Excellence in Management and Service Delivery

Sound governance, efficient, flexible and resourceful service delivery is practiced, striving for excellence in all actions.

Effective Collaboration and Community Development

Effective collaboration with each other, our service users, other services, community and government is valued in developing positive partnerships. We move forward with the community in determining and servicing its needs, acknowledging strengths and working towards improving outcomes for all.

OUTCOMES

The delivery of services and programs for women to:

OUTCOME 1:

Ensure equitable provision and availability of essential services to all service users. Ensure equal access and support for women who meet the service criteria, celebrating and valuing their differences.

OUTCOME 2:

Provide a place of sanctuary and community support. Provide a place of welcome and sanctuary, where individuals can gain support, strength and skills, to develop their capabilities and achieve their best as a valued part of the community.

OUTCOME 3:

Nurture the holistic wellbeing of individuals. Acknowledge an individual's circumstances and provide a framework of care that encompasses the whole person and their needs through service, or by appropriate referral.

OUTCOME 4:

Instil recognition of self worth. Acknowledge an individual's uniqueness and work with them to reach their potential through building self-knowledge and resilience.

OUTCOME 5:

Promote a culture of ongoing learning. Recognise personal growth from life's experiences and promote ongoing personal and professional development.

KARINYA 2018–19 LEADING TO FUTURE CHALLENGES

The financial year 2018–19 was, without doubt, our most complex and intense service delivery year. The year, like every year at Karinya House, was again one full of inspiring and courageous stories, fun and adventures, sadness and grief, joy and happiness.

During this most challenging of years for the Organisation we addressed questions of sustainability, both financial and operational.

However, as we are reminded of each day, it is the women we walk alongside who face up to the real challenges of life. They rise above and beyond their own expectations and the expectations of others (anecdotally). We know the strength and resilience and hope and courage ... the fabric of the lives and spirit of the women we walk alongside ... we never doubt and we, ourselves, are continuously challenged, as we live our own lives, and recognise privilege and structural inequities.

During the 2018–19 year, we provided support services to **285** distinct persons. We walked alongside **229** women. Incidentally, we also provided support services to one partner. We also supported 55 babies. Even though they are all the cutest little beings, we don't



count all of our women's babies as supported persons, only those who we are fortunate enough to have in residence at Karinya House, those who come to the Group Program with their mums and babies who in other ways receive direct support or respite care. Across these 285 persons we provided 353 support periods. Some being provided more than one support period within the 12 month period. For 29 women, their support services included a period of residential placement at Karinya House.

Support services to around 40 women at any one time are funded in part through the **Specialist Homelessness Services Program** delivered by the Australian Government, through and in conjunction with the ACT Government. This funding supports services to 19 women at any one time (7 in residence and 12 within the community).

41 of the women were supported more intensely as part of the Mother and Baby Unit at Karinya House, which is in part funded through the ACT Government's **"A Step up for our Kids Policy"** framework. This funding supports services to 4 women at any one time (with Care and Protection services), for a throughput of 14 per annum.

WE ARE KARINYA

After explaining the work of Karinya House to our new marketing supporters from the team at **180 Degree Marketing**, they delivered a concept video series entitled, *"We are...."*.

This series of videos opens with the comment...

For most women, pregnancy is a journey taken with the support of their families, their mother, partner, sister, friend... for the women of Karinya, there is little or no support or recognition.

The series provides vision of pregnant and newly parenting women being supported by their Partner, their Mother, their Friend, their Sister... this is the village of support Karinya House tries to be in the lives of the women with little or no support at a critical time in their lives. We are there for the women we walk alongside, for the journey they determine to take.

You can find the 'We are' series on the **Playlists** section of our **YouTube** page...
CLICK HERE

**“We have wonderful friends
in the community supporting
these lives in transition,
but we do need to grow the
Karinya Village of support.”**

Our services continue to extend to women who are resident within the Alexander Maconochie Centre. We have then continued to support a number of women who have exited from AMC and reside for a period at Karinya House.

Every day we are inspired

All women supported through Karinya House co-develop their case management plan and their goals, alongside their casework team. Each woman is supported by two Caseworkers, Health Professionals and Client Support Workers, ensuring continuity of care. As Genevieve Jacobs described so beautifully in a recent article in **The RiotACT**, “Karinya’s work is overwhelmingly people based.”

It is evident from an analysis of the above detail, that support services to a significant proportion of the women we walk alongside each year, are funded by our community—our major funding partners, community, corporate and philanthropic donors.

As an organisation, which is substantially funded by non-government funding, 2018–19 has brought some sharp focus on financial sustainability. Community funding—from individuals, families, corporate partners, philanthropic bodies and fundraising—is very important for us. We believe this community of support speaks to the women we are supporting. It tells them they are recognised and supported by the community in which they live, the people in this town, in our region, recognise them. They matter.

Over the 2018–19 financial year, our community funding amounted to \$645,339. In addition, Volunteers provided \$397,500 of service (valued at \$60 per hour). The total community and Volunteer service value, \$1,042,839 represents 50% of operating revenue. The 2018–19 financial year however, resulted in an operating loss of \$(78,910).

Our practice model means that Karinya’s main operating costs are Staffing. Karinya’s services are operating at capacity since moving into our expanded new Home in 2016. The support of the Canberra and Region community, for the women we walk alongside, the babies and the children, has a huge impact on their future. With this support, we witness women using their own knowledge, learnings and wisdom to negotiate their current situation and change it as they would determine. We have wonderful friends in the community supporting these lives in transition, but we do need to grow the Karinya Village of support.

The Committee have turned their minds, hearts and collective wisdom to the challenges being faced by Karinya House and have taken a number of steps over the past financial year to seek to address the questions of sustainability.

We began with seeking some funding support from one of our Corporate Partners, **The Riverview Group**. With their support, in August 2018 we sought to engage the wonderful Caterina Giorgi of **For Purpose**, a Canberra based organisation who “work with not-for-profit and purposeful organisations

to build their strategic, advocacy and communications capacity to create change.” Following acceptance of Caterina’s Sustainable Strategy proposal, the project began in October 2018. The final report, The Funding Development Report was presented in April 2019 to the Committee and Executive Staff.

The project and the final report highlighted the clear need for Karinya House to strengthen the messaging about what we do, as well as to ensure a consistent narrative across all external funding development activities.

In order to support the narrative, it was further recommended we undertake a project to better understand and explain the cost of our services moving forward. This would support future negotiation and discussions with government and non-government funding bodies alike, as well as support our appeal from the wider community of individuals and families.

Current messaging has been determined and shared with the Karinya Committee and Staff, and we are slowly implementing the narrative across all publications. Karinya also successfully tendered for a funding grant from the **Prosser Foundation**, to fund a costing project. **Chris Nightingale Consulting** were engaged following a competitive tender process. Chris, and project partner, Mark Lewington are progressing this project in line with the timeline. The final project report is expected in November 2019. Insights gained through the progress of this project have already



Easter at Karinya

p19

been beneficial. It is anticipated this work will also support Karinya House navigate the changing government funding landscape currently under development for implementation from July 2021.

Karinya House needs to broaden our funding base. We have a marvellous Village, an inspiring Giving Circle around us. We have had this Village since before we opened our doors 22 years ago. Karinya House has grown and developed over that time, and we need our Village to grow with us. Our current Corporate Partners continue to support and champion us, along with all our current Friends. We do need new Friends and new Partners. Working with small business also, who are aligned with our values, where some form of borrowed social enterprise can be developed, such as our relationship with local small business, **Sharwood Hampers**. A percentage of every hamper sold by Sharwood is donated to Karinya House. This new business is expanding and the next annual donation is by all accounts at least triple the first business year donation.

There are many things to ponder as we move forward into 2019–20 in regard to sustainability. We know the call on our Canberra and Region community is constant, not just from Karinya House. We are humbled by the generosity of all our Friends and Partners, and the continued support of our ACT Government.

Outside of the musings about sustainability, and the most important care and support for the women we continue to walk alongside each and every day, we also enjoyed the fabric of all that is the life of Karinya. The operational highlights of the 2018–19 year were many and varied, beyond the amazing journeys of the women we walk alongside. Celebrations and fundraising events, and other support from the most amazing myriad of people supported the work of the every day, and as we say so often, this support speaks of respect and recognition.

Before we get into the fundraising events and details of our community support, we would like to acknowledge Major Funding Partners, **The Snow Foundation**

and the **Canberra Southern Cross Club**. The Major Grant from The Snow Foundation, together with the financial funding from our Key Community Partnership with the Canberra Southern Cross Club, fund the engagement of a Caseworker and related costs of the Karinya Group Program, which is co-ordinated by the Caseworker. Karinya House Groups are held in a designated area in another community building adjunct to the Karinya facility at minimal cost. The area is also used for other playgroups and is thus appropriately fitted out to accommodate the Group Program, food preparation and child minding. This program is facilitated by Nichola Crisp, Caseworker with the assistance of Nailah Rockic, a Client Support Worker and a number of Volunteers. The Group Program is run on a weekly basis (42–44 weeks of the year) and includes transport from Belconnen, a nutritious lunch and childcare. The Caseworker Group Facilitator arranges the program in such a way that there is a good range of educational, health related, art and craft and

“We are humbled by the generosity of all our Friends and Partners, and the continued support of our ACT Government.”

social activities. Underlying the program is the critical need that our women have, to connect with each other due to isolation and social disadvantage. The positive outcomes are immeasurable, and women move on to create new lives, safe and positive relationships and lifelong friendships.

We also thank the **Canberra Southern Cross Club**, for the provision of significant in kind support (through waiver or discount of event costs, promotion support and the like). The Club has supported innovative ways of increasing support for Karinya House during the Key Community Partner relationship and we greatly value their thoughtful approach. Both the Canberra Southern Cross Club and The Snow Foundation have been long term funding partners of Karinya House. We thank them for their continued partnership, and their commitment to supporting women through the services of Karinya House. They are valued Friends and Champions.

Karinya House has been privileged to have the support of **Icon Water** in a three-year partnership from 1 May 2016 through to 30 April 2019. We were very pleased and honoured to announce that Icon Water confirmed the partnership with Karinya House would continue for another three years from 1 July 2019 to 30 June 2022. The funding from Icon Water, is critical to us. This funding supports key service delivery costs. The funding of direct service delivery costs for a community service organisation is so very welcome, and quite unusual.

Icon Water provides infrastructure services to our community, and their funding for Karinya House, recognises that our provision of individual, woman centric, casework support includes infrastructure support costs. These costs include: service vehicles to support outreach services and service related transport; telecommunications costs for calls to and from women or other collaborative services that occur all day, every day; costs of providing supported and transitional housing for women; brokerage costs to support women who have little or no income to cover personal care costs. This infrastructure is critical to support our team of Caseworkers, Health Professionals and Client Support Workers to be what is needed for women we walk alongside each and every day.

We thank all our financial donors. Every single donation makes a difference. Major Corporate Financial Donors are significant to us in sustaining direct support services and we thank **Corkhill Bros, The Riverview Group, Farrar Gesini Dunn, Chadwick Designs, Clarke Keller, FSW, Michaela Arnott Foundation, Doc Ross Foundation, Life Unlimited Church and Successful Alliances.**

We especially thank **Monarch Building Solutions** and **Harvey Norman Commercial** who continue to provide the monthly Home Starter Appliance Packs (valued over \$2,000 each). Monarch also provide a tradesman every quarter to handle a list of maintenance tasks. They also assist with more significant property improvement projects



Rotary Clubs

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Frankie's Fete

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Coins for Karinya

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The ShowRoom

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"You told me that I could think of Karinya House as my family, and that's exactly what I do. You're always there for me and my baby."

Our Services—The Stories p27

that arise. We thank electrician, **Michael Arena**, who does all our test and tag work without charge, and the companies he has worked for who have supported his time and also supported any additional electrical work or parts at pro-bono rates. **Canberra Montessori School** continue to offer free places for up to two children in their Parent Toddler Program, for women who are able to take advantage of this offer. **Farrar Gesini Dunn** and **Phoebe Ryan** from **Elringtons** provide pro bono legal services when they are required by women we are supporting.

We also take this opportunity to thank **OzHarvest Canberra**, who provide a weekly food delivery to Karinya House, always including fresh fruit and vegetables, as well as many other fresh foods. Not to mention the eggs. In addition, our wonderful local **Rotary Clubs** (Group 5 and friends) who stock our pantry each month with our staple non-perishables, as well as lots of other thoughtful gifts.

A word about **Roundabout Canberra** who have continued to become such a key resource to us and so many other women and family services. It makes a great difference to our casework time allocation, to be able to call and collect baby/children's goods packs from Roundabout Canberra rather than have to put them together ourselves as we used to do. And Roundabout can accept so much more material support from the Canberra community and repackage for repurpose. Fantastic. We congratulate founder

Hannah Andrevski and her team who have led this organisation to greater heights.

Together, these in kind or pro bono contributions make a significant difference to actual cash outgoings, if we had to fund the holistic case management service support we provide each and every one of the women we walk alongside. Faithful friends... among the many, many loyal and committed friends we have.

There are many organisations and community groups who choose to fundraise for Karinya House, or who have a donation box at their workplace. Thank you so very much. These events and the donation boxes raise awareness and speak with respect and recognition. We thank you all.

Moving on to the events of the year, we will note that there is more extensive information about events and Karinya happenings on our website (under News) or via our Social Media channels. We also communicate monthly via eNewsletter, and through our half-yearly print and post newsletters. If you want to keep up to date, the best place is your preferred social media channel or our website. It is always nice though to share a few of the highlights here in our Annual Report.

The year got off to a flying start with thanks to one of the best stories. **"Frankie's Fete"** was held on July 1st to raise funds for 2 charities, one being Karinya House. and it was a great success. Frankie was only 7 at the time and chose to support Karinya because she loves babies

and wanted to make sure that they and their mums get all the help they need. It was held in the backyard in the afternoon and there was a jumping castle, cake and sweet stall, sausages in bread, guess the jelly beans in the jar comp, plus second hand books and toys for sale. Frankie raised \$100.15 for Karinya on the actual day and with extra donations plus lots of online donations—the total raised was \$660. We can tell you that young Frankie, her folks, family and friends have a big fan base here at Karinya.

August brought us the Ladies of Lifting, a competition event held at **Burley Strength**. Funds raised through this event in 2018 were donated to Karinya House. It was an outstanding and inspiring event, and our own Jane, one of our Caseworkers participated, getting a personal best. We valued being supported by this special event. We introduced you to Burley Strength last year, and the wonderful power lifting program is now part of Karinya House services, due to this ongoing partnership with owner





Mercy Walk for Women

John Sheridan. Team member, Jess Gilbert, has been taking some of our mums for weekly powerlifting sessions since the program began. Jess provides the training freely, and John donates the weekly use of the gym and equipment for the training sessions. During the 2018–19 Financial Year, Owner John and Trainer Jess supported 33 weekly sessions for the Karinya House Powerlifting Program. 10 Women participated, with 7 babies variously being looked after by our fabulous Volunteer Vicki and cheering on their Mums. The In-Kind Value of the Karinya House Power Lifting Program for 2018–19 was \$4,950. The intangible value and benefits of this gift is just priceless. Thank you.

We kicked off Coins for Karinya again on 1 September 2018, and there were a number of our Corporate Partners who got into the spirit of making coin containers and collecting the loose change. **Sharwood Hampers, Monarch Building Solutions, Farrar Gesini Dunn, CCS Group, F1 Solutions, Successful Alliances**, and all of the **Canberra Southern Cross Club** venues joined in the fun. In the end the Sharwood Hamper for the

most coins went to Diedre. It was our best collection of coin collections yet.

Merici College hosted their annual Bridge Benefit Fundraising Dinner on 15 September. In its fourth year of running, this student-led initiative brings the community together to support a selected organisation while showcasing the wonderful hospitality talents of the students.

The event raised over \$5,000. In attendance on the night was Committee Treasurer, Kathleen with her husband, Brendon, Property Manager and Senior Caseworker, Luisa and also Committee Member, Amanda and husband, James. Amanda spoke at the dinner about the work of Karinya House in the community. The Karinya House—20 Years of Service video was also shown. Kathleen and Brendon's reflection of the event below captures the success of the night.

We were so impressed by the dinner put on at Merici, it wasn't just good food, it was excellent restaurant quality food. Everyone had a fantastic night and it was lovely to see such wonderful community support for Karinya. –Kathleen and Brendon

The sixth **Mercy Walk for Women** was held on 23 September 2018. It was another great day with over 100 women walking the 23 kilometres from Boorowa to Galong. How awesome are the organising committee of the fabulous Mercy Walk for Women, headed by Teena and Dermot McGrath. Together with registration fees and online donations, as well as proceeds from sales of those fabulous Karinya drink bottles and caps, the total funds raised from the day was \$10,250. We extend our thanks to the **Boorowa Hotel, Taylors Buses Boorowa**, Jack (the support bus driver), the Portaloo Drivers, **St Joseph's Primary School**, Steven and Megan and their property "Fairmeadows", Morning Tea bakers and makers, **OzHarvest Canberra** ... and all involved. Thank you to the walkers and their donors and sponsors and all involved in this great, spirit filled day.

We were chuffed to be supported by the always surprising **Budding Theatre**, who in September ran the Feminist Theatre Festival. Profits from ticket sales were shared between Karinya House and one

"The wonderful Staff at Karinya House helped not only with my pregnancy and birth but also in reinstalling some of the confidence I had lost."

Our Services—The Stories p30

of our wonderful service partners, Domestic Violence Crisis Service. Kristy Budding is an inspiring woman, and Budding Theatre also supported our annual Mother's Day Gala Dinner.

Another theatre connection came from **Charlie Wan**. Charlie's company, Little Black Jacket Productions and a collective of Canberra locals brought an innovative new performance called S.A.D to the Canberra Theatre Centre. This was part of Mental Health Month (October 2018). Charlie also contacted Karinya House at this time, and since then Charlie has been a regular presenter at group, sharing the gift of free dance for mindfulness.

Karinya House also participated in **Mental Health Month**. Over three

weeks in Mental Health Month, Karinya House offered Drumming for Mindfulness workshops for the women we are supporting. These workshops were attended by a total of 9 women and 8 children who really enjoyed the experience. Here is what they had to say:

Mummy can I come to drumming next week that was so much fun!

We liked drumming and Tim even went to sleep in all the noise.

It was a nice chance to meet some of the other Karinya mums.

It was good to get out of the house and do something different.

We are very grateful to the **Mental Health Community Coalition of the ACT** who supported this event, as well as to our wonderful Volunteers

who provided their time to assist with babysitting and preparing food, and to the **Mosaic Baptist Church** who provided a beautiful venue for the events.

Drumming is a form of mindfulness meditation. This event promoted the importance of looking after mental wellbeing for all people. The event provided a safe and supported opportunity for women to have fun, take part in an activity that supports their wellbeing, and build connections with one another.

Karinya House has a special focus on **#HealthierWorkDay** in October 2018. As a follow up to our engagement with this initiative from **Healthier Work ACT**, we are very pleased to announce that Karinya House has been formally recognised by Healthier Work



#HealthierWorkDay

ACT for our commitment to creating a healthier workplace for our Staff. We also had our "Healthier Work Day" image featured on a few Action Buses, and possibly remaining until October 2019. On top of this fantastic achievement, the image was also chosen to appear on the front cover of Healthier Work ACT's Case Studies Book for this year. The 2018–19 Healthier Work Case Study Book was launched by Rachel Stephen-Smith MLA at Healthier Work ACT's networking breakfast at University of Canberra.

In October we had a visit from **Sarah Brown**, CEO, **The Purple House** (Northern Territory). We have a wonderful relationship with Sarah, thanks to our mutual friends at the Rotary Club of Belconnen. Sarah delivered two more beautiful indigenous artworks. One of the artworks, by Sarah herself, depicts the Ernabella community in South Australia, where the Purple House are currently building their first dialysis unit is this State. Sarah says of the artwork that she "has been having fun playing with skies and clouds." The other artwork donated by Phil Price, is by the artist Eddie Janama and depicts the country and night sky on Wave Hill Station in the Northern Territory. The main elements of the artwork are Rain, Goanna and Fire. Eddie's Grandmother was born at Cattle Creek on Wave Hill station. We are simply thrilled to have these two additional artworks here at Karinya House. As wished by the donors, we do know they are enjoyed by our resident and visiting guests, as well as the Karinya Team.



Farrar Gesini Dunn continue to surprise us. The support from the FGD team is just ever present. As our partnership develops, support from FGD is coming in many different ways including pro bono services for the women we walk alongside and valued advice for the Caseworkers. The annual Charity Golf Day was held on Thursday 11 October 2018, raising even more than last year. The result was quite overwhelming. The charity golf day raised \$15,000 and before the Karinya Team picked up the donation at FGD, one of FGD's generous clients decided to personally donate \$2,000 on top of the \$15,000. To quote from FGD's blog post, "Yesterday, we had a really lovely moment in the FGD Canberra Office. We had the opportunity to present our friends from Karinya House with a \$17,000 donation thanks to our FGD community." We thank all our partners and friends, and we especially thank FGD for their valued partnership with us. We also thank all the event sponsors and participants who contributed to this amazing investment in the lives of some inspiring and courageous women in our community. One of the aspects of our relationship with FGD that we do especially value is their affirming and understanding contact with us. Just that presence of support and participation in

fundraising ventures, like the Gala, Coins for Karinya or the FGD movie night, as well as discovering other mutual connections between FGD and other Karinya Partners. It is their walking alongside of us as we walk alongside others. In many senses these things are similar across many of our funding partnerships.

During October, we enjoyed a delightful visit from Janette Wojtaszak and her daughter Luna. Janette and Luna visited Karinya House with Committee President Sarah Kelly. Janette has long been aware of Sarah's work and passion for Karinya House, and following the birth of Luna, wanted to take some time to come and see Karinya House and chat about the service and support we provide to other women in our Canberra and Region community at the time of pregnancy and beyond. The visit has resulted in a wonderful blog post on Janette's website, her eclectic fashion, beauty and lifestyle blog, **The Statement Life**. Thank you Janette, for your words of support and for sharing your experience of Karinya House in our community. Through some fun collaborations over Christmas, Janette championed awareness and some donor support for Karinya House. We thank Anchor and Arrow Baby and The Goods for their Christmas collaborations with Jeanette in support of Karinya.

Rounding off October, Karinya House was supported by Music and Midday hosted at the **Canberra Theatre Centre**, and featuring the very entertaining Royal Military College Duntroon Band. This is always a great event, with two concerts at 11.00am and 12.30am. The event is also supported by the **Canberra Labor Club**.

The 2018 Annual General Meeting was held on 20 November 2018. With sadness we farewelled dear Rod Frazer and also Matt Casey. Rod has been associated with Karinya House since the very beginning. He is a dear Friend, and we were sorry to lose his wise counsel, due to ill health. Matt had been on the Committee also for several years, providing support in many ways. Whilst leaving the Committee due to changing work commitments, Matt remains a Friend and Support of Karinya House. We thank both Rod and Matt for their services on the Karinya House Committee. We were pleased to welcome Maureen Sheehan to the Committee. Maureen brought a wealth of experience as well as historical knowledge of Karinya House from its inception. Maureen was critical in the completion of the successful funding application to the Prosser Foundation mentioned earlier in this report. Sadly, Maureen has been unable to continue on the Committee due to other arising commitments.

Late in November we had the 'Green Dot' team from **Deloitte Canberra** come and visit for the day. In November each year, thousands of Deloitte employees across the

globe make an impact that matters spending the day volunteering with local charities. This day is known as Impact Day and this year, Deloitte Impact Day celebrates 50 years of positive impact on society. We were fortunate enough to have 12 Deloitte Canberra employees on site to assist us for half a day. We had incredible assistance assembling furniture, the garage was cleaned out, and all our items were sorted into piles for the 2019 Karinya House Christmas Hampers. The hard work and dedication of Deloitte employees to assist us was incredible. We were pleasantly surprised that they were able to achieve so much. Karinya House Property Manager and Senior Caseworker, Luisa Lopes, was very happy with the assistance from Deloitte. Luisa said, "The garage especially looks so clean and tidy. It's amazing!"

We were very fortunate to receive a grant from the **John James Foundation** in November 2018. The grant was to fund the purchase of a hospital grade electronic breast pump to assist with establishing and maintaining breast feeding. In addition the grant funded the purchase of 50 baby first aid kits to be given to women establishing independent homes with their new babies, and also women living in independent residences at Karinya House. Thank you so much to the Trustees of the John James Foundation for this support and the support they give to our Canberra community.

The Christmas and holiday period at Karinya House was another absolutely joyous season as



Deloitte 'Green Dot'

"So many people were part of the Karinya fabric over the Christmas season and we welcome and thank each and every one of you"



John James Foundation

"I have been a Volunteer at Karinya House for two years now. The most rewarding part is seeing some bright little faces and knowing I am making a difference to helping our women..."

Our Services—The Stories p26

always with love, care and support shown to us by our community over this special time of year. We thank you all for your many gifts, donations and contributions of time and talents. So many people were part of the Karinya fabric over the Christmas season and we welcome and thank each and every one of you. One of our Caseworkers shared a bit of a Christmas Story, which was very generously animated as well by **Jaeger Vallejera**. You can view the animation and the story on our website:

karinyahouse.asn.au/a-karinya-christmas-story

At Christmas time we also received the annual fundraising efforts from **St Clare's College Canberra**. The ladies are always amazing with their innovate social justice program, and Committee President Sarah Kelly is thrilled to attend the presentation of funds to all the recipient charities. The gentlemen from the Junior School, **St Edmunds College Canberra**, under the guidance of Ms Cusack, also finalise their annual support of Karinya House with hamper deliveries and other fundraising events that continue throughout the year. **Marist College** got in on the Christmas Spirit also, supporting Karinya House through their Community Carols event in December. Scorpius House at **Gunghalin College** over the course of the year raised funds for Karinya House and combined the cheque presentation with gifts of Christmas Stockings and presents for Mums and babies. Just awesome. We so love all our school community partners.



Karinya Christmas

We are inspired by the social commitment of the young adults in our community.

As well as our fundraising Christmas Appeal, which is so critical to sustaining the services we provide, we were very fortunate to be supported with Christmas Gift Appeals by community and corporate partners, who were collecting gifts and gift cards to contribute to Christmas Hampers. We distributed 36 Christmas Hampers to the women and their families we were walking alongside over Christmas 2018. The gifts and hampers mean so much and are always received with great excitement and at times an overwhelming sense of village support. So we thank you all for contributing during this special time of year.

We generally do receive more gifts and gift cards that we need to distribute at Christmas time. We use any excess either to support women in the care of other services, or for those special occasions in the lives of the women we support through

the year ahead. We extend our sincere thanks to the communities of: **Pacific Suites, Calvary Hospital Maternity Services, St Edmund's College, Club Lime, Caps Clinic, Wombats Playschool, LJ Hooker Canberra Region with Givit Canberra, The Canberra Times, Big W—Majura Park** (Gift Wrapping Station—Gold Coin Donations), **Performance Edge Physiotherapy** and **Snap Fitness Fyshwick**. We also received gifts from **Wax Monkey, Canberra Quilters, Chadwick Designs** and **Cloth and Paper Studios** (\$20 for each Christmas Card they sent to their clients and business colleagues), **CCS Group, Dickson Baptist Group, Hakimi Trust, Luxe and Beau, Good 360** with **Big W** (an iMax full of gifts), **For Purpose** and **Missionheart Community**. We were so well supported with gift and gift card collections. This is such a warm and vibrant time of year and it envelopes the women and families we are walking alongside or have come to know over times past. We thank all these Corporate and Community partners for their gifts and support. We also thank the other individual

The extraordinary women we walk alongside wanted to share their thoughts on our Christmas celebration...

"What a fantastic morning! My boys loved seeing Santa and receiving some gifts and yummy food."

"Thank you thank you thank you—I just love being part of this organisation. I feel so supported at this time."

"My family and I are so grateful. We have had a tough year—my baby got to see Santa, it was so special."

and family Friends of Karinya, who just popped in with gifts. It seemed every day there was someone at the door during December. It is a busy time of year at Karinya. Our sincere thanks to the talented and generous **Stephanie Corkhill-Hyles**, who again provided a beautiful artwork to support our best wishes of love and kindness this Christmas to you all, our Village.

Santa did come to visit....

"It's not what's under the Christmas Tree that matters, it's who are around it." –Charlie Brown.

This is what comes to mind not only when looking back on the wonderful time we had at the Karinya House Christmas party just before Christmas 2018, but also on the journey of this past year. Karinya provides life changing support to women, children and families each and every day of year, including Christmas Day. Women seek the help and support of Karinya House for many different reasons. Every woman has a story and every story is unique. The Christmas party is a time where we especially get to celebrate this. It was a fantastic celebration as it is, each year, celebrating with

many mums we have supported in the past as well as new women to Karinya. There were many smiles, delicious food, a special visit from Santa, and of course, one of the best gifts of all—precious time spent with mum and bub.

In January we had a visit from Sharon of **Sharwood Hampers**. This wonderful local small business was not long established, and had contacted Karinya House to express interest in a partnership, whereby a portion of the sale of every hamper is donated to Karinya House. The first annual donation came in January and it was a very pleasant surprise. Sharon also tells us that with business increasing every day, the donation expected for the 2019 calendar year, will be possibly triple the first year of sales. We congratulate Sharon on the growth of her local business, Gift Hampers sourcing the finest of all local products and produce, and the social enterprise aspect of her business which supports women in our local community.

Axis Hairdressing surprised us in February with a fundraising event held at their salon. The event promotion read as follows: "At Axis

Hairdressing we believe that it is the responsibility of all local businesses that are in the position to do so, to give back to those in need in our community. Not all families enjoy a relaxed and carefree Christmas and New Year holiday break. Many struggle greatly at this time of year. Dedicated to giving back to those in our local area who are in need of an extra helping hand, we are excited to begin 2019 fundraising to support Karinya House and women and families in our local area, in need of our support. We encourage our AXIS clients and friends to dig deep and donate to this incredible cause." The event raised \$3,000 for which we were very grateful. Committee President Sarah Kelly attended the event.

Karinya House was very pleased and excited to join The Creative Home Show held on 2–3 March 2019, as the Charity Partner for this inaugural event. We extend our gratitude to **The ShowRoom** for this partnership opportunity, which was introduced by our good friend, Belle Chadwick from Chadwick Designs. The ShowRoom brought together creative and innovative professionals; from builders to architects, interior design experts, artists and furniture designers. The ShowRoom connected people—to experience, network and discover. We were thrilled to discover that there were quite a few Karinya Corporate Partners and event supporters who participated in this event as exhibitors. It was also a chance to network and make new Friends such as Joy Smithers from **Batch Ceramics**. The importance of a safe and secure home, and the peace



Rotary Clubs

that comes from creating your space to live, is valued here at Karinya. The synergy of being asked to be the Charity Partner with this wonderful creative collaboration—which is all about sustainable and creative methods—of creating “Home” was wonderful for us. Our sincere thanks to Mel and Kate for their warm welcome at the inaugural Creative Canberra Home Show. It was a fabulous weekend. The result for Karinya House was funding support of \$3,000 plus quite a few “Trade” contacts who have been providing in kind support. Special thanks to our Corporate Partner and Friends, **Paddywack Promotional Products**, who designed and provided the fabulous KH Polo Shirts.

On 8 March, some of the team had the great pleasure of attending a Rotary fundraising event, Jazz at **Annie's Armadillo's Café**. Organised

by the **Rotary Club of Aurora Gungahlin**, this fabulous fundraising event supports both Karinya House and Home in Queanbeyan. It was a great night with sparkling entertainment. All the Jazz legends (and there were a few legends) were true entertainers. We all have a soft spot for the fabulous Annie. Whilst we are speaking about Rotary, there really is so much to say. The Rotary Clubs local to Karinya House have continued to play tag team with financial and inkind support for the whole of 2018–19. As we said previously, it really is the definition of The Rotary Friendship Wheel. The Rotary Clubs “Pantry Project” is continuing into 2019–20. A very effective practical assistance partnership, initiated in March 2018 by the Rotary Club of Aurora Gungahlin, and extended beyond the Group 5 Rotary Clubs.

The Group 5 Rotary Clubs are **Rotary Club of Aurora Gungahlin**, **Rotary Club of Ginninderra**, **Rotaract UC**, **Rotary Club of Yass**, **Rotary Club of Gungahlin** and **Rotary Club of Hall**.

The wonderful **Rotary Club of Belconnen** has also become involved, as well as other individuals, a book club and other groups who have heard about the initiative and participated by dropping off items to the collection points, as have many Rotarians individually. This partnership means so much in so many ways. It speaks of collaboration, respect, recognition and care. The village spanning across areas of our Canberra Region and beyond. It also makes a difference to us financially, as the monthly pantry contributions—which go far beyond the pantry at times—reduce our direct financial expense in this area of support. Each monthly gift would average around \$300–400 in value. Sometimes the collections will include Gift Vouchers (Coles/Woolworths etc) which are very helpful to provide direct support to individual women. Or there are household items such as dinner sets or the like that seem to come just in time to go with a woman who is exiting to her new home. The deliveries come in a flurry of joy and good spirit ... and they lift our spirits too. We thank all our Rotarian Friends. You are indeed a very important part of the Karinya Village. Always inspiring. Images below are of some Rotary deliveries in past months.

We are fortunate to have a small outdoor area near our main Casework/Administration Building.

This area is for visitors and Staff. With funding support from the **Lions Club of Belconnen** in March 2019, we were able to purchase a wonderful outdoor dining setting as well as some play equipment (for the smaller visitors). These are great additions to this space. Our next aim, when the weather cools down is to add some lovely outdoor pots and plants. We already have a shaded area thanks to that fabulous team at **Monarch Building Solutions**, who fully donated and constructed the fixed pergola not long after we first moved in. Thank you to the Members of the Lions Club of Belconnen for their ongoing support of Karinya House.

Canberra Southern Cross Club's annual Chef's Signature Dinner was held on Friday 15 March 2019. Karinya House is pleased to support this event each year, which

celebrates the talents of the some of the Club's very fine Chefs. Some of the Karinya Staff Team attended and enjoyed a beautiful four course meal with matched fine wines and the entertainment of Björn Again, playing the hits of ABBA. We would like to extend our congratulations to our Key Community and long-term Partner, Canberra Southern Cross Club for such a fabulous celebration. The team were so happy to be part of it and grateful to the Committee for supporting their attendance. Canberra Southern Cross Club introduced a number of fundraising initiatives to support Karinya House during 2018–19. One of our donation tap points was located at the Jamison Club venue, and is now located at the Woden Club venue. In addition, the Club donated \$2 to Karinya House from every "magic pudding" dessert sold across all Clubs during Winter.

"We really can't thank Alex enough for all he has done. Anyone who has seen our gardens at Karinya House knows the extent of Alex's talent and skill and his outstanding dedication."

As Winter runs into 2019–20, more on that in next year's report. We value our long standing partnership with the Canberra Southern Cross Club and Club Members. You are part of our village supporting some inspiring women in our community during times of crisis.

April 2019 saw us bid a very fond farewell (and a little sad) as we said thank you to Alex Garrett, our extraordinary and wonderful gardener. Alex joined us when we were living in the suburbs, firstly in one house known as Karinya House. Alex then began looking after the gardens of our second house, Erin House, as well. Alex moved with us when we moved to where we are now. It is a much more extensive complex, and beyond the initial landscaping (into which Alex had some input), Alex has continued to develop the grounds and gardens which are now a living and vibrant expanse of colour and textures, bringing great joy to all who live, work and visit at Karinya House. We really can't thank Alex enough for all he has done. Anyone who has seen our gardens at Karinya House knows the extent of Alex's talent and skill and his outstanding dedication. We do wish Alex and his wife Louise, all the very best, as Alex finally hangs up the Karinya Boots. We will miss you Alex, and not just for your gardening. You are a true gentleman. In farewelling Alex, we were thankful to also welcome Kevin Stone and Wayne Goodman who will continue Alex's role as our Volunteer gardeners. Thank you both for joining the Karinya family.



Alex Garrett and Kevin Stone



Mother's Day Gala Dinner

Easter 2019 was in April and is another special time at Karinya House. We had so many joyful stories and acts of kindness. Katie and the team at **Tuggeranong F45 Training** organised for all centres in Canberra to accept donations from their clients. We received many chocolate eggs and bunnies as well as some toiletries to gift the women we walk alongside. Ashley Markovic is an individual supporter who runs a cake decorating business **Simply the Sweetest**. She donated 20 gift baskets full of assorted Easter chocolates. So heartwarming. The women we walk alongside enjoyed a fantastic Easter Egg Hunt with their little ones. There was so much chocolate thanks to F45 Training and Ashley, and this made our Easter egg-stra special. On top of that, we were absolutely spoilt with Easter treats gifted by the women we support. From delicious homemade treats to many, many chocolates... we enjoyed every delicious sweet and we are so touched and grateful to the women for making us smile even more. A shout out for the **Cookies for Care** also. We would like to recognise all Karinya House Staff who worked over the Easter period—every shift, every hour of every day. Our thanks to all who provided ample Easter joy to share. How simply fantastic. We are often humbled here at Karinya, and often many times during each day.

April also saw another MacBook Donation from **MBK Upcycle**. Shane, Kaz and Allie are the MBK Upcycle Team. They resurrect old MacBooks and donate them to people who need them. Often through a Not for Profit Organisation, like us or through Givit Canberra. Their donations even spread to New Zealand. If you don't know this great local team, check them out on Social Media. If you are a MacBook user, and looking to upgrade, give your old MacBook to MBK Upcycle. They will resurrect it and donate it. As simple as that.

May is always THE MONTH of the year at Karinya. To everyone who supported the 2019 Mother's Day Gala Dinner, our Mother's Day Appeal, Mother's Day itself and so many other Mother's Day fundraisers and gifts... a sincere thank you.

May would not be complete without the Annual Mother's Day Gala Dinner. It is wonderful to have so many Karinya Friends gathered for a night of celebration. It was a great evening, as always in good spirit. Our Emcee, Committee Member **Amanda Toms**, was excellent. A word of thanks to Katey Johnstone from **180 Degree Marketing**, who introduced our video series, Karinya Volunteer, **Heather Evert** who shared about her Karinya journey

and Corporate Partner, Karen Porter, Owner of **Solace Creations** who also shared her reasons for partnering with Karinya House. The catering from the **Canberra Southern Cross Club**, our generous hosts, was delicious and beautifully presented as always. The Chef and kitchen staff are genius. We again extend our thanks to the CSCC Events Team and the event floor managers on the night (always exceptional). The wonderful bar and serving staff managed the crowd with grace and we thank them for their service. **Hit Parade** were again, well, a Hit. A real Hit! And they will be back. Similarly, **DJ Carbolic** filled in all the band breaks, keeping the dance floor hopping, with thanks to our long term and very dear friend, Sean Trenoweth. **Elite Event Technology** again added their skill with seamless technology. We were also joined by **Mugshots Photo Booths**, which did indeed add that nice element of quirky and fun, that we love at Karinya. Thank you all for your contributions to the evening's success.

Associate Sponsors of the Gala do make a difference to the event's fundraising success. We thank our Corporate Partners for the support and friendship. **Car Mechanical Services, CCS Group, Clarke Keller, Corkhill Bros, Farrar Gesini Dunn, F1 Solutions, The Riverview Group, Monarch Building Solutions, Norton Rose Fullbright, Pat's Plumbing, Synergy** and **Your City Physio**.

"I want to start off by saying a massive thank you! I am so grateful for all the love and support you gave to me and my baby..."

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The Mystery Wine Draw continued to be a highlight of the event. The 300 or so bottles of wine on offer were snapped up within a beat. Our sincere thanks to all the wineries and wine merchants who donated including **Clementine Restaurant, Clonakilla, Gundog Estate, Jim Murphy, Joshua's Fault, Kirrihill Wines, Lake George Winery, Mallaluka, Ravensworth, Sew & Sew, Tallagandra Hill, Trenoweth Wine Co** and **Yarran**.

The Online Auction service is provided totally without cost by **AllBids**. This year we had over 70 auction items, which is fantastic. Other donors also supported the Raffle Prize packs. Special thanks to **Emily Egan**, who rounded up quite a number of donors as part of her pageantry competition fundraising initiatives. Donors included **Anna O'Shea, Artisan Aesthetic Clinics, Audi Centre Canberra, Batch Ceramics, Bernie's at the Bay, Bison, Brazilian Butterfly, Budding Theatre, Canberra Southern Cross Club, CSCC Health Club, Car Mechanical Services, Catholic Church Insurances, Checkmate Property Maintenance, Wee Jasper Cheese Making, Christine Waring Millinery, Clementine Restaurant, Clonakilla, Cloth & Paper Studio, Club Lime and Club Lime Ladies Only, Corkhill's Engineering, Escape Rooms Canberra, Fifth Lane Photography, First Call Property Maintenance, Flemings Real Estate, Float Above, Forrest Hotel and Apartments, Gus' Place, Goulburn Flight Training Centre, Harvey Norman Commercial, Helen McKindlay Cathles Milliner, KIN (Contemporary Jewellery), King O'Malleys, Lucky**

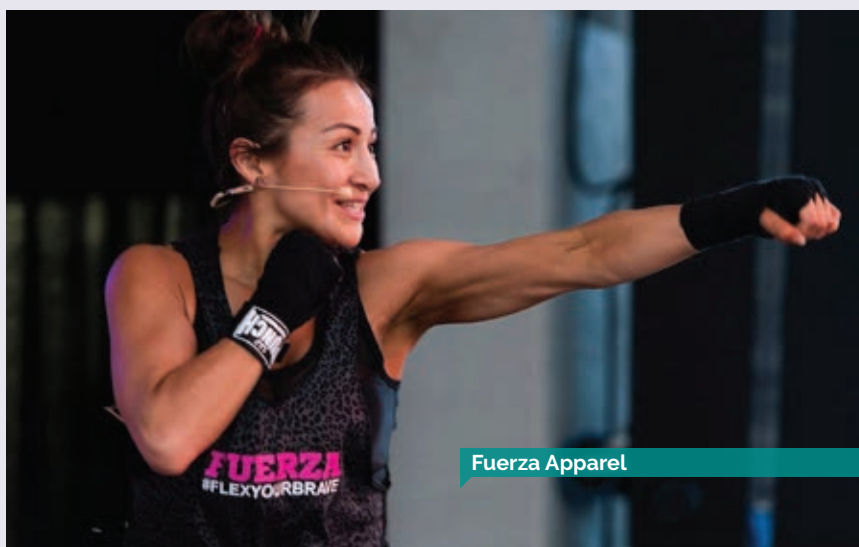
Shot, Mantra MacArthur, Mel Hill Photography, Public, National Gallery of Australia, One Fine Day (Wedding and Events), Ovolo Nishi, Pacific Smiles Dental, Paddywack Promotional Products, Point 2 Point Property Services, Relationships Australia, Robyn Rowe Chocolates, Sharwood Hampers, Stellar Canberra, Stephanie Corkhill-Hyles (Filling my Well), Subsdance, The Dog Barber, Thredbo Guest Services, Tweak Home Staging, UCI, Vani-T and Zenith.

Hopefully the 400 or so who were in attendance had a great evening. Generous Friends and Corporate Partners of Karinya House offered up a great collection of goods and services which were auctioned off on **AllBids**. The 2019 event raised funding of **\$45,700**. These funds will support our casework team into 2019–20 and are critical to Karinya House.

Throughout the Month of May, women are celebrated for their incredible love, passion and kindness. Karinya was also able to share this celebration with all the women we walk alongside, through generous donations of gifts as part of our Mother's Day Appeal. **Justine Curnow** and her friends

gave us 12 beautiful gift sets, each including a fluffy robe, slippers and a hot water bottle or heat pack. Gorgeous gifts that were treasured by the women who received them. On 5 May, the **Artist Power Collective**, raised \$900 from a raffle that was drawn at the Northern Night Market at Avalon Beach. Organised by Julie Fulop, this raffle comprises artworks and collectibles donated by various members of the Artist Power Collective. Simply amazing. On May 11, one of our Karinya team, Administration Officer and Receptionist, Karen, was at Trinity Christian School, representing Karinya House at the Mother's Day High Tea event raising funds to support Karinya House. Just fabulous. As we have said before, we love our school community partnerships.

Our dear friend Kiki Hernandez and fellow Zumba trainer, Ellie, held a Mummython Zumbathon to raise funds for Karinya House on 11 May. How is that for a bit of fun. Kiki also provides Zumba classes on occasion as part of our Group Program. Kiki followed this up by announcing that for every sale of her **Fuerza Apparel** #flexyourbrave singlet, 10% of sales will go to Karinya House. Fuerza meaning





The Luton Charity Ball

'strength' is a local business that not only sells active wear but has a bigger purpose of giving back to the community and encouraging women to find strength in their inner soul. Kiki says, "Karinya House is an organisation that is close to my heart, as a mother".

On Monday 13 May 2019 was the night of **'Style by Wesson'**, a runway event that was a spectacular time of fashion and fundraising in honour of Karinya House. Only 40 tickets were on offer for this short, sharp, snazzy event in the Presidential Suite at the Park Hyatt Hotel in Canberra. Our very own Sarah Kelly and Sarah Kirkpatrick attended and enjoyed a fabulous evening of bubbles, canapés, and of course the special guest appearance by Australia's own Rhonda Burchmore. Our sincere thanks to **Wesson Boutique**, **Rhonda Burchmore** and **Danielle Cleary Events** for a successful event celebrating style and fashion while supporting the women of our community.

Every year, all Staff and Volunteers at Karinya House are invited to attend two training days, facilitated by **Ablaze Total Solutions**. One is a safety training day, covering everything from manual handling, food handling, handwashing

through to safe driving and fire safety, and so many things in between. The second training day is First Aid, which was held on 22 May 2019. Both training days are self-catered with all members of the Karinya team bringing contributions for morning tea, lunch and afternoon tea. David McCooey provides wonderful support to Karinya with all our safety training, risk management and safety audits. All services are provided at a significant discount, with some services provided completely free of charge. We have had a long partnership with Ablaze Total Solutions, for which we remain extremely thankful.

During May, **Ascend Strength & Fitness** donated half of every joining free to support Karinya House. Our thanks to Ascend Strength & Fitness for their fundraising initiative to support the women we walk alongside. With a free onsite creche and Mums classes, as well as other special support, Ascend do focus on supporting mums to maintain their strength and fitness, and were introduced to Karinya through our mutual friends, Katey Johstone, of 180 Degree Marketing. On Saturday 25 May, Ascend hosted a full floor of existing members and friend for an "Hour of Power". Almost \$1,400 was raised to support Karinya House, as

well as new friends made. We thank Katey for her part in this collaboration and the delicious morning tea she provided for the event. We thank Andrew and all the team from Ascend Strength & Fitness for supporting Karinya throughout May.

On 22 June, **The Luton Charity Ball**, the last of the three annual Luton Charity Ball events to support Karinya House, **Project Independence** and **Hartley Life Care**, was held. Always a spectacular event, this year's Ball was at Hotel Realm and enjoyed by all who attended. The three annual events in total have provided donations totalling \$126,000 to Karinya House and also to **Hartley Life Care** and **Project Independence**, our Co-Charity Partners. This funding has made a vital impact to Karinya and the women we walk alongside. As an organisation, our position today would be very different if this support had not been provided. We extend our sincere thanks to all the amazing organisations and businesses and all the Canberra and Region community who supported all three annual events. A special note of thanks to **Bellchambers Barrett** who have been a sponsor at all three events. BcB are good Friends of Karinya, supporting our Treasurer, Kathleen Buckley, who is a Principal at BcB. Words cannot express our gratitude to Luton Properties. We thank Richard, Susie and Kitty and all the staff at **Luton Properties** for partnering with us to support women in our community. We also thank our co-charity partners Hartley Lifecare and Project Independence for all your hard work.

In June, we were very pleased to visit **Maddocks Lawyers, Canberra**, who again supported Karinya House through their electronic Christmas Card, which when issued, invites the card recipient to select a charity to support with a fixed per card contribution from Maddocks. We thank Maddocks for providing this opportunity and also extend our thanks to those card recipients who selected Karinya House. Great idea and we are thankful to be a part of it for the second time.

Before we finish up the review of the 2018–19 financial year, we would like to acknowledge the support of **180 Degree Marketing**. Katey Johnstone and her team became Friends of Karinya through another Friend and have since been walking along with us and supporting all we do. Our service agreement with 180 Degree Marketing is pro bono in nature. For a very moderate weekly fee, we have received marketing services across a wide spectrum. Katey and members of her team are like members of our team. All extraordinarily gifted, and generous with their time, patience and understanding of the quirky Karinya ways. The value of the pro bono support provided by 180 Degree Marketing is very significant. We have also been introduced to new Friends through 180 Degree, such as Tallagandra Hill Winery, Ascend Strength and Fitness, Jaeger Vallejera and others. We extend our gratitude to 180 Degree Marketing and look forward to our continued partnership.

Katey and her team have supported our newly appointed Social Media and Digital Communications Officer,

Rachel Bernabe as Rachel has settled into her role with us. For those of you who follow Karinya House on social media, you will have noticed the impact of Rachel's presence on our team. Rachel is a student at the University of Canberra completing a Bachelor of Arts (Communication in Public Relations) and a Bachelor of Arts (Event and Toursim). Rachel is working for Karinya House on a casual basis (only 8 hours a week), however, like all Karinya Staff, Rachel provides Volunteer hours as well. We think you will have noticed Rachel's gift in sharing the stories of Karinya, with respect and recognition, as part of the Canberra and Region community.

Karinya has been undertaking some significant systems development work, now that our new Home supports electronic data communications systems. With the support of funding from the **Kirby Foundation**, and generous pro-bono support from our long term IT service partner, **F1 Solutions**, we have implemented Office 365, and moved all operational data to the cloud. We thank F1 Solutions for their support in our IT strategy and development. We thank Reuben and the team for their support as we transition. This funding also supported the continued implementation of the Standards & Performance Pathways Portal, a unique online service that helps an organisation meet standards and maintain quality. This online service is for NGOs and service provider organisations, funding departments, assessors and peaks. It carries the main sets of community



Ascend Strength & Fitness

p21



Mother's Day Appeal

p20



Gungahlin College

p15



Thank You Vita Foundation!



Our Volunteers

p34

"I have felt so supported during my pregnancy. My Caseworker helps me every step of the way—especially on the hard days. I know being a single mum will be tough but I'm gaining strength..."

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services and health standards and saves up to 80% of time spent on quality standards assessment and compliance reporting. All of Karinya House policies, procedures and governance documents are now held within this portal, and we are progressively completing our self-assessment and evidence packs to demonstrate our compliance with all governing standards. Funding is currently being sought to support this stage of the full implementation of this tool.

With further funding from the Kirby Foundation, granted in June 2019, we are also looking to implement Outcomes Star during 2019–20. Outcomes Star is a tool to collaboratively document a woman's journey with Karinya House. This system is people centric and works to promote and measure individual change and to enable (often mutual) learning at an individual, service and organisation level. Outcomes Stars are evidence-based tools designed to support positive change and greater wellbeing, with scales presented in a star shape and measured on a clearly defined 'Journey of Change'. The Outcomes Star is completed as part of conversations between individuals and support practitioners such as key workers and fits with the Karinya woman centric practice framework. The Outcomes Star will also assist Karinya House to measure and report the outcomes impact of our services.

Karinya House was very fortunate to be nominated by Krystle Henjak, **Artisan Aesthetic Clinics**, for a grant from the **Vita Foundation**. Our application was successful, and a

grant was awarded in May 2019. This grant will support a project we called "Reignite—Life Long Learning and Employment Pilot Project". The aim of the project is to develop the capacity and confidence of women we are walking alongside to access life long learning and employment opportunities. A project officer will develop a suite of resources and links to support the conversation around life long learning.

Lastly, a word of gratitude to Angelo Paonne and the team from **Soda Strategic**. Karinya House had long been serviced with a specifically created Microsoft Access Data Base. This was developed by some special Karinya Friends way back in the 1990s. With Microsoft no longer supporting Access, we did have to change our Customer Relationship Manager (CRM) Software. A few years ago, the Deloitte Green Dot team undertook an analysis of our Access Data Base and related systems and came up with a short list of recommended options. In the end we decided to move to Salesforce to manage our donor, partner and associated persons data. Salesforce provide significant support for NFPs. We have the use of 10 licences (totally free). Soda Strategic have been providing fabulous implementation support for Salesforce under a pro bono contract. They are continuing to provide this service, and are now at the stage of also developing our website to work more effectively for users and the Salesforce interface. We thank Angelo and the team at Soda Strategic for their continued support.

As you can see from the review outlined in the foregoing pages, a year at Karinya comprises many interesting parts and we invest in each part with the same commitment and passion. The primary focus of our organisation remains the key and critical support services for women we are walking alongside. However through the foregoing, you can see the Village of Support that we are seeking to create. To sustain and develop our key and critical support services, our community must walk with us. As an organisation, Karinya must strive to ensure the structures and systems that are in place, continue to support the services being delivered, effectively and efficiently. The organisation seeks to ensure governance and sustainability of the organisation is maintained, developed and is strategically visionary.

Whilst one of our strategic aims is to increase our recurring monthly donor numbers to contribute to a more sustainable way of managing our annual operating funding requirements, we continue to look at other ways of developing our funding framework. This includes ways of developing and improving our operating systems to maximise efficiency and effectiveness.

We hope you will continue to walk with us on this journey. We are facing a few challenges at present. And to this end we thank you for so joyfully 'sharing the love', being the village with us, and supporting women in our community who are pregnant or parenting newborns.

OUR SERVICES THE NUMBERS

Every woman who is pregnant or has a new baby should be surrounded with the supports they need during this important time. However, not every woman has shelter, stability or support. Some may be at risk of violence, experience homelessness or be completely isolated.

Our 24/7 service includes:

- » Casework support services incorporates an individual co-designed case management plan, including counselling, advocacy, referral and information in matters relating to childbirth, parenting, health, welfare, legal and financial services, housing, education, employment and in kind assistance.
- » Supported accommodation, transitional housing and an outreach service for pregnant women at any time before the birth of their baby and for up to three months after their baby is born. There is some flexibility.
- » "Unassisted"—This term is denoted by the national statistical data collection service. The term refers to women who contact Karinya House and for whom we provide information, advice and generally cross-referral as they do not fit within our practice criteria for casework support. Each "Unassisted" contact could involve up to two hours of client support.
- » Karinya House practices the policy of "every door is the right door" for homelessness services. If we receive a referral we will respond, including appropriate cross-referral as may be necessary.

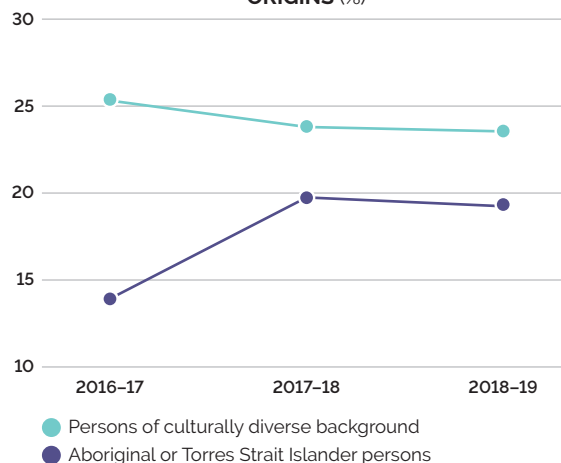
Our women are much more than the numbers that are presented here. Every woman counts, and their stories in words and without words paint myriads of pictures about life.

So we do show the numbers, but ask you to look beyond them and see the words and the images, the courage, the resilience, and life... as it is...

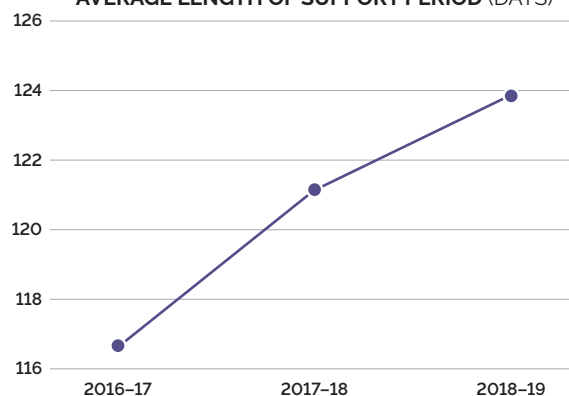
- » An adult service user may span the full reporting year.
- » Babies or other children, will be classified as distinct service users if they are in residence or if they receive any form of individual care (such as within the Group Program, when in the care of Volunteers, whilst their mothers attend Group). We do not count all other babies and other children who present upon referral or babies born during the support period unless they are not in residence or receiving individual and specific care.
- » Partners will be classified as distinct service users if they also receive direct support during the support period.
- » A service user could have more than one support period.

EVERY WOMAN COUNTS

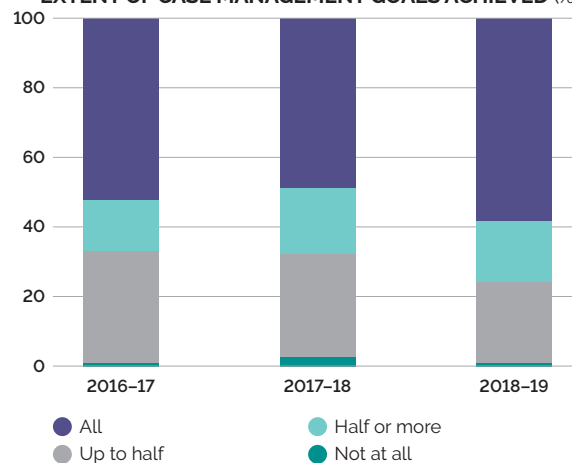
ORIGINS (%)



AVERAGE LENGTH OF SUPPORT PERIOD (DAYS)

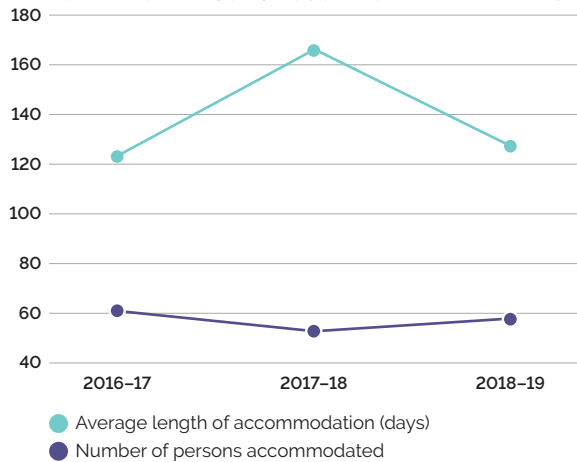


EXTENT OF CASE MANAGEMENT GOALS ACHIEVED (%)

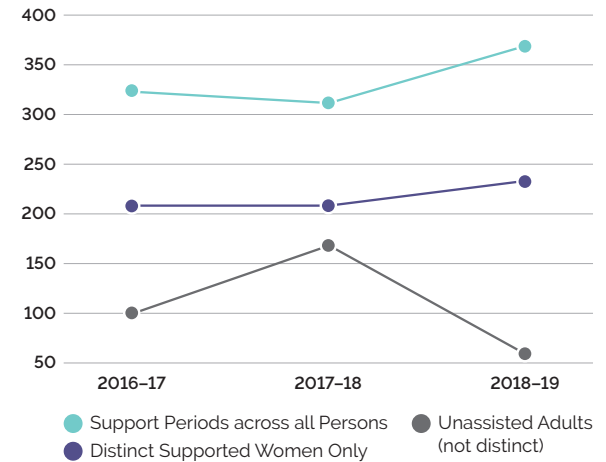


1. Distinct Supported Adults is women only. (Partners, babies, children who are supported are not included in this particular statistic).
2. Unassisted—Karinya House has historically recorded as unassisted any person that does fit the Karinya criteria, or who we don't work with on a long term casework basis. Karinya House practices the policy of "every door is the right door" for homelessness services, and a recent meeting with our Contract Manager has advised that give the extent of work we do with the majority of these referrals would correctly be assessed as being assisted clients, and should be included within our statistics as clients.
3. Number of support periods across all persons.

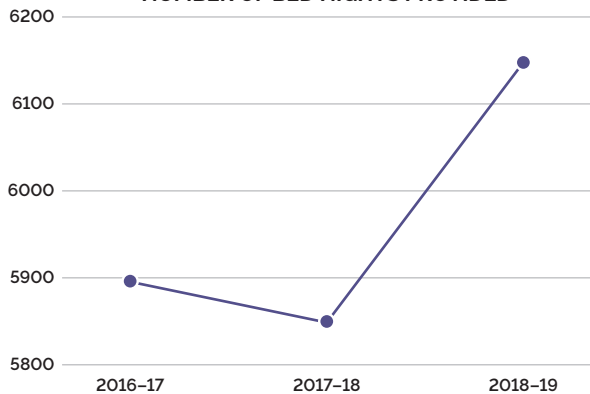
NUMBER OF PERSONS ACCOMMODATED PER ANNUM



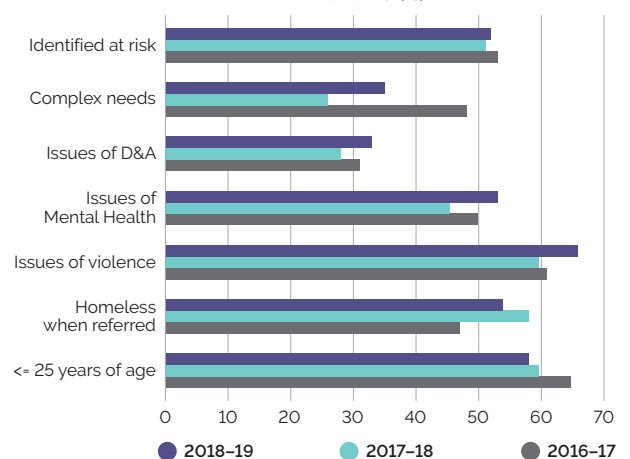
WOMEN SUPPORTED PER ANNUM & RELATED SUPPORT PERIODS



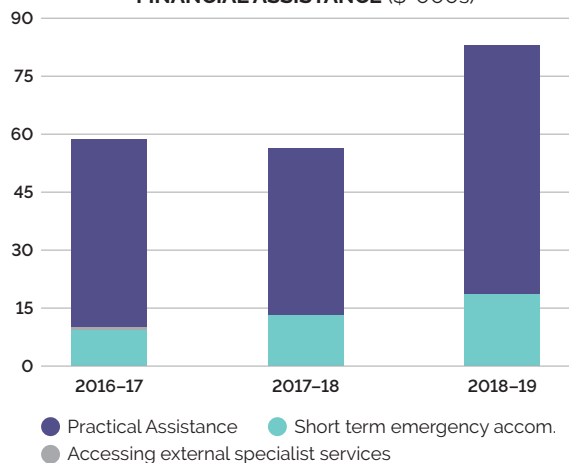
NUMBER OF BED NIGHTS PROVIDED



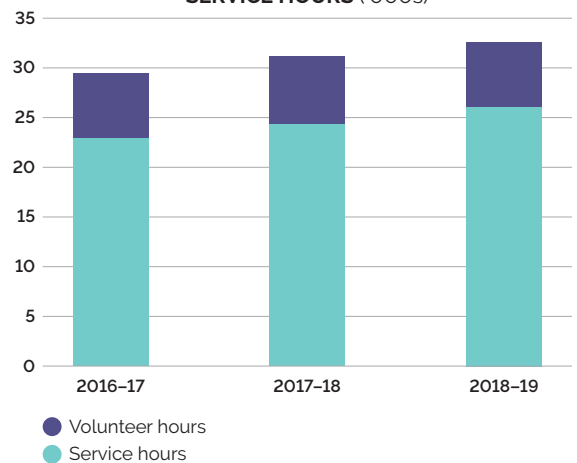
KEY FACTORS (%)



FINANCIAL ASSISTANCE (\$ '000s)



SERVICE HOURS ('000s)



HOME HOPE HORIZON

OUR SERVICES THE STORIES



We hope this selection of comments from women during their time at Karinya, together with comments from other friends, colleagues, volunteers and workers provide insight into the nature of Karinya House and the stories from this inspiring village. #humansofkarinya

Names and situations have been changed and merged. Any similarity to a person is therefore coincidental, as the stories here will represent aspects of stories of many women who have found some time and space through their Karinya experience.

One resident of Karinya, whose birthday we celebrated recently, thanked the Staff and said she had never had a birthday celebration before and this had been her first ever birthday cake. She could not wipe the smile off her face and said she was so grateful for Karinya.

FIRST BIRTHDAY

One of our Caseworkers was chatting to a woman who moved into Karinya and asked her how she was settling in. Her words were:

"Oh I feel so safe and comfortable already. I have made friends with so many people. One of them sings like an angel and my baby goes to sleep when she hears her sing."

FEELING SAFE

"I am so happy here. It is so safe for my baby. It feels good like they are my family. Thank you so much for everything."

RESIDENT

A lovely lady who lives with us and her 4-year-old were coming up to the Karinya Administration to pay her fortnightly housing contribution. The child found 50c and upon arriving at Karinya, presented our Senior Caseworker, Cath, with the 50c and said: "That's to pay our rent!" Cutest thing ever showing the beautiful innocence of a child.

EVERY CENT COUNTS

"I have felt so supported during my pregnancy. My Caseworker helps me every step of the way—especially on the hard days. I know being a single mum will be tough but I'm gaining strength to do the best for me and my baby."


CLIENT

"The world is a better place only because there is someone like you guys helping others in need. I can't thank you enough! You are nothing less than a blessing and great gift for me from God. Thanks for a great time and great memories."

MESSAGE ON A CARD

"I have been a Volunteer at Karinya House for two years now. The most rewarding part is seeing some bright little faces and knowing I am making a difference to helping our women on their journey."

VOLUNTEER



"I am very grateful for the help I have received while living here and know I will have a positive and happy future for myself and my son."

RESIDENT

When a woman returned home (to Karinya) from the hospital, after having her baby, a couple of the other women had organised little gifts for her. One young woman was unable to afford a gift so asked Staff if we had anything she could give as a gift. We offered a newborn gift pack that had been donated to Karinya. When the mother returned from the hospital, she was greeted with many welcoming smiles and gifts. The mother felt very cared for and the young woman felt grateful she could take part.

This is a lovely demonstration of how Karinya can feel like a family and like home for many women. Moreover, it shows how some women, particularly very young women have the opportunity to learn how to participate socially within friendship groups and local communities through thoughtfulness and sharing gifts/special moments.

SOCIAL BONDS

One of our Senior Caseworkers just mentioned that since she has been with Karinya, she has had the privilege of being the labour support person for over 18 births.

AN AFL TEAM!

"Karinya has been the first place in my whole life that has been a safe home. Luisa (my Caseworker) has also given me the confidence to be a mum again and make sure this baby stays with me forever."

RESIDENT

"It is so nice to know that someone has my back and someone loves me. I am so grateful for all the help I have received from Karinya."

CLIENT

I'm gaining strength to do the best for me and my baby

"You told me that I could think of Karinya House as my family, and that's exactly what I do. You're always there for me and my baby."

CLIENT

"I met with three current clients at my visit to Karinya today. All the women spoke highly of the support they receive from Karinya Staff."

One woman who has spent half her life navigating the homelessness system said, 'it's the best place I've been.' She was offered outreach support until a space was available and once she became a resident kept the same case worker. She is extremely grateful for all the support provided—from clothing, food, and accommodation, to accompanying her to doctors' appointments and meetings with CYPS, which has made that process less intimidating.

Both the other women expressed appreciation for the support they are receiving to care for babies who have medical issues and require further surgeries. Karinya is also providing one of the women with support during the CYPS restoration process.

As always, I am impressed by the Staff support and accommodation at Karinya. It is obvious that the service plays a major role in assisting mothers and children to achieve a stable lifestyle."

OFFICIAL VISITOR, APRIL 2019

A woman we support described having a very unhealthy relationship with her mother and feels like she has never been able to rely on her mother for support. She said that she was happy to be supported by just women as she feels she needs the 'motherly' guidance she never received growing up, or as an adult.

We are privileged that we can be the mother, the partner, the sister, the brother, the family who walks with a woman in crisis.

MATERNAL SUPPORT

"I cannot thank Karinya House and MACH enough for the skills they taught me. What I learned helped me so much when I left Karinya."

PAST RESIDENT

"While at the shops, I recently bumped into a woman who we used to support. She was pleased to be able to report that she still has some struggles but has been making good progress since her file was closed at Karinya."

She said she is now studying at the University of Canberra. She is enjoying it and getting good grades. She said her daughter is now almost 4 and attends preschool regularly.

She said she misses us at Karinya, but is proud to say she knows she no longer 'needs' us. She expressed her gratitude for all Karinya provided her in assisting her to turn a corner in her life."

CASEWORKER

"It is a real privilege to be let into someone's life and have someone share their vulnerabilities with you, as well as their successes and joys. At Karinya I see this privilege acknowledged with great respect each and every day. This (as well as the moments we sometimes get to share with the little ones) is part of the reason I love being part of the Karinya team!"

CASEWORKER

On Karinya's group activities

"It was my first time at group today. One of the other girls asked me if they could sit with me cause I looked so uncomfortable—I've never seen people so nice."

E

"Going to the art gallery made me feel really special. Like we were being treated to something special."

M

I finally feel so safe and secure

Direct feedback to Karinya

After attending 'Circles of Security Parenting course' run by a Karinya Caseworker:

"The course is a good eye opener and should be shown to everyone to help them bond and connect with their child more. I'd definitely recommend running in small groups so people are not afraid to share."

S

"I gain so much from seeing a family's Karinya House file being closed, as it usually means they no longer need us. This is mostly because the support they have received has enabled them to move on with their lives after managing with the big hump they came across."

HEALTH PROFESSIONAL



"Thank you to all the lovely ladies who helped us on our journey"

A

"I know I wouldn't be where I am today if it wasn't for Karinya. My Mum wants to win the lottery so she can donate it to Karinya."

L

"I feel so fantastic, everything is falling into place now I am here. I finally feel safe and secure."

G

"I really like powerlifting. On the days I don't go I'm so tired by the afternoon. I feel good after powerlifting, it's good for me physically and really good for my mental health"

J

"Thank you so much for being in my life. I really appreciate everything you do for me. Nothing I can say really, you have been by my side at such a hard time. You fill my life and my daughter's life with happiness. God bless you and your family."

B

"Thanks so much, knowing Karinya House can help me with Christmas gifts and a hamper for my boys will make me much less stressed."

T

"Wow, I can't believe I now have all these new things for my new house—it really does feel like a new start!"

E

A lovely member of our community wanted to contribute to one of our residents in a specific way:

"Thank you so much for paying for my driving lessons. They paid off, I got it!!!"

K

UPDATES

"As one of the women who has received support from Karinya House, thank you just does not seem enough. My gorgeous baby girl is now 19 and is flourishing. She is in her second year of uni. The wonderful Staff at Karinya House helped not only with my pregnancy and birth but also in reinstalling some of the confidence I had lost. I could not have pictured being where I am today, happily married with a successful career, a wonderful daughter and having completed my own university degree back in 2000, but that is where I am. So thank you for the amazing work that you do. I will never forget what Karinya has done for us."

FORMER RESIDENT

I could not have pictured being where I am today, happily married with a successful career, a wonderful daughter and having completed my own university degree...

A previous resident popped in to visit the Karinya Staff with her now 3-year-old son. She came with some beautiful flowers and chocolates for the Staff to share and also a hand drawn picture by her son. She excitedly told us she had completed her Year 12 certificate and was working full time in a vocational apprenticeship. She bought a new car and they were both happy and well. Her card read:

"To Karinya Staff, I want to start off by saying a massive thank you! I am so grateful for all the love and support you gave to me and my baby. Because of you we have a BEAUTIFUL HOME."

FORMER RESIDENT

A previous Residential and Outreach Service User emailed us to let us know she and her baby were doing well. She had just started working in a nannying position where she was able to take her beautiful little girl. She let us know during her time at Karinya, she was able to save some money and now has a savings account for the first time in her life.

SAVING FOR A FUTURE

By way of a 2018 Christmas card:

"Dear Marie-Louise and Karinya Staff. We are wishing you much joy and relaxation over the Christmas period. I feel sure you have each earned a wonderful break. We are all doing very well and the kids are enjoying school and growing up nicely. Your kindness and support travels along with us... best wishes."

FORMER OUTREACH SERVICE USER

"Many young mums at CCCares have had the Karinya House experience."

Our mums tell of the ways in which Karinya supports them to develop their parenting skills, create positive and appropriate relationships for themselves and their children and to transition to independent living.

The services and supports provided by Karinya House is outstanding!

CCCares is proud of its ongoing relationship with Karinya House."

**JAN MARSHALL, DEPUTY PRINCIPAL
CCCARES @ CANBERRA COLLEGE**

OUR PEOPLE



Committee members present
at the meeting on 16 September 2019



THE COMMITTEE

PRESIDENT

Sarah Kelly

VICE-PRESIDENT

Cassandra Keller

TREASURER

Kathleen Buckley

SECRETARY

Rosemary Lee

COMMITTEE MEMBERS

Esther Bogaart

Dave Burnett

Marie-Louise Corkhill

Pierre Huetter

Margaret O'Donovan

Amanda Toms

Resigned 20 November 2018

Matt Casey

Rod Frazer

Appointed 20 November 2018

Resigned 16 September 2019

Maureen Sheehan

PATRON

Her Excellency Lady Cosgrove

(to 30 June 2019)

"I am proud to be a part of the Karinya House team because I know my time may help so many women facing hardship most people will never experience. If I can assist in even the smallest way to help one mother and her child to get to a better place, I will know I will have achieved at least one good thing..."

COMMITTEE MEMBER

The Committee extends its gratitude to the Staff of Karinya House. The Executive Director, Caseworkers and Health Professionals provide their rostered on-call time voluntarily, and with all Client Support Workers, Finance and Administration Staff, provide additional hours above standard rostered time on a voluntary basis.



Karinya Staff pictured
on 18 September 2019



Client Support Workers pictured
on 19 October 2019

OUR STAFF

EXECUTIVE DIRECTOR

Marie-Louise Corkhill

PROPERTY MANAGER & SENIOR CASEWORKER

Luisa Lopes

SENIOR CASEWORKER

Catherine O'Halloran

CASEWORKER & EXECUTIVE OFFICER

Ana Moran

CASEWORKER & GROUP COORDINATOR

Nichola Crisp

CASEWORKERS

Elissa Gaffney

Sonya Love

Jane Quinlan

SENIOR HEALTH PROFESSIONALS

Anne Brown

Cath Williams

CASEWORKER & HEALTH PROFESSIONAL

Kimberly Castles

CLIENT SUPPORT WORKERS

Carolyn Burns

Millie Ensor

Christine Hosking

Kathryn Miller

Kim O'Dea

Nailah Rokic

Bonnie Steer

Nerida Warren

Resigned 15 November 2018

Bernadette Bryant

Resigned 21 December 2018

Shannon Kara

FINANCE & BUSINESS MANAGER

Jo Saccasan

FINANCE & ADMINISTRATION OFFICER

Sarah Kirkpatrick

ADMINISTRATIVE ASSISTANT

Karen Kirk

SOCIAL MEDIA & DIGITAL COMMUNICATIONS OFFICER

Rachel Bernabe

Appointed 23 August 2018

SERVICE HOURS

EXCLUDES VOLUNTEER HOURS

26,393 2019

24,790 2018

VOLUNTEER HOURS

6,625 2019

6,820 2018

IF CHARGED AT A NOMINAL RATE OF \$60 PER HOUR

\$397,500 2019

Note: Based on advice from an external costing project team it is recommended that we value our Volunteer Hours at \$60 for 2018-19, an increase of \$20 per hour over figures shown in previous years.

OUR VOLUNTEERS

Karinya's Committee, Staff, Volunteers and auxiliary supporters have made significant contributions to the total voluntary hours provided to the organisation throughout the financial year and we remain grateful to all.

VOLUNTEERS &
AUXILIARY SUPPORTERS
*Excluding Committee and Staff
listed elsewhere*

Bernadette Bryant
Sandra Cassidy
Catherine Cooney
Frances Corkhill
Emily Egan
Heather Evert
Hildegard Fitzgerald
Claire Frazer
Doreen Ford
Alex Garrett
Wayne Goodman
James Hall
Greg Heywood
Louise Heywood
Margaret Howe
Sophie Kilmartin
Sarah Kirk
Jamie Kirkpatrick
Kyle Kirkpatrick
Ben (Linda) Logan
Sam Longley
Hoa Luu
Elizabeth Masters
Raynie McNee
Belinda Munn
Colleen Nielsen
Phoebe O'Halloran
Zoe O'Halloran
Marcella Rice
Vicki Sawyer
Nicole Short
Kevin Stone
Alana Thorne
Lauren Tye
Sarah Wademan

Years 5 and 6
St Edmund's College

Year 9
St Francis Xavier College



A selection of our Volunteers





PRESIDENT'S REPORT



How we embrace change says so much. We read quotes every day offering advice on what change is and what it means for us in our relationships and our lives and the welfare of our planet going forward. Change can be difficult for many and requires positive resilience to see a way forward. The secret of change it is said, is to focus all of your energy not on fighting the old but building the new.

For the women of Karinya House, the key event in their life in one word is "change". They embrace the uncertainty of what their life will look like as they journey through or beyond pregnancy, and often with little or no support. This is coupled with the events changing in the world around them that continue amidst the challenges they find themselves facing. It is continually inspiring to see how these vulnerable, yet courageous women embrace these challenges, accepting change into their lives and finding the strength to move forward with hope in situations of terrible crisis. Walking alongside them as they adapt, is the extraordinary continuing compassion and care from those at Karinya House. The support from the communities in which we work and live ensures this legacy endures for generations to come.

Our Home, now three years old, is such a peaceful and safe space for both women and Staff and has doubled our capacity to care for women in need. We feel well and truly established and yet still endure overwhelming moments when we are faced with the costs going

forward of helping more and more women in need without adequate financial support. We have to date, received such support and incredible generosity from the ACT Government and you, our community. I think you will appreciate in so many facets of society, there are many in need and we are having to adopt a social conscience more than ever, to ensure so many in our community are supported and not left alone through the most difficult times of their lives. We work alongside so many charities doing such great work to make a difference to the lives of many in our community. This must continue to be a focus in our lives. For it is through these thoughts and gestures, we feel a human connection and a part of something larger than ourselves. And this must also be an example to those following our lead.

Over the past year, we have had the consistent dedication, energy and commitment from the Staff and Volunteers at Karinya House. I wish to acknowledge, with heartfelt gratitude, the commitment of our Executive Director, Marie-Louise Corkhill and our Finance and Business Manager, Jo Saccasan, and all our Staff. As with any organisation aiding those with complex needs, many challenges have presented themselves, yet the support of our women has been upheld and never compromised. I continue to witness the compassion, integrity and perseverance of our Staff team in the varying and demanding roles they play at Karinya House. Without them, it simply would not survive. Thank you!

I also thank the Karinya House Committee for their invaluable and generous contribution and support of me this year. I am very fortunate and so often inspired, being surrounded by individuals greatly accomplished in their own fields that in turn bring such vision and energy to our Committee.

As you read through our Annual Report, you will see the result of over 20 years of an incredible journey! To our many old and new corporate supporters, community organisations and to you, the individual, thank you for your physical or financial support. You by your presence, acknowledge our vital service and you are a part of the many incredible stories and events during the year where we have come together to celebrate what we do collectively—keeping the spirit of giving alive and remembering what power our collective strength can have.

To those being introduced to Karinya House for the first time through this Annual Report, Karinya House provides a pathway for women to find their way back to a life of love and hope and be truly seen. This is the change I speak of.

You have no idea the power of noticing another human being and what it feels like when someone knows they have been seen—truly seen—by you.

It is the greatest offering you can give.

—Oprah Winfrey

Sarah Kelly
PRESIDENT

EXECUTIVE DIRECTOR'S REPORT



***You can do what I can't do.
I can do what you cannot do.
Together we can do great things.***
–Mother Teresa

As I reflect on this inspiring woman's words, I am reminded of our dynamic Karinya House Team, who together do great things and bring their varying gifts so generously to the women we walk alongside. Without the vitality, enthusiasm, passion and dedication of our Staff and Volunteers, Karinya House quite simply would not exist. Our Volunteers also include our dedicated Committee members. What our dedicated Team has created in the last 22 years has always inspired me.

It is worth noting when looking at Karinya's Volunteer contribution, that the time given by our Staff, Volunteers and Committee was valued nominally (\$40 per hour) at \$265,000 this financial year. These hours are Volunteered through a myriad of ways that reflect the varying gifts of our team. For your information the support provided includes (and is not limited to the following):

- » Professional legal and financial advice.
- » Gardening and handyman tasks.
- » Driving, which may involve taking women and children to appointments, outings, groups, collecting goods, outreach deliveries and operational infrastructure tasks.
- » Assisting Staff with filing, copying and other administrative tasks.

- » Providing respite for mothers.
- » Assisting with the Karinya House group program.
- » Assisting Staff and service users with property management and maintenance.
- » Attend, assist with and run fundraising events.
- » Speaking engagements.
- » After hours executive support and on-call.
- » Sorting donations.

The commitment of our Staff and Volunteer team not only changes lives, it challenges entrenched ideologies. It respectfully confronts judgements correlating to systemic, multi-faceted disadvantage that is the lived experience of the women we work together with. I admire the passion our team has in their advocacy and voice of truth in the face of such engrained values. The complexity of such disadvantage is so beautifully confronted by the respectful yet powerful position we reflect through our mission and values. The women we walk alongside give reality to the truth the team upholds and is reflected in some of the inspirational statements on pages 26–31 of this report, as well as the few I have selected here below:

In the last few months I received this amazing email and have changed the details somewhat to not identify this inspirational woman, who I remember so clearly, as her whole short life was exposed to violence, trauma and fear. She wrote to me saying: "I often think about you guys

and all you did for me....We haven't been back to Canberra for a very long time....I always think about coming back to Canberra and a lot of the reason is to see you again and thank you in person for all you and KH did helping me on my path—not sure what would have happened if I had not been given opportunities to get out of the house and keep some small sense of myself. When I moved interstate, I began my degree in accounting and graduated from University with a Bachelor of Business Studies in Accounting. I got married to an amazing man and have another beautiful child. My first daughter is now 17 and has commenced study and a career in hospitality. I've got into running and have done a few marathons. I truly appreciate all you did for me."

Other members of the team have received the following messages on notes and cards.

"It is so nice to know that someone has my back and someone loves me. I am so grateful for all the help I have received from Karinya."

"Thank you so much for everything you have done for me. I could not have come this far without you. Thank you for being a huge part in making my life better."

"Thanks for your support. You and your heart, together make you a special one. An honest guide from the start, and all the things you have done. Thank you for the push, when I had to strive. Thank you for your kind support when I was stuck in my life. Love..."

“Karinya is not expanding—we are simply trying to operate Karinya House at its full capacity, without reducing the number of women we support or our Staffing levels.”

TREASURER'S REPORT

When contemplating the work of the Karinya team, I also reflect on Key stakeholders who enable our work—Our Friends, Community, Corporate and Government partners galvanise Karinya's Vision and Purpose. These partnerships, whether it be our corporate partners, small businesses, or service owners, who provide in-kind support or professional services, philanthropic organisations, community groups, schools and families and individual donors, are vital to our sustainability.

Karinya House would simply not exist without these relationships and alliances.

As Karinya House comes to the end of three years in our new facility, and 22 years in operation on 29 September this year, we face a significant end of year operating loss.

For the financial year 2018–19, Karinya House operated at a Deficit of \$(78,910). We fell short of Donor and Fundraising Revenue targets by \$(204,661), whilst raising \$645,339. We controlled costs and the final loss was not as high as it could have been. At this stage, Karinya House—which is operating at full capacity from within our new Home—would prefer not to reduce Staff and service delivery commensurately.

For 2019–20 our Donor and Fundraising Revenue target is set at \$720,000, which based on our current level of support is achievable. However, even if we reach this target, we will still fall short of our necessary operating

costs. The Budgeted deficit for 2019–20 is \$(91,601).

We are not expanding... we are simply trying to operate Karinya House at its full capacity. To do this we need to build our village to a sustainable, relatively small circle (amongst the community population)—to be the village for over 200 women each year (and their babies and children)—who have no one else walking alongside them for support. It is extraordinarily hard in today's competitive donor market to raise \$850,000 annually. In addressing this serious issue of sustainability, our Executive and Committee have faced the concern pro-actively with enthusiasm, candour and professionalism. We have engaged with external stakeholders and advisors and I particularly thank Caterina Giorgi for her personal and experienced guidance, much of which is given on a pro bono basis. The Committee have established a Sustainability Action Plan and are managing this plan with vigour and responsibility.

My message to you our dear friends is quite simple.

Karinya is not expanding—we are simply trying to operate Karinya House at its full capacity, without reducing the number of women we support or our Staffing levels. Please continue to actively be part of our Karinya community, promote and support Karinya in our vital work and together we can do great things for women and their children.

Marie-Louise Corkhill
EXECUTIVE DIRECTOR

In my 6th year as Treasurer, I am pained to say, Karinya House sustained a financial year loss of \$(78,910), the first loss since I have been Treasurer, and the first since 2009. Since the move to our new Home we have been trying to grow our funding base to meet the increased costs of a larger facility and expanded services. Unfortunately, this financial year we have come up short.

While we have a healthy balance sheet position, the Committee is acutely aware that we cannot sustain ongoing losses and have been progressing a number of strategies to improve our revenue generation (a huge thank you to Caterina and the team at For Purpose for their assistance). Our focus is on finding sustainable recurring sources of income to ensure we can continue to operate with certainty well into the future.

These strategies will take time to implement and, based on the results of the 2018–19 financial year, we have budgeted another loss for 2019–20. We are working on some immediate strategies to limit the anticipated loss for 2019–20, however, we are concerned and realise that we need to act immediately so the losses sustained do not entirely erode the healthy balance sheet we have.

The Staff at Karinya House are exceptional at managing costs. We do not have any room to lessen these without also reducing our service delivery—something we cannot bear to contemplate. We see, first hand, the life changing



“Our focus is on finding sustainable recurring sources of income to ensure we can continue to operate with certainty well into the future.”

impact that Karinya House has on women and their children, both now and into the future.

As always, I would like to thank a number of people for their ongoing support to ensure we can continue to support women who are pregnant or have new babies and have nowhere else to turn:

- » The ACT Government for their support via two main contracts which provides just over 50% of our revenue. I would also like to thank our contract managers for their empathy and counsel in developing our strategies for ongoing sustainability.
- » Our Corporate and Community Partners and Philanthropic Foundations and Trusts for their significant financial and in-kind support which we would be lost without. This funding supports our everyday operations and one-off projects to increase our efficiency and explore potential sustainability solutions.
- » Our Friends of Karinya, Individual Donors. We have a saying “Once a friend of Karinya, always a friend of Karinya” and you all prove that to be true.
- » Our bookkeeping firm, Successful Alliances, our IT service

provider, F1 Solutions, the team at 180 Degree Marketing who assist with all our marketing, CRM and website support from Soda Strategic and our auditor, Synergy—all of which provide fantastic, individualised professional advice, with pro bono elements within all service agreements.

- » The Staff of Karinya House who consistently go above and beyond to make Karinya the fantastically supportive environment that it is and to try and grow our funding base as much as possible. I would particularly like to thank Jo Saccasan, Finance & Business Manager, who supports me in my role and who works tirelessly to improve our financial position, with the support of our Committee, Staff and Volunteers.

We are seeking the financial support of the community to help us significantly lift our revenue generation, turn our budgeted position around and also build a sustainable solution that can provide the revenue we need in years to come. Some things you can do to help us, now:

- » Become a Friend of Karinya, or if you are one, get someone you know to become a Friend of Karinya. 500 new Friends at \$20 per month would fund our revenue shortfall for 2019–20. 500 is 0.1% of Canberra’s population! If every current Friend, found a new Friend for Karinya, we would meet this target.

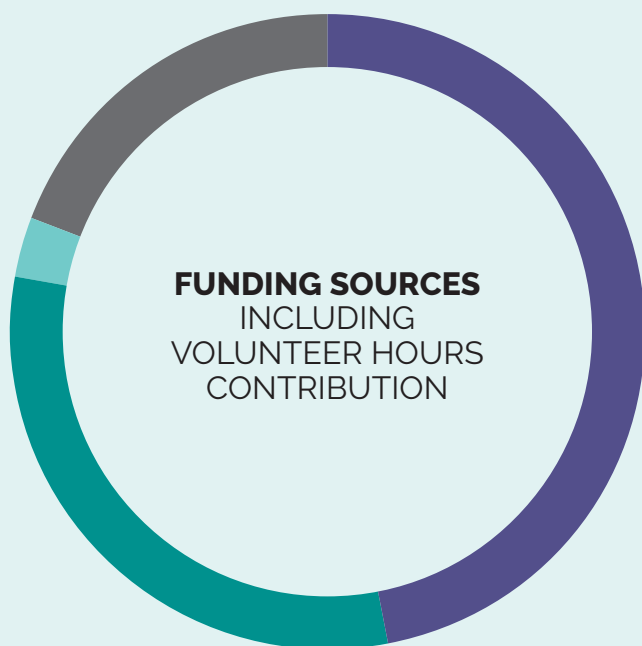
- » Become a Corporate or Community Partner. Reliable, significant donations from Corporate and Community Partners helps us to budget and operate with certainty and is fundamental for any future sustainability plans.
- » Make a one-off donation to Karinya. Every single dollar makes a huge difference in supporting women who have nowhere else to turn. One service hour only costs \$66—and our Staff can do some amazing things in that hour.
- » Get involved in our fundraisers, or host one on our behalf. Follow us on Facebook, Instagram, Twitter or Linked In to stay up-to-date with Karinya events and get behind them.
- » Any other ideas are welcome. We love the support of our community. You never know what stone is out there that we haven’t yet turned!

For all of the above, please see our website, karinyahouse.asn.au, or get in touch with us directly on:

- » 02 6259 8998
- » info@karinyahouse.asn.au

Kathleen Buckley
TREASURER

OUR FUNDING 2018–19



- 47% ACT GOVERNMENT
- 31% PHILANTHROPIC, CORPORATE AND INDIVIDUAL DONATIONS, INCLUDING FUNDRAISING
- 3% OTHER REVENUE
- 19% VOLUNTEER HOURS CONTRIBUTION



- 62% SERVICE OPERATION & DELIVERY COSTS
- 18% SERVICE DELIVERY VOLUNTEER HOURS VALUED
- 8% SERVICE DELIVERY NON-SALARY COSTS
- 9% SERVICE INFRASTRUCTURE
- 3% MARKETING & FUNDRAISING NON-SALARY COSTS

Note: Volunteer Hours valued at \$397,500 per annum (\$60 per hour) have been included as revenue, with the equivalent cost applied for the volunteer services provided.

Note: Marketing (Social Media and Website) and Fundraising Non-Salary Costs support the generation of all non-government revenue (Philanthropic, Corporate and Individual Donations including fundraising revenues). Staff, volunteer and infrastructure support costs dedicated to marketing and fundraising, including donor relationship management, are estimated at no more than \$150,000. ROI from the total investment in marketing and funding development activities, is conservatively determined to be around 284%. Given this revenue comprises 31% of funding sources, the investment is vital.

HOME HOPE HORIZON

OUR FUNDING

The Karinya House Strategic Management Plan to 2022 states in part, that our strategic outcomes include:

Financial Management:

Karinya House ensures that financial operational targets continue to be met and developed with a view to establishing an endowment fund of \$10,000,000, as well as an annual non-government revenue target of \$1,000,000, to protect the financial integrity of the Association and the services it offers.

Funding Sources:

Karinya House continues to extend and broaden funding sources to assure the future viability and sustainability of the Association. The funding links with governments, the corporate sector and the community, are supported, developed and sustained through positive engagement with all funding partners.

From our beginnings, entirely based on community raised seed funding, the Committee remains committed to ensuring Karinya House remains a community-based organisation that exemplifies best practice in a funding model which represents an active partnership between our Canberra Region community and the Government of the day.

Karinya House is ethically obligated to ensure the provision of full service delivery, utilising the Karinya facility to its maximum capacity, for as long as we continue to have a wait list. The support of our community is of vital importance to sustain the provision of full service. Annual funding from Corporate, Philanthropic, Community Organisations, Individuals and Families, through donations or fundraising events, and the assigned financial value of Volunteer Services comprises **50% of all funding sources** for 2018–19.

We now have **over 600 financial Friends and Champions**. We can no longer list them all individually as we did in the past. We do however value and acknowledge each and every one. Every dollar is vital to ensure support services to women continue, on a sustainable basis.

In an increasingly competitive donor and philanthropic funding market, the Committee has recognised and is actively pursuing a funding development strategy to develop and diversify the sources of non-government funding. The Committee is also pursuing robust costing analysis of service delivery to both understand the costs of our service, as well as to support future funding development strategies.

We acknowledge the major funding partnership with the ACT Government, who provided **\$1,002,680 (47% of Total Revenue for 2018–19)** has been critical to the development and continuing expansion of our service. We value this exemplary working relationship, and the opportunity

to provide economically efficient and invaluable community services within the Canberra Region.

In addition, over **140** Corporate, Community Organisations, together with individuals and families, have provided over **250** instances of **In-Kind support of material goods or services**. Material goods can and do make the world of difference to the support we can provide to women and families. We do not have a complete value of the pro bono services, gifts, food, clothing, hand-made gifts, appliances, household items and so many other goods donated to us to pass on with respect and recognition to the women and families we walk alongside. We are working hard to collate the data for the 2019–20 year. The value of this support is priceless really. We would not be able to provide holistic support services without these gifts and donations. Pro bono and in-kind support is personal, and it makes our service personal too.

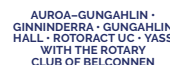
GOVERNMENT FUNDING PARTNER



MAJOR FUNDING PARTNERS



Mercy Walk
for Women



CORPORATE & COMMUNITY PARTNERS

Ablaze Total Solutions • AKT Fitness • AIS Aqua Group • Artist Power Collective • Ascend Strength & Fitness
 Batch Ceramics • Bellair Coffee • Bison Australia • Blackfriars Parish • Budding Theatre
 Calvary Hospital Social Club • Canberra Centre • Canberra Security • Car Mechanical Services • CCS Group
 Checkmate Property Services • Cheese Making Wee Jasper • Christine Waring Milliner • Clementine Restaurant
 Clonakilla • Cloth & Paper Studio • Club Lime • Commonwealth Bank Jamison • Connect3i • Corkhill's Engineering
 Country Women's Association Australia • Curves Belconnen • Dancing Goddesses Inc. • Datacom • Doma Hotels
 DPR Wealth • Elite Event Technology • Elringtons • Evatt Takeaway • Everbean Cafe • Experience360
 Fisher Takeaway • Flemings Real Estate • Forrest Hotel and Apartments • Float Above / Stellar Canberra
 Francos of Canberra • Genevieve Jacobs • GivIT • Gordon Ramsay MLA • Gundog Estate Winery
 Gungahlin Bulls Rugby League Football Club • Gungahlin College • Hands Across Canberra
 Helen McKindlay Cathles Milliner • Jim Murphy's Market Cellars • Just Cuts Tuggeranong • King O'Malleys
 Kirrihil Wines • Konica Minolta • Lions Club of Belconnen • Lake George Winery • Lee Tye Photography
 Maddocks • Mallaluka Wines • Mantra MacArthur Hotel • Melba Mens Shed and Easy Riders Cycle Group
 Mel Hill Photography • Mosaic Baptist Church • Music @ Midday (Canberra Theatre) • National Gallery of Australia
 Ovolo Nishi • Paddywack Promotional Products • Pat's First Choice Plumbing • Peter Fitzsimons
 Ravensworth Wines • Robyn Rowe Chocolates • Sew and Sew Wines • Share the Dignity • Sharwood Hampers
 Solace Creations • SOULution Yoga • SQC Architecture • St Clare's College • St Edmund's College
 St Francis Xavier College • St Thomas the Apostle School • Storage King Belconnen • Synergy Group
 Tallagandra Hill Winery • The Caps Clinic • The Green Shed • The Showroom • The Spence Grocer
 Thredbo Guest Services • Trenoweth Wine Co • Tweak Home Staging • U&Co • Uniting Church of North Belconnen
 UCI • Vicki Dunne MLA • Wax Monkey • Wilde & Wollard • William Cole Funerals • Woden Blues AFNC
 Wombats Playschool • Your City Physio • Zenith Interiors

FINANCIAL REPORT

For the year ended 30 June 2019

COMMITTEE REPORT

Your Committee Members submit the financial report for Karinya House Home for Mothers and Babies Incorporated for the financial year ended 30 June 2019.

COMMITTEE MEMBERS

The names of the Committee Members throughout the year and at the date of this report are:

Sarah Kelly	Pierre Huetter
Cassandra Keller	Marie-Louise Corkhill
Kathleen Buckley	Esther Bogaart
Rosemary Lee	Maureen Sheehan (Appointed 20/11/2018, Resigned 16/9/2019)
Margaret O'Donovan	Rod Frazer (Resigned 20/11/2018)
Dave Burnet	Matt Casey (Resigned 20/11/2018)
Amanda Toms	

PRINCIPAL ACTIVITIES

The principal activities of the Committee during the financial year were the operation of a supported accommodation and outreach service for pregnant and parenting women and their babies.

SIGNIFICANT CHANGES

No significant change in the nature of these activities occurred during the year.

OPERATING RESULT

The (deficit)/surplus for the financial year amounted to (\$78,910) (2018: \$64,989).

Signed in accordance with a resolution of the Members of the Committee.



Sarah Kelly
Dated 11 October 2019



Kathleen Buckley

STATEMENT BY THE MEMBERS OF THE COMMITTEE

In the opinion of the Committee the financial report as set out on the following pages presents a true and fair view of the financial position of Karinya House Home for Mothers and Babies Incorporated as at 30 June 2019 and its performance for the year ended on that date in accordance with Australian Accounting Standards—Reduced Disclosure Requirements (including Australian Accounting Interpretations) of the Australian Accounting Standards Board.

At the date of this statement, there are reasonable grounds to believe that Karinya House Home for Mothers and Babies Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:



Sarah Kelly

Dated 11 October 2018



Kathleen Buckley



INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF KARINYA HOUSE HOME FOR MOTHERS & BABIES INCORPORATED

ABN 19 764 870 539

Opinion

We have audited the financial report of Karinya House Home for Mothers and Babies Incorporated ('the association'), which comprises the statement of financial position as at 30 June 2019, the statement of comprehensive income, the statement of changes in equity and the statement of cash flows for the year ended 30 June 2019, notes comprising a summary of significant accounting policies and other explanatory information, and the statement by members of the committee.

In our opinion, the accompanying financial report of the association is in accordance with the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (i) giving a true and fair view of the association's financial position as at 30 June 2019 and of its financial performance for the year then ended; and
- (ii) complying with Australian Accounting Standards – Reduced Disclosure Requirements and the *Australian Charities and Not-for-profits Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the association in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the "Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Information Other than the Financial Report and the Auditor's Report Thereon

The Committee is responsible for the other information. The other information comprises the information included in the association's annual report for the year ended 30 June 2019 but does not include the financial report and our auditor's report thereon.

Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed, we conclude that there is a material misstatement of the other information, we are required to report on that fact. We have nothing to report in this regard.

Committee's Responsibility for the Financial Report

The committee of the association is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards – Reduced Disclosure Requirements and the

Synergy Group Audit Pty Ltd

t. (02) 6260 7477 w. synergygroup.net.au a. Ground Floor, 15 National Circuit, Barton, ACT 2600
PO Box 3789 Kingston ACT 2600 ABN 45 104 227 063 AUTHORISED AUDIT COMPANY NO. 301280

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Australian Charities and Not-for-profits Commission Act 2012 and for such internal control as the committee determines is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the committee is responsible for assessing the ability of the association to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the committee either intend to liquidate the association or to cease operations, or has no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintains professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for the auditor's opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Committee.
- Conclude on the appropriateness of the Committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in the auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify the auditor's opinion. Our conclusions are based on the audit evidence obtained up to the date of the auditor's report. However, future events or conditions may cause the entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during the audit.

A handwritten signature in black ink, appearing to read "Eric Hummer".

Eric Hummer
Audit Director
ehummer@synergysgroup.net.au
0407 486 637

14 October 2019



Karinya House Home for Mothers & Babies Incorporated

Statement of Profit or Loss and Other Comprehensive Income

FOR THE YEAR ENDED 30 JUNE 2019

	Note	2019	2018
		\$	\$
Revenue and other income	2	1,710,095	1,698,666
Employee expenses	3	(1,353,558)	(1,231,925)
Depreciation	4	(25,934)	(31,200)
Other expenses	5	(409,513)	(370,552)
Net surplus/(deficit) for the year		(78,910)	64,989
Total comprehensive income for the year		(78,910)	64,989

Statement of Financial Position

AS AT 30 JUNE 2019

	Note	2019	2018
		\$	\$
CURRENT ASSETS			
Cash and cash equivalents	6	767,611	740,752
Receivables	7	22,020	3,424
Other	8	12,842	17,086
TOTAL CURRENT ASSETS		802,473	761,262
NON-CURRENT ASSETS			
Property, Plant and Equipment	9	40,932	60,563
TOTAL NON-CURRENT ASSETS		40,932	60,563
TOTAL ASSETS		843,405	821,825
CURRENT LIABILITIES			
Payables	10	79,366	74,969
Provisions	11	140,885	119,950
Unearned Revenue	13	75,236	78
TOTAL CURRENT LIABILITIES		295,487	194,997
TOTAL LIABILITIES		295,487	194,997
NET ASSETS		547,918	626,828
EQUITY			
Retained surplus		547,918	626,828
TOTAL EQUITY		547,918	626,828

Karinya House Home for Mothers & Babies Incorporated

Statement of Changes in Equity

FOR THE YEAR ENDED 30 JUNE 2019

	Note	2019	2018
		\$	\$
Retained Earnings at the beginning of the year		626,828	561,839
Surplus attributable to members		<u>(78,910)</u>	<u>64,989</u>
Retained Earnings at the end of the year		<u>547,918</u>	<u>626,828</u>

Statement of Cash Flows

FOR THE YEAR ENDED 30 JUNE 2019

	Note	2019	2018
		\$	\$
Cash flows from operating activities			
Operating Receipts		756,624	800,226
Grant Receipts		1,102,948	967,942
Operating Payments		(1,839,362)	(1,694,739)
Interest Received		<u>10,252</u>	<u>8,643</u>
Net cash provided by/(used) in operating activities		<u>30,462</u>	<u>82,072</u>
Cash flows from investing activities			
Payment for property, plant & equipment		<u>(3,603)</u>	<u>(24,638)</u>
Net cash (used) in investing activities		<u>(3,603)</u>	<u>(24,638)</u>
Net increase/(decrease) in cash held		26,859	57,434
Cash at the beginning of the financial year		<u>740,752</u>	<u>683,318</u>
Cash at the end of the financial year	6	<u>767,611</u>	<u>740,752</u>

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2019

Note 1: Summary of Significant Accounting Policies

Karinya House Home for Mothers & Babies Incorporated ("the Association") is an incorporated entity under the Associations Incorporation Act 1991 of the Australian Capital Territory and applies Australian Accounting Standards—Reduced Disclosure Requirements as set out in AASB 1053: Application of Tiers of Australian Accounting Standards and AASB 2010-2: Amendments to Australian Accounting Standards arising from Reduced Disclosure Requirements.

The financial statements are general purpose financial statements which have been prepared in accordance with Australian Accounting Standards—Reduced Disclosure Requirements, of the Australian Accounting Standards Board and the requirements of the *Australian Charities and Not-for-profits Commission Act 2012* and the *Associations Incorporations Act 1991* of the Australian Capital Territory. The Association is a not-for-profit entity for financial reporting purposes.

Australian Accounting Standards set out accounting policies that the Australian Accounting Standards Board (AASB) has concluded would result in financial statements containing relevant and reliable information about transactions, events and conditions. Material accounting policies adopted in the preparation of these financial statements are presented below and have been consistently applied unless stated otherwise.

The financial statements, except for the cash flow information, have been prepared on an accruals basis and are based on historical costs, modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities. The amounts presented in the financial statements have been rounded to the nearest dollar.

The financial report of the Association was authorised for issue on the date of signing of the attached Statement by Members of the Committee.

Adoption of New and Revised Accounting Standards

(a) Standards and Interpretations adopted for the first time

AASB 9: *Financial Instruments*. In adopting this AASB 9, the Association classified financial assets based on both its business model, which holds assets in order to collect contractual cashflows, and the contractual cashflow characteristics. There was no impact on reported results or financial position. The classifications adopted for financial instruments under the previous AASB 139 and the new AASB 9 are set out below:

Financial Instrument category	AASB 139 original	AASB 9 new	Impact of change
<i>Financial Assets—current and non-current assets</i>			
Receivables	Loan and receivables (amortised cost)	Financial assets at amortised cost	Nil
Cash and Cash equivalents	Loan and receivables (amortised cost)	Financial assets at amortised cost	Nil

Financial liabilities—current and non-current assets

Payables	Amortised cost	Financial liabilities at amortised cost	Nil
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There were no other new and revised Standards and Interpretations adopted in these financial statements affecting the reporting results or financial position.

(b) Standards and Interpretations issued not yet adopted

The Australian Accounting Standards Board has issued new and amended accounting standards and interpretations that have mandatory application dates for future reporting periods. The Association has decided against early adoption of these standards. These standards are not expected to have a significant effect on the financial statements of the Association.

(a) Income Tax

Karinya House Home for Mothers and Babies Incorporated is exempt from income tax in terms of Section 50-5 of the *Income Tax Assessment Act 1997*.

(b) Property, Plant & Equipment

Each class of property, plant and equipment is carried at costs less, where applicable, any accumulated depreciation and impairment losses. The carrying amount of plant and equipment is reviewed annually by the Association to ensure it is not in excess of the remaining service potential of these assets.

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2019

Note 1: Summary of Significant Accounting Policies (continued)

Depreciation

The depreciable amount of all fixed assets is depreciated on a straight-line basis over the asset's useful life commencing from the time the asset is held ready for use. The depreciation rates used for each class of depreciable asset are:

<i>Class</i>	<i>Depreciation Rate</i>
Furniture & Equipment	20%
Office Equipment	20–40%
Motor Vehicle	20%
Artworks	0%

(c) Impairment of Assets

At the end of each reporting period, the Association reviews the carrying value of its assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value-in-use is compared to the asset's carrying value. As a not-for-profit entity value in use for the Association, according to AASB 136 *Impairment of Assets*, is depreciated replacement cost. Any excess of the asset's carrying value over its recoverable amount is expensed to the Statement of Profit or Loss and Comprehensive Income.

(d) Employee benefits

Short-term employee benefits

Provision is made for the Association's obligation for short-term employee benefits. Short-term employee benefits are benefits (other than termination benefits) that are expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service, including wages, salaries and sick leave. Short-term employee benefits are measured at the (undiscounted) amounts expected to be paid when the obligation is settled.

The Association's obligations for short-term employee benefits such as wages, salaries and sick leave are recognised as a part of current trade and other payables in the statement of financial position.

Other long-term employee benefits

The Association classifies employees' long service leave and annual leave entitlements as other long-term employee benefits as they are not expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service. Provision is made for the Association's obligation for other long-term employee benefits, which are measured at the present value of the expected future payments to be made to employees. Expected future payments incorporate anticipated future wage and salary levels, durations of service and employee departures, and are discounted at rates determined by reference to market yields at the end of the reporting period on government bonds that have maturity dates that approximate the terms of the obligations. Upon the remeasurement of obligations for other long-term employee benefits, the net change in the obligations is recognised in the statement of comprehensive income classified under employee benefits expense.

The Association's obligations for long-term employee benefits are presented as non-current liabilities in its statement of financial position, except where the Association does not have an unconditional right to defer settlement for at least 12 months after the end of the reporting period, in which case the obligations are presented as current liabilities.

Retirement benefit obligations

DEFINED CONTRIBUTION SUPERANNUATION BENEFITS

All employees of the Association receive defined contribution superannuation entitlements, for which the Association pays the fixed superannuation guarantee contribution (9.5% of the employee's average ordinary salary in 2017–2018) to the employee's superannuation fund of choice. All contributions in respect of employee's defined contributions entitlements are recognised as an expense when they become payable. The Association's obligation with respect to employees' defined contribution entitlements is limited to its obligation for any unpaid superannuation guarantee contributions at the end of the reporting period. All obligations for unpaid superannuation guarantee contributions are measured at the (undiscounted) amounts expected to be paid when the obligation is settled and are presented as current liabilities in the Association's statement of financial position.

(e) Cash and Cash Equivalents

For the purposes of the Statement of Cash Flows, cash and cash equivalents includes cash on hand, at banks and on deposit.

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2019

Note 1: Summary of Significant Accounting Policies (continued)

(f) Economic Dependency

Karinya House Home for Mothers and Babies Incorporated receives a significant portion of their operating income from grants and donations. The ability of Karinya House Home for Mothers and Babies Incorporated to maintain its current level of operations is dependant upon the continued financial support of Government and non-government funding. The Association receives both financial and non financial support in the form of concessional leasing arrangement within the ACT Government. The current leasing arrangement reflects 33.3% of the estimated market rate for the leased housing. The value of inkind support provided by the ACT Government in the form of concessional leasing is \$148,200 for 2018-19.

(g) Revenue Recognition

Operational (non reciprocal) grants are recognised as revenue on receipt or entitlement to receive except for operational grants received in respect of future financial years which are recognised as income received in advance (liabilities, unearned revenue). Project (reciprocal) grants are recognised as revenue to the extent that the monies have been applied in accordance with the conditions of the grant. Project grants received prior to the year end but unexpended as at that date are recognised as unexpended project grants (liabilities, unearned revenue).

Revenue from the rendering of services is recognised upon the delivery of the service to the customer.

Interest income is recognised on a proportional basis taking into account the interest rates applicable to the financial assets.

All other sources of income are recognised as income when the related goods or services have been provided and the income earned.

All revenue is stated net of the amount of goods and services tax (GST).

(h) Goods and Services Tax

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the statement of financial position are also shown inclusive of GST.

Cash flows are presented in the statement of cash flows on a gross basis, except for the GST component of investing and financing activities, which are disclosed as operating cash flows.

(i) Comparative Figures

Where required by Accounting Standards comparative figures have been adjusted to conform with changes in presentation for the current financial year.

(j) Going Concern

The financial report has been prepared on a going concern basis that assumes continuity of normal trading activities and the realisation of assets and settlement of liabilities in the normal course of business.

(k) Critical Accounting Estimates

The Committee evaluate estimates and judgements incorporated into the financial report based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and within the Association.

Key estimates—Impairment

The Association assesses impairment at each reporting date by evaluating conditions specific to the Association that may lead to impairment of assets. Should an impairment indicator exist, the determination of the recoverable amount of the asset may require incorporation of a number of key estimates. No impairment indicators were present at 30 June 2019.

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2019

Note 1: Summary of Significant Accounting Policies (continued)

(l) Financial Instruments

Initial recognition and measurement

Financial instruments (except for trade receivables) are initially measured at fair value plus transaction costs, except where the instrument is classified "at fair value through profit and loss", in which case transaction costs are expensed to profit or loss immediately.

*Classification and subsequent measurement**Financial liabilities:*

Financial liabilities are subsequently measured at:

- » amortised cost using the effective interest rate method; or
- » fair value through profit and loss."

Trade and other payables of the Association are measured at amortised cost.

Financial assets:

Financial assets are subsequently measured at:

- » amortised cost using the effective interest rate method;
- » fair value through other comprehensive income; or
- » fair value through profit and loss;

on the basis of the two primary criteria, being:

- » the contractual cashflow characteristics of the financial asset; and
- » the business model for managing the financial assets.

A financial asset is subsequently measured at amortised cost when it meets the following conditions:

- » the financial asset is managed solely to collect contractual cash flows; and
- » the contractual terms within the financial asset give rise to cash flows that are solely payments of principal and interest on the principal amount outstanding on specific dates.

Cash and cash equivalents and receivables of the Association are measured at amortised cost.

Note 2: Revenue and other income

	2019	2018
	\$	\$
Community and Corporate Partnership Donations	546,690	614,756
Fundraising Income	98,649	131,306
Interest Received	10,252	8,643
Membership Fees	1,069	1,064
ACT Government Funding	1,002,680	883,060
Fee for Service	73	57
Service User Contributions	37,648	39,463
Staff Contributions	2,350	1,989
Miscellaneous Income	10,684	18,328
Total Revenue from ordinary activities	\$1,710,095	\$1,698,666

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2019

	2019	2018
	\$	\$
Note 3: Employee expenses		
Gross Wages	1,162,828	1,084,717
Accrued Leave Expense	21,036	4,566
Travel Allowance	1,176	2,065
First Aid Allowance	8,729	7,785
Long Service Leave Scheme	13,841	15,981
Paid Parental Leave	-	(4,708)
Superannuation GC	109,094	99,313
Workers Compensation Insurance	21,132	10,194
Staff Training	8,883	7,012
Staff Welfare	6,839	5,000
	<u>\$1,353,558</u>	<u>\$1,231,925</u>
Note 4: Depreciation		
Furniture & Equipment	2,088	1,865
Office Equipment	9,330	8,997
Motor Vehicle	14,516	20,338
	<u>\$25,934</u>	<u>\$31,200</u>
Note 5: Other expenses		
Administrative expenses	59,595	55,485
Insurances	9,516	8,209
Fundraising expenses	77,382	98,219
Motor vehicle expenses	21,294	20,610
Service user expenses	38,976	28,989
Property and equipment expenses	200,467	156,404
Volunteer costs	2,283	2,636
	<u>\$409,513</u>	<u>\$370,552</u>
Note 6: Cash and Cash Equivalents		
Cash on Hand	800	800
Cash at Bank	515,350	486,692
Cash on Investment	250,000	250,000
Cash to Bank (undeposited funds)	1,461	3,260
	<u>\$767,611</u>	<u>\$740,752</u>

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2019

	2019 \$	2018 \$
Note 7: Receivables		
Receivables	22,020	3,424
	\$22,020	\$3,424
Note 8: Other Assets		
Accrued Income	1,318	1,318
Prepayments	11,524	15,768
	\$12,842	\$17,086
Note 9: Property, Plant and Equipment		
Furniture & Equipment	13,535	11,749
Less: Accumulated Depreciation	(8,242)	(6,154)
	\$5,293	\$5,595
Office Equipment	28,809	26,992
Less: Accumulated Depreciation	(27,324)	(17,994)
	\$1,485	\$8,998
Motor Vehicle	104,025	104,025
Less: Accumulated Depreciation	(83,771)	(69,255)
	\$20,254	\$34,770
Artworks at Fair Value	13,900	11,200
	\$13,900	\$11,200
Total Property, Plant and Equipment	\$40,932	\$60,563

(a) Movements in carrying amounts

Movement in the carrying amounts of furniture, plant and equipment between the beginning and the end of the current financial year

	Furniture & Equipment	Office Equipment	Motor Vehicle	Artworks	Total
Opening written down value at 1 July 2018	5,595	8,998	34,770	11,200	60,563
Additions	1,786	1,817	-	2,700	6,303
Depreciation expense	(2,088)	(9,330)	(14,516)	-	(25,934)
Disposals	-	-	-	-	-
Gross value as at 30 June 2019	\$5,293	\$1,485	\$20,254	\$13,900	\$40,932

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2019

	2019	2018
	\$	\$
Note 10: Payables		
CURRENT		
Creditors	2,635	5,136
Credit Card	942	414
Accrued Expenses	5,201	4,242
GST Payable	19,452	20,652
PAYG Payable	17,540	15,282
Residential Bonds	825	650
Accrued Wages and On-costs	28,996	24,422
Long Service Leave Authority Levy	3,357	3,017
Employee Salary Sacrifice	(146)	(150)
Meal Entertainment Salary Sacrifice	564	1,304
	\$79,366	\$74,969

Note 11: Provisions

CURRENT		
Annual Leave	127,539	106,942
Long Service Leave	13,346	13,008
TOTAL CURRENT	\$140,885	\$119,950

Provision for employee benefits represents amounts accrued for annual leave and long service leave.

The current portion for this provision includes the total amount accrued for annual leave entitlements and the amounts accrued for long service leave entitlements that have vested due to employees having completed the required period of service up to 30 June 2010. Based on past experience, the Association does not expect the full amount of annual leave or long service leave balances classified as current liabilities to be settled within the next 12 months. However, these amounts must be classified as current liabilities since the Association does not have an unconditional right to defer the settlement of these amounts in the event employees wish to use their entitlement.

Following the implementation of the ACT Leave Authority for Long Service Leave, Karinya House provides a levy rated amount based on earnings for all employees to the ACT Leave Authority each quarter, covering LSL entitlements for all employees. Employees claim their LSL directly from the Authority, and are able to either claim their entitlement upon resignation from Karinya House or choose to retain their entitlement when moving to another similarly eligible employer within the ACT.

In calculating the present value of future cash flows in respect of long service leave, the probability of long service leave vesting is based upon historical data. The measurement and recognition criteria for employee benefits have been discussed in Note 1(d).

Note 12: Employee Benefits

CURRENT		
Annual Leave (note 11)	127,539	106,942
Long Service Leave (note 11)	13,346	13,008
Employee Payables (note 10)	50,457	44,025
	\$191,342	\$163,975
Number of employees at year end	23	23
Aggregate employee benefits liability	\$191,342	\$163,975

Karinya House Home for Mothers & Babies Incorporated

Notes to and forming part of the Financial Statements (continued)

FOR THE YEAR ENDED 30 JUNE 2019

	2019	2018
	\$	\$
Note 13: Unearned Revenue		
Memberships in Advance	236	78
Income in Advance	60,000	-
Unexpended Grants	15,000	-
	<u>\$75,236</u>	<u>\$78</u>

Note 14: Key Management Personnel Compensation

Short-term employee benefits	114,276	119,379
Post-employment benefits	10,747	10,876
Other long term employee benefits	1,358	1,718
Total Compensation	<u>\$126,381</u>	<u>\$131,973</u>

Note 15: Related Parties

No Committee member received any remuneration from the Association during the year other than reimbursement for expenses incurred and as disclosed in Note 14. Any services provided by or to Committee members or parties related to them were under normal commercial terms and conditions.

Note 16: Association Details

The Association provides supported accommodation, transitional housing and outreach services for pregnant and parenting women and their children in the ACT and surrounding region.

Note 17: Financial Instruments

The Association's principal financial instruments comprise cash at bank, receivables and accounts payable. These financial instruments arise from the operations of the Association.

The carrying amounts for each category of financial instruments, measured in accordance with AASB 139 as detailed in the accounting policies to these financial statements, are as follows:

Financial Assets

Cash and cash equivalents—at amortised cost	767,611	740,752
Receivables—at amortised cost	22,020	3,424
Total Financial Assets	<u>\$789,631</u>	<u>\$744,176</u>

Financial Liabilities

Payables—at amortised cost	43,925	44,502
Total Financial Liabilities	<u>\$43,925</u>	<u>\$44,502</u>

Note 18: Commitments

The Association has entered into a number of operating leases on certain infrastructure and items of equipment. The leases have various terms and conditions none of which are individually significant to the Association.

The Association has entered into a rental agreement for their premises on 1 January 2017 which terminates on 30 June 2021.

Future minimum lease payments under operating leases comprise:

Within one year	87,311	98,847
In more than one year but less than five years	97,015	24,519
	<u>\$184,326</u>	<u>\$123,366</u>

Future lease commitments (as shown above in Note 18) will, from 1 July 2019, be shown as lease liabilities along with the right of use of lease assets. Straight line recognition of lease expense will be replaced with a principal and interest calculation in accordance with AASB 16.



INDEPENDENT REVIEW REPORT

TO THE MEMBERS OF KARINYA HOUSE HOME FOR MOTHERS & BABIES INCORPORATED

ABN 19 764 870 539

Statement

Based on our review, which is not an audit, nothing has come to our attention that causes us to believe that the income and expenditure statement of Karinya House Home for Mothers and Babies Incorporated (the association) for the year ended 30 June 2019 does not present fairly the financial performance of the association for the year then ended in accordance with the accounting policies adopted in the financial report of the association.

Scope of Review

We have reviewed the income and expenditure statement of the association for the year ended 30 June 2019. The management of the association are responsible for the preparation and presentation of the income and expenditure statement and the information contained therein. We have performed a review of the income and expenditure statement in order to state whether, on the basis of the procedures described, anything has come to our attention that would indicate that it is not presented fairly in accordance with the accounting policies adopted in the financial report of the association.

The income and expenditure statement has been prepared for distribution to the members of the association. We disclaim any assumption of responsibility for any reliance on this review report or on the income and expenditure statement to which it relates to any person other than the members of the association.

Our review has been conducted in accordance with Australian Auditing Standards applicable to review engagements. A review is limited primarily to inquiries of association personnel and analytical procedures and limited sample testing applied to the financial data. These procedures do not provide all the evidence that would be required in an audit, thus the level of assurance provided is less than given in an audit. We have not performed an audit on the detailed income and expenditure statement and, accordingly, we do not express an audit opinion.

A handwritten signature in black ink, appearing to read "Eric Hummer".

Eric Hummer
Audit Director
ehummer@synergygroup.net.au
0407 486 637

14 October 2019

Synergy Group Audit Pty Ltd

t. (02) 6260 7477 w. synergygroup.net.au a. Ground Floor, 15 National Circuit, Barton, ACT 2600
PO Box 3789 Kingston ACT 2600 ABN 45 104 227 063 AUTHORISED AUDIT COMPANY NO. 301280

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Karinya House Home for Mothers & Babies Incorporated

Income and Expenditure Statement

FOR THE YEAR ENDED 30 JUNE 2019

	2019	2018
	\$	\$
Income		
Community and Corporate Partnership Donations	546,690	614,756
Fundraising Income	98,649	131,306
Interest Received	10,252	8,643
Membership Fees	1,069	1,064
ACT Government Funding	1,002,680	883,060
Fee for Service	73	57
Service User Contributions	37,648	39,463
Staff Contributions	2,350	1,989
Miscellaneous Income	10,684	18,328
Total Income	\$1,710,095	\$1,698,666
Expenses		
Administrative Expenses		
Administrative Expenses	9,006	8,687
Audit Fees	7,950	10,050
Accounting Services	19,228	15,337
Bank & eCommerce Fees	6,083	5,872
Memberships/Subscriptions	5,226	3,147
Miscellaneous Expenses	(5)	(5)
Postage & Freight	3,151	4,210
Printing & Stationery	8,956	8,187
Total Administrative Expenses	\$59,595	\$55,485
Insurances		
Directors Liability	2,058	1,916
Public Liability	3,550	3,121
Professional Indemnity	2,219	2,119
Composite Risks Property	1,022	1,053
Statutory Liability Insurance	667	-
Total Insurances	\$9,516	\$8,209
Fundraising Expenses		
Fundraising Event Expenses	45,081	64,426
Fundraising Merchandise Expenses	6,659	5,188
Marketing & eMedia	25,642	28,605
Total Fundraising Expenses	\$77,382	\$98,219
Motor Vehicle Expenses		
Petrol	7,799	8,464
Repairs & Maintenance	5,479	4,344
Insurance	3,662	3,867
Registration	3,965	3,759
Parking	389	176
Total Motor Vehicle Expenses	\$21,294	\$20,610

Karinya House Home for Mothers & Babies Incorporated

Income and Expenditure Statement (continued)

FOR THE YEAR ENDED 30 JUNE 2019

	2019	2018
	\$	\$
<i>Service User Expenses</i>		
Service User Support	15,704	7,670
Service User Programs	4,949	2,112
Service User Food & Household	18,323	19,207
<i>Total Service User Expenses</i>	<i>\$38,976</i>	<i>\$28,989</i>
<i>Property and Equipment Expenses</i>		
IT Comms Infrastructure Expenses	29,185	18,550
Depreciation	25,934	31,200
Equipment Leasing	23,421	22,145
Electricity & Gas	21,723	9,686
Equipment Replacement	4,679	3,203
Rent Housing ACT	71,100	51,267
Project Development and Transition Costs	28,309	24,962
Repairs & Maintenance	3,055	6,537
Telephone	13,447	14,702
Waste Management	5,548	5,352
<i>Total Property and Equipment Expenses</i>	<i>\$226,401</i>	<i>\$187,604</i>
<i>Volunteer Costs</i>		
Volunteer Expenses	1,587	1,939
Voluntary Workers Insurance	696	697
<i>Total Volunteer Costs</i>	<i>\$2,283</i>	<i>\$2,636</i>
<i>Staffing Costs</i>		
Gross Wages	1,162,828	1,084,717
Accrued Leave Expense	21,036	4,566
Travel Allowance	1,176	2,065
First Aid Allowance	8,729	7,785
Long Service Leave Scheme	13,841	15,981
Paid Parental Leave	-	(4,708)
Superannuation GC	109,094	99,313
Workers Compensation Insurance	21,132	10,194
Staff Training and Recruitment	8,883	7,012
Staff Welfare	6,839	5,000
<i>Total Staffing Costs</i>	<i>\$1,353,558</i>	<i>\$1,231,925</i>
Total Expenses	<i>\$1,789,005</i>	<i>\$1,633,677</i>
Net Surplus / (Deficit)	<i>\$(78,910)</i>	<i>\$64,989</i>

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